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----- Newsletter December 2022 -----

NEWS:

Hello everyone and welcome to December. On the 19th of November Val Game, one of the founders and first Minister of South Auckland Spiritual Church made her way into Spirit. She has impacted a lot of lives through her teachings and leadership in the spiritual community especially here at SASC, we will be forever thankful for her helping set the foundation to what we are today. She will be missed but never forgotten, love and light forever more to you and your family.

A big thankyou to all who supported our Reading Day that was on the 5th of November, it was a sell-out event once again, but most importantly there were many wonderful messages being received. We had a development table set up for some of our developing mediums who attend our classes, and the feedback was amazing. These people are well on their way to becoming great Mediums, so thankyou to those that took the time to sit with our up-and-coming Mediums and allow them to practice. Also, a big thank you for the time and effort to all the Mediums that were there on the day to make this event possible.

It's that time of the year again and Xmas is just around the corner and a new year fast approaching. I would like to take this time to thank all those that have attended our Sunday Services and supported SASC in 2022. We here at SASC wish you and your families a very Merry Christmas and a blessed New Year.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ for updates or our Website - <https://www.spiritualgrowth4u.com/> for membership forms or alternatively you can fill out a form at the Church.

❤ Till next month - talk soon ❤

UNCONDITIONAL LOVE Part 4 of 4

NATURAL PERFECTION:

True realization, true enlightenment, involves a deep recognition that there is no atom in the universe that is out of place.

Once we see the natural perfection of everything, we are able to allow it to be exactly as it is.

Once we allow something to be exactly as it is, we are fully able to love it and appreciate it.

"A mind that is free from judgment is open to receiving and extending the Joy that flows naturally from within!"

NO CONDITIONS:

We require no conditions for our love, nothing needs to change.

When this is applied to others, it means there is nothing they need to do, change, or improve to receive our love.

When applied to ourselves, we realize we are already whole and deserving of love too.

"Unconditional love means withdrawing your attention from the conditions that prevent love!"



The spirit of Christmas is the spirit of love and of generosity and of goodness. It illuminates the picture window of the soul, and we look out upon the world's busy life and become more interested in people than in things.

LOVE IS DIVINITY RECOGNIZING DIVINITY:

When the Light recognizes the Light, that is love. This recognition, this love, isn't just about when one person recognizes the Divine Light within another person. Though that is definitely a big part of it... But what about a thought? Can it be recognized as a manifestation of the Light, of the Divine? Even a negative one? How about an emotion? Even a painful one? If you can look upon your own thoughts, emotions, and feelings as manifestations of the Divine, even when they're uncomfortable, that's the ultimate form of self-love. And that's how you release those negative patterns from your system.

"To move into the Divinity, we must honour every experience, no matter its flavour!"



HEALING:

In this new paradigm, nothing is denied as everything is seen as none other than Divinity. How we heal and transform the things that no longer serve us is by recognizing them as Divine. This recognition is love! Eventually, within that open and peaceful space, old negativity, fear, baggage, and trauma surface to be dissolved within that stillness. This is how healing happens. Just by allowing whatever you're feeling to be here, you love it, you love yourself, and you give the pain permission to dissolve.

"We can only learn to love by loving."

"The measure of love is to love without measure."

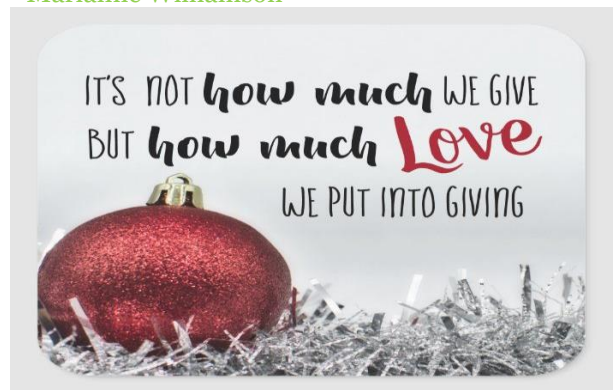


EGO MOMENTS:

Recognize that ego will poke its head out at times. It doesn't matter how enlightened anyone claims to be, nobody is beyond experiencing a moment where the ego is in operation. The only difference is that those that are highly evolved are perfectly at ease with these moments.

"Until we have seen someone's darkness, we don't really know who they are. Until we have forgiven someone's darkness, we don't really know what love is."

- Marianne Williamson



OUR EMOTIONAL TRIGGERS:

We should make an effort not to see an emotional trigger as an assault - it's not. A trigger comes along and says, "Hey, I noticed you have some unprocessed pain or discomfort within you. I'm pointing out to remind you that it's there, and perhaps you're ready to address it now. It's your choice. This is just an invitation." Those who trigger us are not assaulting us - they're helping us. This is a higher consciousness perspective which that will benefit you.

"Emotional triggers are an invitation to process our pain and heal."



SPIRITUAL AWAKENING:

Spiritual awakening is a natural unfolding. It is akin to awakening naturally in the morning. For most, it doesn't happen abruptly, all at once - it's a gradual process.

For some, awakening and healing can creep up on them.

They can find themselves living in a completely new way, from an entirely new state of being and perspective, without being able to pinpoint a specific moment when a shift took place.

"Unconditional love is the gate that lets abundant happiness enter your home, and your heart, and stay there, forever."

- Nathan Workman

SPIRITUAL REALIZATIONS:

Many of us can experience sudden spiritual insights and realizations on the path from time to time.

Yet, despite these sudden realizations, we can continue to have old patterns of behaviour and conditioning still in operation.

However, upon a genuine spiritual realization, insight, or awakening, whatever old patterns of thinking, feeling, or behaving that are still stored within the body and mind will surface to be expressed before being dissolved in the light of awareness.

"The hardest thing in the world for a human to accept is pure, unconditional, true love and acceptance. We're conditioned to believe that love and acceptance have to be earned in some way."

CONSCIOUSNESS:

It's one thing to know that everything is consciousness, it's another thing to feel it within every cell of the body, to vibrate with the bliss of consciousness.

Few can look into another's eyes and to feel them as another aspect of oneself.

Just knowing who we are will then no longer be enough.

Embodying it, feeling it, radiating it, and living in alignment with it becomes what matters most.

"The greatest power that mankind could ever achieve is the power of unconditional love. This is when people love with no limitations, conditions or boundaries."

- Tony Green

JOURNEY OF LOVE:

This is the healing journey of the Divine recognizing the Divine in all.

This is the journey of unconditional love.

There's no healing without facing our wounds directly.

The shadow doesn't dissolve unless we cast light upon it. There's no way around this.

To release the conditioning that no longer serves us, we must face it all directly.

"With unconditional love, there is no fear or sense of uncertainty."

IT'S FELT DIRECTLY:

This transformation doesn't happen in the background or periphery.

It happens in our very Heart.

The process of feeling everything directly is what separates the ones that are merely knowledgeable from the ones that are fully integrated.

"In true unconditional love, you attain freedom."

- Thich Nhat Hanh

By Trish Bolstad



If you have any contributions you wish to have included in our newsletter, please feel free to email me at tlp177@gmail.com



Wishing you a joyous holiday and a wonderful year ahead that is filled with good friends, lots of amazing opportunities, and fantastic times!
Have an absolutely fabulous day!

Subscriptions for the coming year.
\$30 to join for the year 1st July 2022 – 30 June 2023

Member benefits: - **Receive 50% off classes and heavily discounted Reading days and access to our library** members are welcome to borrow from an extensive range of books from our library

All funds raised go towards the running and upkeep of our Church.

PARKING NOTICE FOR ALL CLASSES, SERVICES, EVENTS
You may park in the parking spaces alongside the front section of the church. Please do not park in any of the parking spaces across from the front entrance of the church as your cars may be towed away. Additional free parking is available in the parking lot at the



Calendar for December 2022 Sunday Service

5.30pm to 7.00pm Platform Mediums -

**4th Fiona Goldsmith
11th Matthew Tod
18th Xmas Special
25th Closed**

1st January 2023 closed

No Classes for December 2022 or January 2023, Classes Start back on 13th of February 2023.

Classes will be a mix of Open Development and Spiritual Healing

**All welcome
For all enquires contact –
Matthew Tod Ph: 021 1736344**

**Please visit our Facebook for confirmation and class updates
www.facebook.com/SpiritualistchurchNZ**

*Love and Light to you
all, have a Merry Xmas,
and the most amazing
new year.*



Committee July 2022- June 2023

President:	John Bolstad
Vice President:	Jennie Henry
Secretary:	Denise Marsden
Treasurer:	Matthew Tod
Committee:	Barry Hall
	Shelley Hornell
	Paula Vincent
	Andrew Clayton
Minister:	Matthew Tod