



info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

Newsletter July 2022

NEWS:

Hello everyone and welcome to July. Our Sunday Services have been flowing nicely and numbers of attendees are also building with some new faces coming along and experiencing their first-time service, which is great to see people popping along to see what we are all about. That is exactly how I first started and been here ever since. Our Classes have also been very popular that being the Open Development and alternating Healing classes, it truly is amazing to be able to tap into that inner ability that we all have.

We have some major events coming up, they are as follows -

On the 17th of July 2022 is our AGM is to be held after Service @7:15pm. I would encourage all members to attend, as we are electing the Officers and Committee for the next year ahead, if you would like to stand for one of the mentioned positions and are a member, please contact one of our committee members prior. We will also be providing refreshments so please come along.

Memberships for 2022 to 2023 are due on the 1st of July 2022 at the same price of \$30 for the entire year. This represents great value as you get access to our extensive range of books from our library, also all classes are half price, plus any Reading Days we have throughout the year are heavily discounted for members. For membership forms go to - <https://www.spiritualgrowth4u.com/> or alternatively you can fill out a form at the Church. I have also included a membership form with this newsletter. We are holding a Reading Day at the Church on the 6th of August 2022 starting at 10:30am, if you would like to book ahead then please email - events@spiritualgrowth4u.com or alternatively door sales will be available.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ for updates.

♥ Till next month - talk soon ♥

My Jottings:

Remember and feel how Spirit works. Remember too when disappointment visits, Spirit is there, let the power Uplift. Let the dreams of the night recharge you! Taste life's sweetness when you wake. Let that warmth carry you.

Life is the greatest gift. Share it. Spread its joy. Music is a joy, feel it, dance it, Sing loudly. Yes, disappointment can sour this nectar... taste it, but just for a few seconds.

Take a deep breath, why despair? look again, and see how Spirit replenishes your view in another beautiful way, explore that new picture. We seek, and soon we know. We know because we are shown. We cannot unsee what Spirit reveals to us. Blessed are they who seek, for they will know.

Blessings Dear Readers. Barry Hall.



You Can Heal Your Life

'You Can Heal Your Life' is the message of a person who has crawled out of victimhood, and this aspect of it has had enormous appeal, particularly to women with similar histories. The essence of Hay's teaching is love of the self and evaporation of guilt, a process that Louise Hay believes not only makes us mentally free but physically healthy, as the study of psycho-immunology attests. Affirmations are vital in becoming the person we wish to be, and her book 'You Can heal Your Life' contains many to choose from.

All the familiar self-help messages are to be given attention, including breaking free of limiting thoughts, replacing fear with faith, forgiveness, and understanding that thoughts really do create experiences.

Some of the main points:

Disease (or 'dis-ease' as she calls it):

Disease is the product of states of mind. Louise Hay believes that the inability to forgive to be the root cause of all illness. Healing requires us to release the pattern of thought that has led to our present condition. The 'problem' is rarely the real problem. The superficial things we don't like about ourselves mask a deeper belief that we are 'not good enough'. Genuinely loving the self (but not in a narcissistic way) is the basis for all self-healing.

Affirmations:

Affirmations are about remembering our true selves and utilizing the power of that self. So trust in the power of affirmations to manifest what you want.

They must always be positive, within (or towards) your believability and in the present tense; for example, "I am becoming more healthier" or "Marvellous work opportunities are coming to me."

Prosperity:

Whatever we concentrate on increases, so don't concentrate on your bills. You will only create more of them. Gratefulness for what you do have makes it more abundant. Become aware of the limitless supply of the universe - observe nature! Your income is only a channel of prosperity, not its source.

Security:

Your security is not your job, or your bank account, or your investments, or your spouse, or parents. Your security is your ability to connect with the cosmic power that creates all things.' If you have the ability to still your mind and invoke feelings of peace by realizing you are not alone, you can never really feel insecure again.

Self-love:

One of the first things Louise Hay will say to people who come to see her is 'stop criticizing yourself!' We may have spent a lifetime doing this, but the beginning of real self-love, which is one of the main ingredients in healing your life, happens when we decide to give ourselves a break.

In the true spirit of self-help, the book is not content to fix problems but to strip all authority from them.

This outlook, which on first consideration seems naive, is in fact philosophically rigorous: dwell on your problems, and they become insurmountable; consider your possibilities, and they provide hope and motivation.

"Be grateful for what you do have, and you will find that it increases."

By Louise Hay



"If we really love
ourselves,
everything in our
life works."

- Louise L. Hay

shareare

If you have any contributions you wish to have included in our newsletter,
please feel free to email me at jtpl77@gmail.com

UPCOMING EVENTS

Calendar for June 2022 Sunday service

5.30pm to 7.00pm

Platform Medium –

3rd Christine Watson

10th Bruce Jackson

17th Matthew Tod

24th Clinton Arnold

31st Ann Rynbeck

Classes for June 2022

Open Development (alternating weekly)

7pm-9pm Monday 4th, 18th.

Spiritual Healing (alternating weekly)

7pm-9pm Monday 11th, 25th

All welcome

For all enquires contact –

Matthew Tod Ph: 021 1736344

Please visit our Facebook for confirmation and
class updates

www.facebook.com/SpiritualistchurchNZ

READING DAY

Saturday 6th OF August 2022

From 10:30am till 3:30pm

Pre booking is not required;
however, this will give you some
choice of time. You can turn up on
the day and put your name down for
a reading, first come first served
basis. **Door tickets are cash sales
only.** (If you would like consecutive
sessions, we recommend you book)

Ticket options (all sessions are 20
minutes)

Option one (Any one session) –
members \$20, non-members \$30

Option two (Any two sessions) –
members \$30, non-members \$40

Option three (Any three sessions)
– members \$50, non-members \$60

**Membership forms are available
on our website, or at Church**
www.spiritualgrowth4u.com

Payment: All bookings must be pre-
paid and email your choice to
events@spiritualgrowth4U.com.

Internet banking account:

06 0197 0037869 – 00

Reference your name and option 1,
2, or 3

South Auckland Spiritualist Church Annual General Meeting

To be held at the Church on Sunday 17th July @ 7:15pm

(after service.) This is our official election of Officers and Committee for the year ahead. We are encouraging all members to attend.

Nominations for these rolls are open to all members, please contact a committee member if you would like to be nominated for one of these rolls

If you wish to become a member, please fill out a membership form at the Church or online:

<https://www.spiritualgrowth4u.com/>

We will be providing refreshments so please join us and be part of taking the Church forward.

Members, Subscription are due

Subscriptions for the coming year. \$30 to join for the year 1st July 2022 – 30 June 2023

Member benefits: - Receive 50% off classes and heavily discounted Reading days and access to our library. Members are welcome to borrow from an extensive range of books from our library, for just a gold coin donation.

Our trade table at the back of the church next to the library is also a gold coin donation.

All funds raised go towards the running and upkeep of our church.

*Love and Light
to you all*



Committee Jul 2021- Jun 2022

President:	John Bolstad
Vice President:	Denise Marsden
Secretary:	Jennie Henry
Treasurer:	Matthew Tod
Committee:	Barry Hall
	Shelley Hornell
	Janis Balmforth
	Andrew Clayton
<u>Minister:</u>	Matthew Tod

PARKING NOTICE FOR ALL CLASSES, SERVICES, EVENTS

You may park in the parking spaces alongside the front section of the church. Please **do not** park in any of the parking spaces **across from** the front entrance of the church as your cars may be towed away. Additional free parking is available in the parking lot at the