



info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

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## Newsletter November 2022

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### NEWS:

Hello everyone and welcome to November. On the 7<sup>th</sup> of October the driving force behind The Spiritual Alliance Church, Elizabeth Pretty passed into spirit. She was dedicated to Spiritualism and spent some 45+ years as President of the church, which shows the depth of her commitment, from all of us here love and light to family, friends, and members.

Vale Game our first Minister and one of the founders of South Auckland Spiritual Church has been placed into palliative care so please send healing to her and her family.

On a brighter note, we have been seeing a good increase in attendance to our Sunday Services, but the biggest change would be the up surge in people coming to the classes. We have literally seen record numbers which is super great to see as the teachings within these classes can be life changing.

Just around the corner is our ever-popular Reading Day on the 5<sup>th</sup> of November you don't want to miss out on this, please tell all your friends - more details are on the page at the back of the Newsletter.

One of our Committee members is also holding an Oracle Card workshop on the 19<sup>th</sup> of November please see page at the back of Newsletter for more details.

Please go to our Facebook Page [www.facebook.com/SpiritualistchurchNZ](https://www.facebook.com/SpiritualistchurchNZ) for updates or our Website - <https://www.spiritualgrowth4u.com/> for membership forms or alternatively you can fill out a form at the Church.

❤ Till next month - talk soon ❤

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## UNCONDITIONAL LOVE Part 3

### PRESENT MOMENT:

We think the present is not perfect enough: it is either too hot or too cold or we planned for a beautiful picnic, but the sky is grey and cloudy, or the wind is blowing.

Wanting things to be different reflects a fundamental resistance to the present moment, to what is happening right here, right now.

When we resist the way things are, a separation happens.

A division grows between "me" and the world, between what we consider ourselves to be, and what is happening all around us.

This resistance then creates our sense of self, what you might call the 'ego', or however you refer to what you think you are.

*"Unconditional love is holding vibrational alignment with who you are no matter what is going on around you."*

— Abraham Hicks

### RESISTANCE AS THE SOURCE OF EGO:

Whatever you want to call yourself, this identity is formed through the process of tightening against. We resist the world, trying to build up a separate, isolated identity that gives us the illusion of constancy in a world of constant change.

This tightening comes in the form of holding onto the thoughts, emotions, perceptions, belief systems, assumptions, and identifications that formulate who we think we are.

We say we like or dislike certain things, and that then becomes who we are.

Such as:

"I am a cat person."

"I don't like traffic."

"I like politeness."

"I don't like the government we have."

*"Unconditional love says I'm going to love because I am a lover not because you are lovable." — Abraham Hicks*

### **WE ARE NOT OUR EGO:**

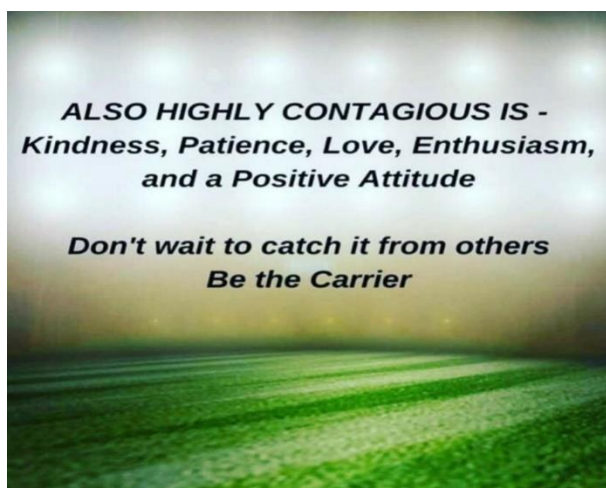
If someone tells us our taste in music is terrible, we get defensive.

If someone tells us we are wrong, we can become enraged.

If we notice anger rising in our body, we identify with that too by saying, "I am angry," and then project our sense of entitlement on to the world that it should not have angered us.

The contraction that is the ego or (whatever you think you are) also causes suffering, as we spend much of our days defending ourselves against the world and anything that might knock us off our delicate precipice.

*"Only love that continues to flow in the face of anger, blame, and indifference can be called unconditional love. All else is simply a transaction." – Vironika Tugaleva*



### **THE ART OF LETTING GO (NON-RESISTANCE):**

Letting go means a complete and uncompromising surrender to what is.

*"Non-resistance is the key to the greatest power in the universe." - Eckhart Tolle*

### **PEACE WITHIN:**

Peace in this moment is being without judgment. Peace is when we stop resisting life, when we stop wishing that anything was different, that everything should unfold according to our plans and wishes.

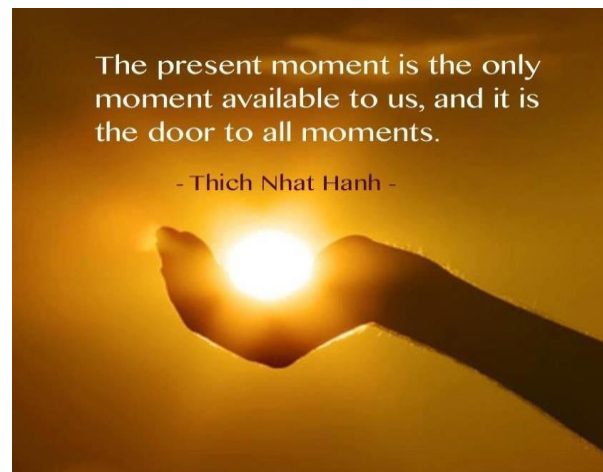
Peace is a moment of openness where everything is welcome, where resistance has completely melted away.

True peace is only when we let go of those thoughts, emotions, perceptions, belief systems, assumptions, and identifications as well as any resistance, tension, or desire to stay closed in any way. We let it all go.

And, quite surprisingly, once we do let it all go, we do not find an emptiness of being, but rather a

fulfilling, upwelling of beautiful magical unconditional love that reside within.

*"Unconditional love is the outer expression of inner peace."*



### **BECOME UNCONDITIONAL LOVE:**

Once we dissolve our sense of ego, our sense of separateness, we not only feel unconditional love, we become unconditional love!

There are 2 main reasons for this transformation:

1. If there is no sense of "I," then there is no sense of "other," either.

The entire world becomes a reflection of us, a part of us, because it is us.

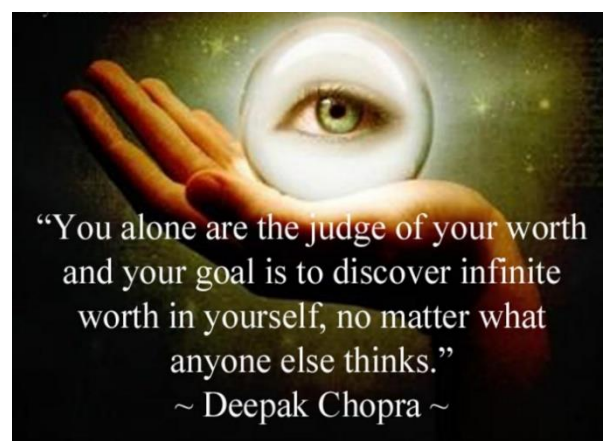
When we truly awaken to an undivided reality, we see ourselves in all things.

Violence against nature is now violence against us.

2. Because we are finally able to let everything be exactly as it is, we feel an upwelling of unconditional love upon spiritual awakening and the dissolution of our separate sense of self.

*"Unconditional love really exists in each of us. It is part of our deep inner being. It is not so much an active emotion as a state of being."*

— Ram Dass



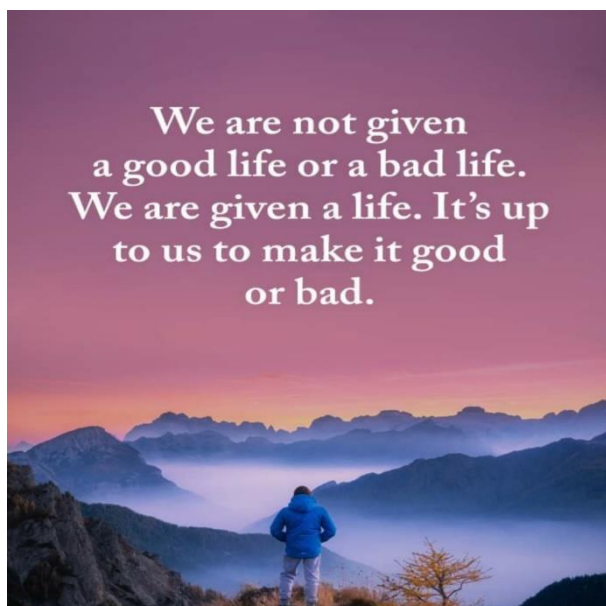
### LOVING SOMETHING:

We then know that we cannot love something and try to change it at the same time as this is not true love, or true acceptance.

When we stop trying to change something, we end up loving it and appreciating it for exactly as it is. There is a saying that goes "If you like a flower, pick it. If you love a flower, let it be." This taps us into the truth of love, telling us that it mustn't be conflated with any attempt to possess or control.

*"Unconditional love does not require anything of anybody."*

*By Trish Bolstad.*



**Subscriptions for the coming year.**  
\$30 to join for the year 1<sup>st</sup> July 2022 – 30 June 2023

Member benefits: - **Receive 50% off classes and heavily discounted Reading days and access to our library** members are welcome to borrow from an extensive range of books from our library

All funds raised go towards the running and upkeep of our Church.

**PARKING NOTICE FOR ALL CLASSES, SERVICES, EVENTS**  
You may park in the parking spaces alongside the front section of the church. Please **do not park** in any of the parking spaces **across from** the front entrance of the church as your cars may be towed away. Additional free parking is available in the parking lot at the



### **Calendar for November 2022 Sunday Service**

**5.30pm to 7.00pm Platform Mediums -**

**6<sup>th</sup> Ann Rynbeck  
13<sup>th</sup> Mary Newton  
20<sup>th</sup> Zane Smith  
27<sup>th</sup> Clinton Arnold**

### **Classes for November 2022**

**Open Development (alternating weekly)  
7pm-9pm Monday – 7<sup>th</sup>, 21<sup>st</sup>**

**Spiritual Healing (alternating weekly)  
7pm-9pm Monday – 14<sup>th</sup>, 28<sup>th</sup>**

**All welcome  
For all enquires contact –  
Matthew Tod Ph: 021 1736344**

**Please visit our Facebook for confirmation and class updates**  
[www.facebook.com/SpiritualistchurchNZ](https://www.facebook.com/SpiritualistchurchNZ)

*Love and Light to you  
all*



### **Committee July 2022- June 2023**

President:	John Bolstad
Vice President:	Jennie Henry
Secretary:	Denise Marsden
Treasurer:	Matthew Tod
Committee:	Barry Hall Shelley Hornell Paula Vincent Andrew Clayton
<b>Minister:</b>	Matthew Tod



# READING DAY

**By popular demand we are doing another Reading Day. this will be our last one for this Year, and it may be many months before another one.**

**DON'T MISS OUT BOOK EARLY! SPACES ARE LIMITED, WE ARE ALREADY SEEING HUGE! INTEREST.**

**Saturday 5th Of November 2022 from 10:30am to 3:30pm**

**South Auckland Spiritualist Church, 47 East Tamaki Road  
(down Simons Lane), Papatoetoe, Auckland**

Pre booking is not required; however, this will give you some choice of time. You can turn up on the day and put your name down for a reading, first come first served basis. **Door tickets are cash sales only.** (If you would like consecutive sessions, we recommend you book)

**Ticket options** (all sessions are 20 minutes)

**One Reading** (Any 1 session) – members \$20, non-members \$30

**Two Readings** (Any 2 sessions) – members \$30, non-members \$40

**Three Readings** (Any 3 sessions) – members \$50, non-members \$60

***Membership forms are available on our website, or at Church  
[www.spiritualgrowth4u.com](http://www.spiritualgrowth4u.com)***

**Payment:** All bookings must be pre-paid and email your choice to [events@spiritualgrowth4U.com](mailto:events@spiritualgrowth4U.com).

**Internet banking account:**

06 0197 0037869 – 00

**Reference** your name and option 1, 2, or 3 Readings

# Intuitive Oracle Card Workshop

Saturday 19th November



- People may assume you need a special gift or ability to receive spiritual guidance. The truth is, everyone has the ability to receive spiritual guidance, encouragement, insight and clarity for themselves or others. **I will teach you to use oracle cards as an amazing tool to assist with your own spiritual connection, whether you are a complete beginner or have years of experience.** Everyone has spiritual guides, and oracle cards are a great way to assist in working with them.
- In this practical, hands-on workshop, you will have plenty of opportunities to practise using a variety of cards. You will discover lots of ways of interpreting cards that can go far beyond the meaning in the guidebooks. Learn how you can develop your intuition and discover your own unique way of reading cards.
- Learn the most **important questions** you can ask when reading oracle cards.
- Discover what is important to look for if you are planning to buy oracle cards. If you already own oracle cards feel free to bring them along. There will also be a wide variety of oracle decks for you to look at and practise with during the workshop.
- **Spaces are limited** so each attendee can receive individual support & ask questions. **Register quickly to avoid disappointment.**
- Come along to this fun and practical workshop - **it will change your life!**

**Don't miss out!**

**Saturday 19th November 2022      10am – 1pm**

Light refreshments provided

Upstairs at 47 East Tamaki Road, Papatoetoe (Down Simons Lane).  
There is plenty of parking at the Charles Street Carpark behind the building.

**Cost:** Earlybird price - \$50      After Nov 7th, or on the day - \$60

**Online payment account:** 12 3056 0370135 57

**To register or enquire email:** [ncrediblelife@gmail.com](mailto:ncrediblelife@gmail.com)

**Reference:** Your name and 'Oracle'

or text Denise 021-058-9707