South Auckland Spiritualist Church SCNZ ™

SPIRITUAL CONNECTION & HEALING

All Welcome

Sunday Service 5:30pm

WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4U.com
47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 202

Newsletter November 2026

NEWS:

Hello everyone and welcome to November.

It's hard to believe we are already approaching the end of another year.
Yes, I know it's only November, but if you've been out and about lately, you will have noticed the Christmas decorations already appearing in the shops.
A sure sign that the festive season is just around the corner!
I have a feeling November will fly by, and before we know it, Christmas will be upon us.

Looking back over the past month, the highlight for us would have to be our special Sunday fundraiser, **An Evening Beyond the Veil with Spirit**, where five mediums came together on our platform for an evening of demonstration of Spirit communication.

This was the first time we had held an event of this kind, and we couldn't be more pleased with how the evening went.
It was wonderful to see so many come together to support our church and share in what turned out to be a great event.

A big thank you goes out to everyone who attended and supported the event.
Your presence and generosity mean so much to us.

We would also like to extend a very special thank you to our five mediums who so generously gave their time and service.
Our two guest mediums, **Tracey and Zane Smith**, who joined us from the Milford Spiritualist Centre, huge appreciation from SASC to you both, and our three in house mediums, **Matthew Tod, Trish and John Bolstad**.
We are truly grateful to each of you for helping make the evening such a success.

The feedback we have received since the event has been wonderful to know how much the evening was enjoyed, and it certainly gives us something to think about for future events.

To everyone who played a part, whether on the platform, behind the scenes or simply by coming along, thank you from the bottom of our hearts.
Your continued support is what helps keep our Spiritualist Church going and makes occasions like this possible.

Take care, everyone, and we look forward to seeing you at one of our Sunday services soon.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ
or our website - https://www.spiritualgrowth4u.com/ for Information on what is happening at SASC

❤️ Till next month – The SASC team ❤️

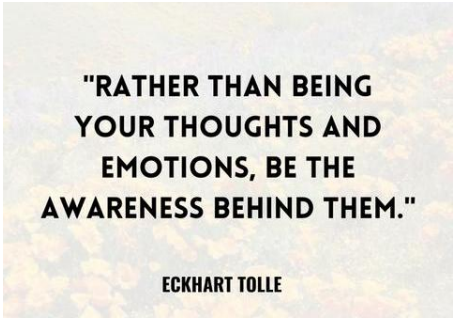
Under The Influence of Spiritual Empowerment!

Whether you like it or not, you are always under the influence of something!

Your past.
Your environment.
Your relationships.
Your childhood.
Your fears.
Your phone.
Your to do list.
Your wounds.
- all of them are competing for influence over your soul!

That influence becomes your emotional baseline.
It becomes:
Your filter
Your thoughts
Your emotions
Your actions
Your energy
Your identity.

"Unconscious influence is silent sabotage!"



The Question Is:
"What are you under the influence of?"

Is your power being drained or awaken?
Are you even aware of it?

We do NOT lose our power
- we give it away!

"The most common way people give up their power is by thinking they don't have any!"

Reactors Reacting!
Most people are not living in empowerment…
They are living in **REACTION!**

They are reacting to circumstances.

Reacting to stories that were written 5, 10, 20, 30 years ago.

Reacting to things that happened to them.
Things that should have happened.
Things that never will.

Many people are not shaping life
- they are being shaped BY life!

"Stop giving your power away to ghosts!"

Here Is How It Looks:
You wake up already behind...
You are stressed...
You are scrolling…
You are comparing…

You are carrying the weight of the ex who betrayed you, the teacher who shamed you, the parent who did not see you.

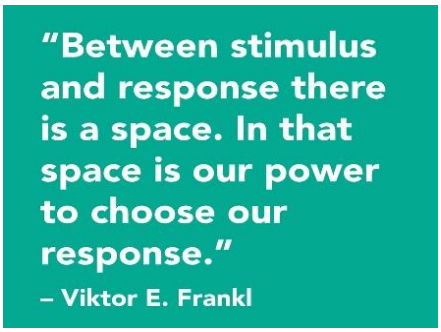
All OF IT still influencing you today!

"Living in reaction is not living
- it's rehearsing pain in the present tense!"

Your Emotions Can Control You!
That influence becomes your emotional baseline.
It becomes:
Your filter
Your behaviour
Your energy
Your identity.

You did NOT lose your power
- you just forgot where to access it!

"Everything is within your power, and your power is within you!"
Janice Trachtman



The Truth About Empowerment!

Empowerment is **NOT** a buzzword...
It is **NOT** hype...
It is **NOT** just positive thinking...
It is **NOT** pretending everything is okay...

Empowerment is **NOT** a motivational poster on your wall…

Empowerment is about coming under the RIGHT influence!

It is about recognizing that you are **NOT** just a product of your past, your pain, or your circumstances.

"Reaction keeps you stuck!
Awareness sets you free!"

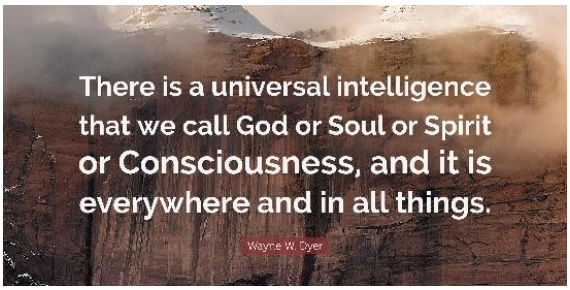
You Are Power!

You are a channel, a vessel, a living, breathing extension of **SOURCE ENERGY.**

God, Universe, Divine Energy, Infinite Intelligence, Presence...
Call it whatever resonates with your soul, but it is real.

It is consciousness flowing through EVERYTHING!

"You are not disconnected from Source!
You are just distracted from it!"



Connect Through ALL!

Connecting through:
Nature.
Your breath.
Your dog wagging its tail.
Your laughter.
Your tears.
Your breakdowns.
Your breakthroughs.

Source energy is ALWAYS available!

But you must **CHOOSE** to come under its influence.

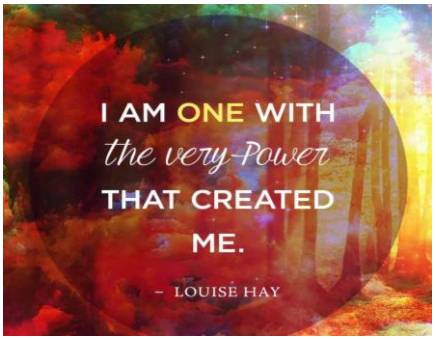
"It does not take a spiritual awakening
to reclaim your power
- sometimes it just takes a pause!"

Presence Is the Access Point!

Empowerment does **NOT** require:
A perfect mindset…
Healing every wound first...
That you feel ready…

It just requires that you show up **HERE** and **NOW!**

"You do not have to be healed
to be empowered
*- you just have to be **PRESENT!**"*



Presence Is the Portal!

It is where the future **cannot** overwhelm you and the past **cannot** control you.

It is where your nervous system exhales.

Where your spirit remembers itself!

*"The **NOW** is not neutral!*
It is charged with divine power!"

Reclaim Your Power!

You can reclaim your power in a million tiny ways:
Saying no when you have spent your life saying yes.
Closing your eyes and taking a deep breath.
Choosing rest when the world demands hustle.
Feeling joy without guilt.

Do one small thing with love and intention!

"This moment doesn't demand perfection - just your participation!"

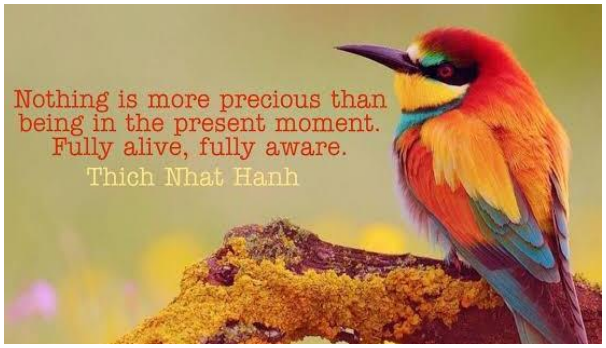
Empowerment Is In:

Letting a blooming tree remind you that beauty is still possible.
Ticking one thing off your to do list and feeling the power of completion.
A fruitful day of gardening where your hands touch the earth and you remember what is real.
Turning back over in bed on a cold morning and giving yourself the gift of warm rest.
In the greeting of your dog, who sees your soul when you have forgotten it yourself.

These are NOT small things!

These are empowering acts of uprising in a world that constantly pulls you into disempowerment.

"The smallest shifts lead to the biggest awakenings!"



The Shift Happens When You Ask the Right Question!

Here is one powerful question that can change everything:
"What am I under the influence of right now?"

Ask yourself:
When you feel off.
When you are stuck in your head.
When you are feeling frustrated.
When you are doubting yourself.
When you are chasing something and still feeling empty.

Then pause...
And **SHIFT!**

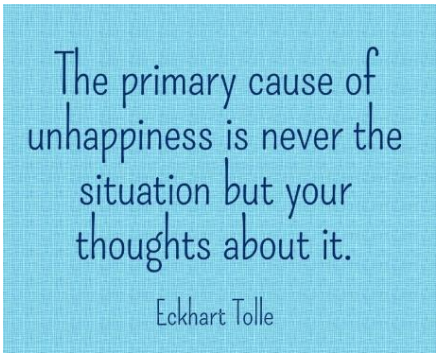
Sometimes that shift is deep, a spiritual realignment.

Other times, it is as simple as turning off your phone and stepping outside.
It is a breath.
A prayer.
A laugh.
A grounding.

But every time you make that shift, you take your power back!

Because you are no longer reacting…
You are CHOOSING!

That is **EMPOWERMENT!**



*"Most people are not living in **empowerment…***
*They are living in **reaction!**"*

Empowerment In All Seasons:
Even the Hard Ones!

You do NOT have to feel good to be empowered!

You can be:
Grieving **AND** empowered!
Angry **AND** empowered!
Uncertain **AND** empowered!
Exhausted **AND** empowered!

Because empowerment is **NOT** about controlling how you feel…
It is about **HOW YOU RELATE TO HOW YOU FEEL!**

Even in your lowest moments,
you still have access to your Source!

You are still plugged in!
You are still worthy!
You are still whole!

You have not failed...
You are not broken…
You are just **REMEMBERING!**

"Your power was never lost
- it was just buried under layers of noise!"

Reclaiming Your Power Starts Now!
This is your moment!

RIGHT HERE!
RIGHT NOW!
In whatever mess, beauty, chaos, peace, or uncertainty you find yourself in.

You do not need:
Another life hack…
Another 5 year plan…
The world to understand you...

You just need to come back into alignment with the truth:
You are under the influence of a power greater than your past!

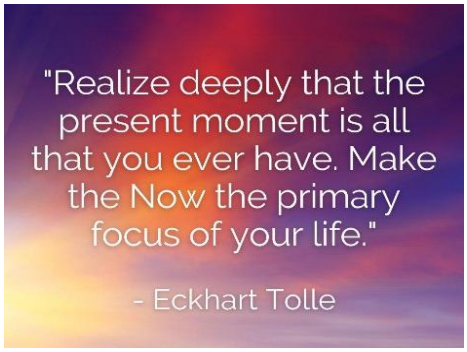
A power greater than your fear!

A power greater than your story!

That power lives in you!

And the more present you become, the more you can feel it!

"As you become present
and thereby total in what you do,
your actions become charged
with spiritual power!"
Eckhart Tolle



In Conclusion:
STOP waiting!

STOP giving your power away to people who do not even think about you anymore!

STOP outsourcing your joy to the future!

STOP making your past your God!

"When you are no longer reacting
- you are choosing!
And that is empowerment!"



CHOOSE Divine Influence!

CHOOSE to live under the guidance of Source!

CHOOSE to return to Presence!

CHOOSE to empower your life - moment by moment!

"You don't need another life hack! You just need to come back into alignment!"

Because When You Do…

You do **NOT** just feel better…
You do **NOT** just perform better…
You remember who you really are!

And from that place?
There is nothing you cannot CREATE!

By Trish Bolstad



SASC Calendar for November 2026
Sunday Service:
5.30pm to 7.00pm Platform Mediums:

1st	Lois Hammond
8th	Christine Donald
15th	Gwen Read and Cameron Phillips
22nd	Trish Bolstad
29th	John and Trish Bolstad

Love and light to you all

💜

For Information on what is happening at SASC, please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ or our website – https://www.spiritualgrowth4u.com/

Yearly Subscriptions: $30 to join per year.
Member benefits:
Discounted Reading days and access to our library.
Our members are welcome to borrow from an extensive range of books from our library.
All funds raised go towards the running and upkeep of our Church.

Milford Spiritual Centre
AI content · October 15 at 3:02 PM ·

Following on from our wonderful first Philosophy & Coffee evening, we're delighted to invite you to our next gathering!

Friday 20th November at 7pm

Our theme for the evening will be:

✨ Breaking Down Spiritual Illusions & Fears ✨

We would also like to extend a heartfelt thank you to everyone who joined us for our last event. It was wonderful to see so many people come together, share their understanding and personal experiences, and, just as importantly, hold space for others to share theirs.

Creating an environment where we can openly explore ideas, learn from one another, and feel heard is something truly special. We are grateful to everyone who contributed to making our first evening such a meaningful experience.

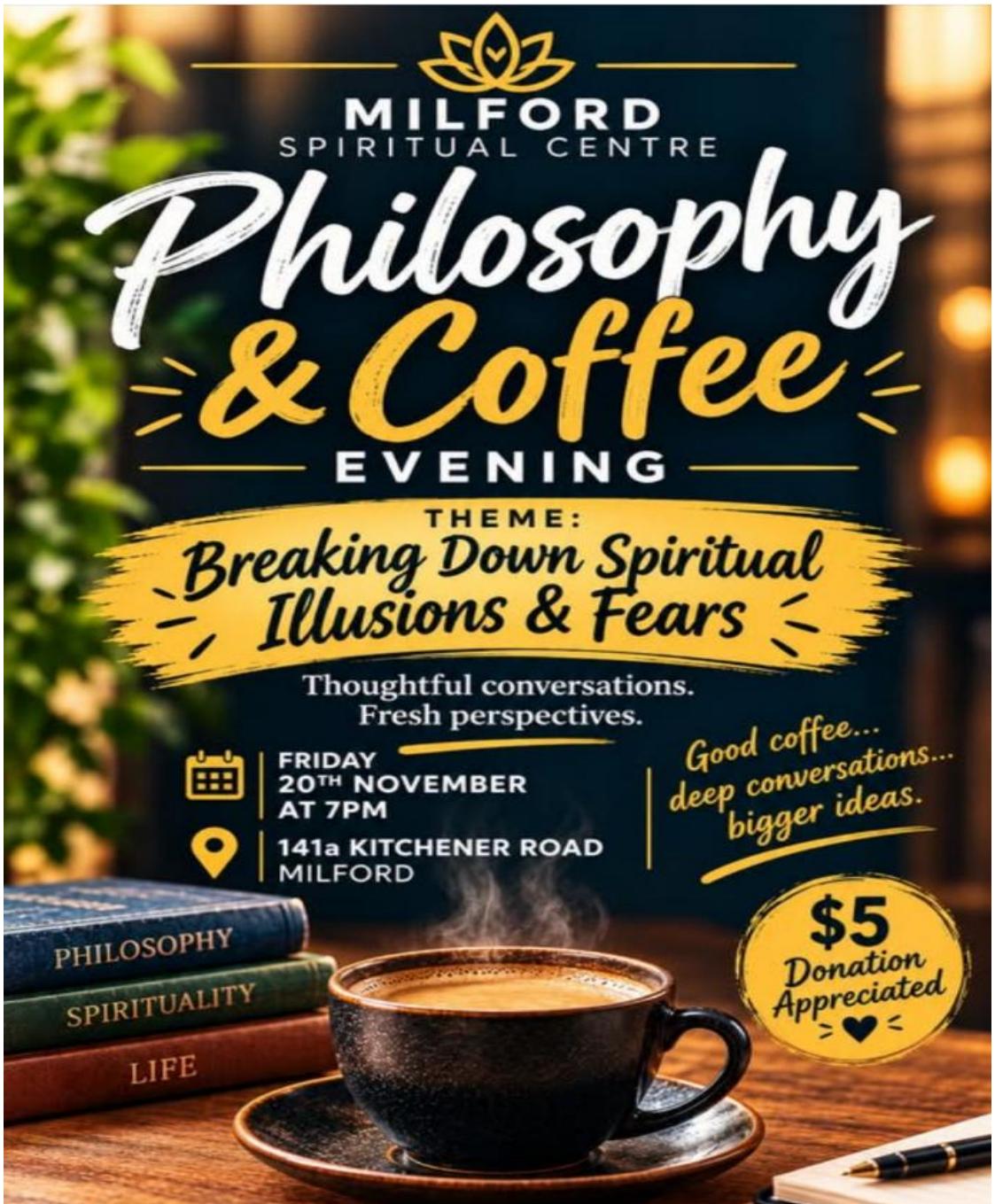
We look forward to building on those connections, continuing the conversations, and exploring new perspectives together at our next gathering.

We hope you can join us!

📍 Milford Spiritual Centre
141a Kitchener Road, Milford

💛 $5 donation appreciated

Come with an open mind, a willingness to share, and a curiosity to explore.



THE SPIRITUALIST ALLIANCE

333 ONEHUNGA MALL
AUCKLAND

is hosting



INTERNATIONAL MEDIUM

ANIL NAR

FRIDAY 13TH NOVEMBER

7 – 9 PM

Demonstration with messages from Spirit and a light supper

$20 MEMBERS $30 NON-MEMBERS

SATURDAY WORKSHOP

covering Mediumship Development and Beginners Trance.

$150

BOOKINGS ESSENTIAL
– LIMITED SEATING AVAILABLE –

EMAIL: leannewebby@gmail.com
PHONE: 0275102341

The Healing Hands Spiritualist Church
Papakura Incorporated

READING AND HEALING DAY FUNDRAISER

Saturday 24th November 2026
10.00 am – 2.30 pm

Our Guest Readers:

Melody Allport James Revel Cavan Boyl Christine Watson
Margaret Edmonds Matthew Tod Lisa Rodan

Our Guest Healing Channels:

Mary Judd	Steven Lee	Boyd Wright
Hannah McQuilkan	Paula Reeves	Christine Watson

Cost: **$20.00 for 20 Minutes for Members & $30 Non Members**

Pre-Bookings:
Contact **Sharleen** on : **027 475 3510**

Payment: Bookings when confirmed can be pre-paid via Internet Banking to:- Account No: 12-3031-0074487-00 or at the door on the day

Alternatively: Book and pay after Church Service commencing Sunday, 25th October until Sunday, 8th November .

VENUE: Papakura Radio Clubroom, **Wellington Park**, 1 Great South Road, Papakura. The Coastguard building is at the front of the park. The hall is at the far end of the park.

Wakaofcaring is about a group of ordinary people that offer support to meet basic needs, build strong relationships, with our community and beyond. We provide warm clothing household good and food parcels.
Our vision
To meet the needs of the community and raise awareness of a much-needed cause to assist those less fortunate than others, while encouraging everyone to do their part!