

South Auckland Spiritualist Church SCNZ™



SPIRITUAL CONNECTION & HEALING

All Welcome

Sunday Service 5:30pm

WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 202

Newsletter March 2025

NEWS:

Hello everyone and welcome to March. We've had an amazing month! The long awaited Colby Rebel events finally arrived, fulfilling the wishes of those who had eagerly waited.

On February 21st, our church was near packed to capacity as attendees gathered for an unforgettable Demonstration of Mediumship evening. Colby delivered one connection after another, bringing through undeniable evidence from the Spirit world and heartfelt messages from loved ones. Her energy and vibrance lit up the room from start to finish, truly an evening not to be missed.

On for that Colby held a 1 day workshop providing participants with valuable tools and techniques to enhance their communication between the two worlds.

We were very fortunate to have Colby Rebel grace us with her presence and talent. It has been an honour for SASC to host her. If you missed her events with us, be sure to check out our Facebook page for details on her upcoming appearances as she continues her tour across New Zealand.

We wish her all the best on the rest of her NZ Tour.

Exciting news continues as SASC is thrilled to announce that on May 9th, 2025, we will welcome the return of **Sarah Jeffery, Psychic/Medium** from Australia.

Sarah has shared the demonstration platform and trained with the renowned Paul Jacobs CSNU and has also worked alongside other notable international mediums.

Sarah is highly respected and has spent years honing her craft and training Mediums throughout Australia. Her reputation and credentials speak for themselves.

She will be doing a Demonstration of Spirit Communication evening for SASC on May 9th, followed by a two-day workshop titled -

Spirit's Voice: Your Expression.

Bookings for this workshop have already started, and spaces are limited, as Sarah wants to ensure individual attention to each participant, no matter where they are on their mediumship journey.

Don't miss this opportunity to learn, grow, and connect, secure your spot now.

Bookings go to - www.sarahjeffery.com.au

Please refer to the end of newsletter for more information on coming events.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ

or our Website - <https://www.spiritualgrowth4u.com/> for Information on what is happening at SASC

♥ Till next month - talk soon ♥

Trusting The Higher Guidance Within You!

**Not only are we in the Universe,
the Universe is in us!**

We all have intuition, an inner connection with the universe, God energy, consciousness, to all that is, that something greater than oneself - a higher guidance.

This inner wisdom can guide us towards making the right decisions, finding inner peace, joy, purpose, and meaning.

***"Follow your higher guidance,
for it is the magic path!"***

Trusting in this higher guidance that's within us all is a powerful antidote to our challenges and difficulties in life.

It involves cultivating a deep connection with oneself, the universe, spirit, source energy, or God, depending on one's belief system.

"Follow your intuition, for that is where true wisdom manifests itself!"



The benefits of trusting your higher guidance:

Some people may be newly introduced to their higher guidance and some of us may just need reminding of the benefits.

Leads to Intuition Development:

Trusting in your higher guidance can lead to a deeper connection with your intuition.

Your intuition is a vast, infinite vault of wisdom, beyond our physical logic and reasoning comprehension.

"Intuition is knowing without thinking!"
Albert Einstein

Connection to Something Greater:

Trusting in your higher guidance can provide a sense of belonging and connection to something greater than oneself.

We are all interconnected in the beautiful complex web of existence.

This connection can bring a deeper sense of purpose and meaning to life.

***"As we let our own light shine,
we unconsciously give other people
permission to do the same!
As we are liberated from our fear, our
presence automatically liberates others!"***
Marianne Williamson

Increased Self Awareness:

Connecting with your higher guidance often involves self reflection and introspection.

This process can lead to greater self awareness and understanding of our emotions, desires, and motivations so that we become less reactive to life's challenges and more attuned to our higher spirit guidance.

***"Self awareness is the ability to take an
honest look at your life without any
attachment to it being right or wrong,
good or bad!"***
Debbie Ford

Gain Inner Peace:

Trusting in your higher guidance can provide a sense of inner peace and calmness, knowing that there is a higher purpose and order to life's events.

This allows us to have more trust of things working out for our highest good.

"Nothing can bring you peace but yourself!"
Ralph Waldo Emerson

Be More Mindful and Presence:

Embracing your higher guidance can lead to increased mindfulness and a deeper appreciation of the present moment, reducing worries about the past or future.

"Mindful presence allows you to have a better capacity to see what needs to be understood!"

Become More Empowered:

Recognizing and trusting in our own higher guidance can empower us to take ownership of our lives and choices.

It helps us realize that we have the capacity to shape our destiny and grow on a personal, an emotional and spiritual level.

"Everything you want is just outside of your comfort zone!"

Robert Allen

Have Greater Resilience:

Believing in a higher guidance can provide a sense of comfort and resilience during challenging times.

It can offer hope and the belief that there is a greater purpose to our struggles.

"It's your reaction to adversity, not adversity itself that determines how your life's story will develop!"

Dieter F. Uchtdorf

Deeper Personal Growth:

Embracing your higher guidance often involves a commitment to personal growth and self improvement.

It encourages us to explore our beliefs, values, and motivations, leading to a deeper understanding of ourselves.

"Your vision will become clear only when you can look into your own heart. Who looks outside, dreams, who looks inside, awakes!"

Carl Jung

Clarity For Better Decision Making:

Our inner guidance can help with making decisions with clarity and confidence.

Being conscious of our inner guidance can assist us in making decisions that align with our true values and purpose.

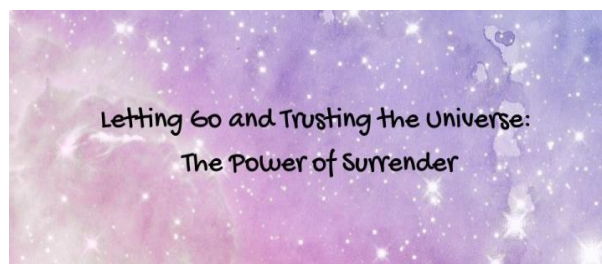
Better decision making bring more joy, happiness and peace into our lives.

"Intuition will tell your thinking mind where to look next!"

Release of Fear and Stress:

Believing in a higher guidance can ease the fear of the unknown and uncertainties that life may present.

It allows us to surrender control over outcomes and trust that things will unfold as they are meant to.



"You find peace not by rearranging the circumstances of your life, but by realizing who you are at the deepest level!"

Eckhart Tolle

Increased Compassion, Forgiveness and connection:

When we connect to our higher guidance, we become more attuned to the interconnectedness of all beings.

This fosters a sense of kindness, compassion and understanding towards oneself and others, leading to better relationships.

"Kindness is choosing love over hate, light over darkness, compassion over judgment!"

Greater Gratitude:

Spiritual practices often facilitates feelings of appreciation for others and gratitude for the blessings in one's life, leading to better relationships and overall more joyful wellbeing.

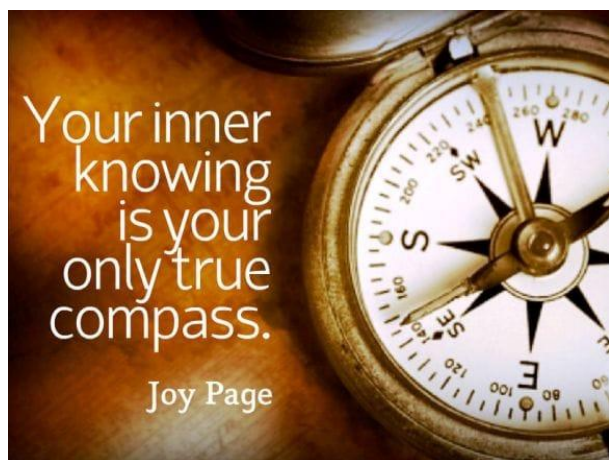
"Gratitude helps you see what is there, instead of what isn't!"

The Journey:

There are many spiritual practices out there that can help you confront and overcome fears and negative thought patterns, and bring joy, happiness and peace into your life.

Consider attending in person or online workshops, classes or programs, to help you quiet your mind and connect with your higher guidance.

"The only journey is the journey within!"
Rainer Maria Rilke



Go Within for Greater Power:

Spiritual practices such as meditation, and prayer, can lead to emotional wellbeing.

Learning mindfulness and awareness, even participating in great inspiring conversations, will all help you towards discovery of that unlimited higher guidance power within you.

"A quiet mind is going to hear intuition over fear!"

Your journey is Yours:

The journey of exploring and embracing one's higher guidance is a personal and unique experience.

Find practices and beliefs that resonate with you personally, that enhance your wellbeing and bring a sense of meaning and purpose to your life.

"Sometimes when you lose your way, you find yourself!"

Mandy Hale

And Remember...

Knowing others is intelligence.
knowing yourself is true wisdom!

Your story also affects the relationships you build.

If you see yourself as worthy of love and respect, you will attract people who treat you that way.

If you tell yourself, you are not good enough, you may end up in relationships where you feel undervalued or overlooked.

"Who you are tomorrow begins with what you do today!"

Tim Fargo

So, start listening to your higher power and bring more joy, happiness and inner peace into your life!

By Trish Bolstad



UPCOMING EVENTS

Calendar for March 2025

Sunday Service:

5.30pm to 7.00pm Platform Mediums:

2nd Matthew Tod
9th Clinton Arnold
16th Bruce Jackson
23rd Davene
30th Zane Smith

Mix of Open Development and Healing

Classes:

Attention:

Expressions of interest being taken
For all enquires contact -
Matthew Tod Ph 021 1736344

South Auckland Spiritualist Church Reading Day:

Date - 12th April 2025

Time - 10:30am to 3:30pm

Bookings -

events@spiritualgrowth4u.com.

Sarah Jeffery's events:

Demonstration of Mediumship evening:

Date - 9th May

Time - 7pm to 9pm

Bookings email -

events@spiritualgrowth4u.com.

Workshop:

Spirits Voice: Your Expression

Dates - 10th & 11th May 2025

Time - 9am to 4pm

Bookings - www.sarahjeffery.com.au

Venue - SASC 47 East Tamaki Rd,
Papatoetoe, Ak.

For Information on what is happening at SASC, please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ or our website – <https://www.spiritualgrowth4u.com/>

*Love and Light to
you all.*



Yearly Subscriptions: \$30 to join per year.

Member benefits:

Discounted Reading days and classes and access to our library.

Our members are welcome to borrow from an extensive range of books from our library. All funds raised go towards the running and upkeep of our Church.

South Auckland Spiritualist Church

READING DAY

- Saturday 12th April 2025 from 10:30am to 3:30pm
- 47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland

Are you looking for clarity or direction in your life?

Or the opportunity to connect with family, loved ones and friends in Spirit?

Or simply just want to experience a Reading?

Here is your opportunity!

Ticket options (all sessions are 20 minutes)

- 1 Reading (Any 1 session) – members \$20, non-members \$30
- 2 Readings (Any 2 sessions) – members \$30, non-members \$40
- 3 Readings (Any 3 sessions) – members \$50, non-members \$60

We recommend you book. However, pre booking is not required but highly recommended if you want to choose your time slot.

Door sales available on the day on a first come first served basis.

Door tickets are cash only.

Membership forms are available on our website - www.spiritualgrowth4u.com
or available at the Church

Payment: All bookings must be pre-paid and email your choice to
events@spiritualgrowth4u.com

Internet banking: 06 0197 0037869 - 00

Reference: your name and option 1, 2, or 3 Readings.

- *FREE Readings will also be available from our up-and-coming Mediums in development.*

Spirit's Voice: Your Expression

Evidential Mediumship Workshop with Sarah Jeffery

9am-4pm

10-11 May 2025

Investment: \$330AU
(Early bird pre April: \$300AU)


South Auckland Spiritualist
Church of New Zealand

www.sarahjeffery.com.au



South Auckland Spiritualist Church of NZ is hosting Australian medium and teacher, Sarah Jeffery Psychic/Medium, for the third year as she brings her transformative two-day workshop, 'Spirit's Voice: Your Expression' to New Zealand. This workshop is designed to help you connect with the spirit world and confidently express your mediumship abilities.

Sarah Jeffery brings a wealth of knowledge, having trained with the renowned Paul Jacobs CSNU. Since 2016, Sarah has had the privilege of hosting Paul Jacobs on residential retreats and has been his assistant tutor at workshops and residential mediumship courses in Sydney, Galong, Melbourne, and Canberra. She has also shared the demonstrating platform with Paul and other international mediums, gaining invaluable experience in public demonstrations, private sittings and teaching.

 **Time: 9:00 am - 4:00 pm**

 **Venue: South Auckland Spiritualist Church, 47 East Tamaki Rd, Papatoetoe, Auckland.**

 **Dates: 10 & 11 May**

What to Expect:

- Learn to communicate more effectively with spirit and allow your unique mediumship expression to flourish
- Explore the ethics of mediumship and the importance of clear, evidential messages
- Gain valuable insights from Sarah's extensive background, including her experience working alongside Paul Jacobs and other international mediums
- Practical exercises focused on delivering evidence in both private sitting and demonstration styles
- Learn techniques for structuring messages and evidential delivery in a way that is clear, powerful, and meaningful

The Spirit World Counts on You:

In mediumship, the spirit world relies on the medium as the messenger to express their story. The only way to represent the spirit world clearly is to express what they want to say, without dilution or distortion. The spirit world communicate through subtle impressions, emotions, and images that are often unique to their life experiences. The medium becomes the bridge between the two worlds, tasked with delivering these messages in their purest form.

Every detail, whether it's a specific name, event, or emotion, is a piece of the puzzle that forms the larger story the spirit wishes to share. The medium's role is to express these messages as they are received serving both worlds.

Investment:

- Early Bird: \$300 AU (GST incl)
- From April: \$330 AU (GST incl)

Invoices are sent from At One Events on registration.

Refund policy: Refunds for cancellation are available up to 18 April 2025 (not including merchant fees). No refunds are available from 19 April 2025.

Morning tea provided; BYO lunch. Please note that specific dietary requirements cannot be catered for.

Join **Sarah Jeffery** for a transformative two-day experience where you will discover and refine your own expression as a medium.

Spaces are limited.

Bookings through: www.sarahjeffery.com.au

Demonstration of Mediumship Evening: 9th May 7pm to 9pm please Email to book: events@spiritualgrowth4u.com.

All bookings must be pre paid via internet banking to 060197 003786900 referencing your name and event 'SJ Dem'. Door sales also available on the night

An Evening with Spirit

Sarah Jeffery
Psychic/Medium



**Demonstration of
Mediumship
9 May 2025
7–9 PM
South Auckland
Spiritualist Church
\$20**

Email to book: events@spiritualgrowth4u.com

All bookings must be prepaid via internet banking to 060197 003786900, referencing your name and event 'SJ Dem'.

Payments and bookings are through the Church. door sales also available