

South Auckland Spiritualist Church SCNZ™



SPIRITUAL CONNECTION & HEALING

All Welcome

Sunday Service 5:30pm

WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 202

Newsletter December 2025

NEWS:

Hello everyone, and welcome to December. With only three Sunday services left for us here at SASC, the end of 2025 is firmly in sight. It has been another wonderful year filled with shared experiences, wonderful moments, and a deep sense of community.

We would like to extend our sincere thanks to all who have attended our Sunday services or taken part in any of the events we've hosted, whether it has been one of our Readings Days or an evening Dem or workshop with one of our international guest mediums.

It has been an absolute pleasure to serve Spirit alongside each of you and to offer a place where likeminded people can gather, grow, and share in all we have to offer.

To Our Platform Mediums

Words cannot fully express the gratitude and appreciation we have for each of you.

Your time, dedication, and energy throughout the year have been invaluable.

Thank you for your continued service to our community and to Spirit.

Acknowledging Our Fellow Spiritualist Churches/Centres

We would also like to offer a thank you to the other churches who have supported us throughout the year by helping promote our events. Your willingness to share strengthens our wider spiritualist community, and we deeply appreciate your kind goodwill.

A Special Acknowledgement

A very big thank you goes out to our committee for their work behind the scenes and commitment to the church for its ongoing success. Your efforts ensure that we continue to thrive.

Looking Ahead

From all of us here at the South Auckland Spiritualist Church, we wish you a truly wonderful and joyful Christmas. We hope this special time gives you the chance to slow down, recharge, and enjoy precious moments with family and friends.

Thank you all for being part of our community.

We look forward to welcoming you back in the new year.

Our first service of 2026 will be held on Sunday 18 January.

Join Us for Our Christmas Service , Sunday 21st December 2025 at 5:30pm

If you're at a loose end on Sunday the 21st of December, we warmly invite you to join us for our Christmas Service, our final service of 2025.

We plan to make it a special celebration, and we will be serving some tasty refreshments after the service. We'd love to see you there.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ or our Website - <https://www.spiritualgrowth4u.com/> for Information on what is happening at SASC

❤ Till next month – The SASC team ❤

The Magic of Christmas Is Within Us!

Every year, as the holiday season begins, the world seems to speed up.

For many people, it does not feel magical anymore.
It feels... rushed.
Pressured.
Maybe even empty.

Some of us are racing around trying to get everything perfect.

Some of us are feeling the lack - of money, of time, of love.

Some of us are dreading that one relative who just knows how to push every button we have got.

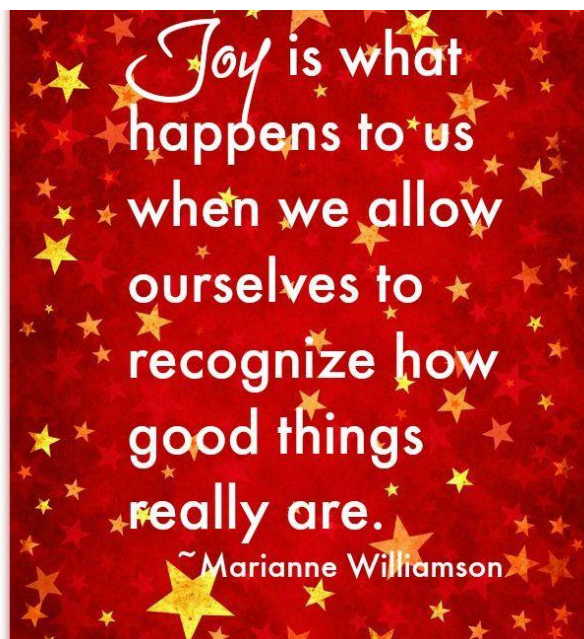
"We chase perfection, forgetting that magic was never perfect - it was felt!"

The Feel Is Real!

And yet, deep down, something inside us remembers.

We remember a time when Christmas felt different.
When it felt **ALIVE!**

*"Christmas magic is silent!
You don't hear it - you feel it,
you know it, you believe it!"*
Kevin Alan Milne



That Magical Feeling!

When we were children, we believed in magic.
We could feel it in the air - that sense of wonder, that anticipation that something special was about to happen.

But somewhere between growing up and growing busy, we misplaced the magic we once believed in!

"The season's true miracle is how, even after all these years, we still long to believe!"

The Magic Is Within You!

As the years have gone by, something shifted...
We traded wonder for worry.
We traded gratitude for comparison.
We started to measure Christmas by what we can buy, how much we can do, how well we can impress.

And in all that rushing, we lose sight of what we are actually chasing.

Because the magic of Christmas - that deep, soul stirring magic - was never in the lights, the gifts, or the parties.

It was in us all along!

We do not find the magic of Christmas - we remember it!

"He who has not Christmas in his heart will never find it under a tree!"
Roy L. Smith

The Forgotten Magic!

The magic of Christmas never left!
It is not gone - we just stopped noticing it.

It is still there, quietly waiting beneath the noise.

It is in the way a child's eyes light up at the sight of a tree.

It is in that moment of silence when you sit beside someone you love, and words are not needed.

It is in forgiveness, in patience, in those small, quiet acts of love that nobody else sees.

*"The more thankful you are,
the more life gives you to be thankful for!"*

Presence Is Magic!

The magic has always lived
- not in things, but in **PRESENCE!**

Not in the presents we buy
- but in the **PRESENCE** we bring!

Because when we show up with an open heart, when we slow down enough to really feel and connect, something shifts inside of us.

The noise fades.

Gratitude rises.

And we start to feel connected to the Divine Consciousness again.

"The truest gift you can give this season is your presence, not your presents!"

Christmas Is About Light!

At its core, the story of Christmas (regardless of what faith or tradition you come from) is about light being born into darkness.

It is about hope being born in the most unexpected place - a humble stable, a quiet night, a simple beginning.

That same light can be born again
- in you, in me, in every single person who chooses love over judgment, compassion over criticism, gratitude over complaint.

We are not waiting for the light!
We **ARE** the light!

*"Life happens for us,
not to us!"*

Tony Robbins

A State of Mind!

Christmas is not just a date on a calendar...
It is a **STATE OF BEING!**

Every time we forgive someone who has hurt us, that is the Christmas spirit being born again.

Every time we reach out to someone in need, that is the Christmas spirit being born again.

Every time we whisper "thankyou" for another day of life - that is the Christmas spirit being born again.

We are not waiting for the magic...
We **ARE** the magic!

"Christmas is not a season!

It is a feeling!"

Edna Ferber



The Power of Gratitude!

If you want to feel the magic of Christmas again, the most powerful way to get there is through gratitude.

Gratitude changes **EVERYTHING!**

It is impossible to feel stressed, resentful, or empty while truly being grateful.

Gratitude brings us back to the present moment - the **ONLY** place where magic ever lives.

*"Gratitude is the open door to the power,
the wisdom,
the creativity of the universe!"*

Deepak Chopra

Gratitude In the Moments!

When you slow down, look around, and whisper thankyou for your breath, your body, your family, your challenges
- something opens in your heart.

Because gratitude is not just about saying thanks for what is easy.

It is about finding the blessing in what is hard.

It is realizing that even the struggles of this year have carved out space inside you for deeper joy.

"When you are grateful, fear disappears and abundance appears!"
Tony Robbins

Gratitude Transforms Storms!

Maybe you did not get everything you wanted this year.

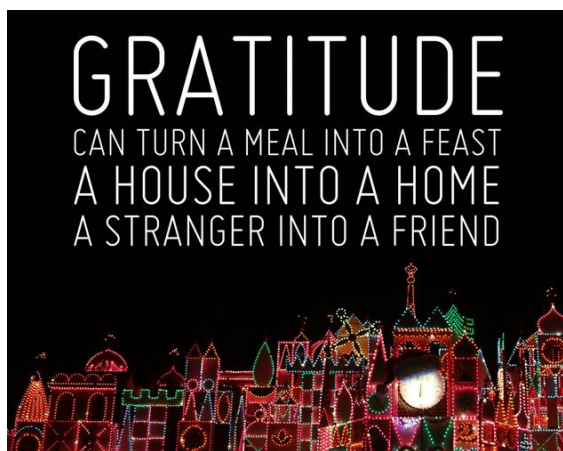
But what if you got what you needed?

What if every moment, even the tough ones, was shaping you into someone stronger, kinder, more awake?

Gratitude does not deny pain - it transforms it! It turns what we have into enough, and enough into more than enough.

Be gentle with yourself
- even stars need darkness to shine.

"Gratitude is the quiet alchemy that turns life's lead into gold!"



When Christmas Feels Heavy!

Not everyone is able to feel joyful this season...
Some are grieving.
Some are lonely.
Some are simply exhausted.

Maybe life just hasn't turned out the way they hoped.

If that is you, I want you to hear this:

The light of Christmas shines brightest in the dark!

The magic is **NOT** in pretending everything is fine...

It is in opening your heart, even when it hurts!

It is in being brave enough to feel it all, the joy and the ache and still whisper,
"Thankyou for this life!"

That kind of gratitude, the kind that blooms in the dark, is sacred!
It is the most powerful form of faith there is!

"When I started counting my blessings, my whole life turned around!"
Willie Nelson

Choose Through Your Heart!

Because when you choose to see beauty where others see pain...

When you choose to love where others close off...

When you choose to give when it would be easier to withdraw...

- that is when the miracle happens!

That is when the Christmas spirit lives again,
RIGHT INSIDE YOU!

"When we seek to discover the best in others, we somehow bring out the best in ourselves!"
William Arthur Ward

How to Bring Back the Magic!

So how do we bring the magic of Christmas back - not just once a year, but every day?

It is simple!

Not easy - but simple!

1. SLOW DOWN!

Take a deep breath.

Look around.

The miracle is already happening
- right here, right now!

"It is not the events of our lives that shape us, but the meaning we attach to them!"

Tony Robbins

2. BE PRESENT!

When you are with someone,
REALLY be there!

Put down your phone.

Listen with your heart.

That is where real connection lives!

*"The world doesn't need a perfect you
- it needs a present you!"*

3. CHOOSE GRATITUDE!

Every single day, find something to thank life for!

Gratitude turns ordinary moments into holy ones.

"Gratitude is riches. Complaint is poverty!"

4. FORGIVE!

Let go of the weight!

Forgiveness isn't saying

"What you did was okay."

It is saying,

"I refuse to let your actions steal my peace any longer!"

"Holding onto anger is like drinking poison and expecting the other person to die!"

Buddha

5. GIVE FROM LOVE, NOT FROM OBLIGATION!

Whether it is time, a smile, or a gift
- let it come from your heart.

When you give from love - it fills you!
When you give from duty - it drains you!

True giving always multiplies the magic!

"The heart that gives freely from love never runs empty!"

Coming Back to You!

When you live this way, something extraordinary happens...

The noise fades.

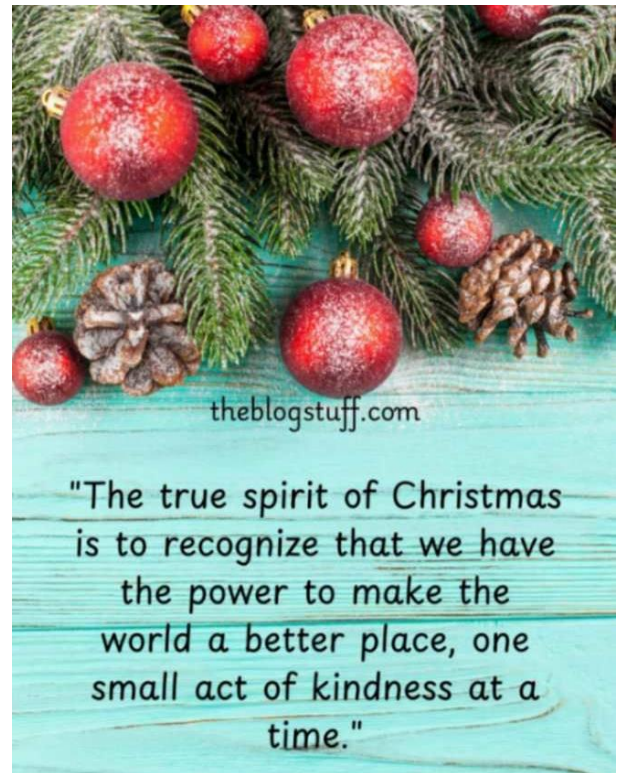
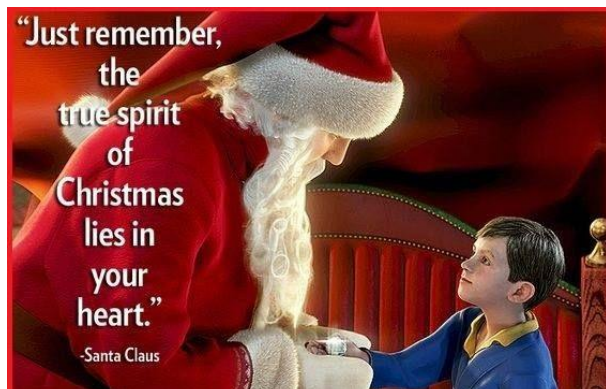
The light returns.

And you realize the magic was never gone
- it was just waiting for you to remember!

"The lights will fade...

The gifts will be forgotten...

But the love will remain!"



Gratitude Is a Habit!

So, this Christmas, make gratitude your daily practice.

Write down three things every morning that you are thankful for - does not have to be big things, just real things.

The warmth of a blanket.

The smell of coffee.

The sound of laughter.

The miracle of another sunrise.

The more you notice, the more life gives you to notice.

And before you know it, the magic starts to reappear - not because anything outside you changed, but because **YOU DID!**

"Wear gratitude like a cloak

and it will feed every corner of your life!"

Rumi



Gratitude

We don't always say what we are grateful for...

Write on the back of gift tags what you appreciate people for, or note them down, put them in a jar and read them out together on Christmas Eve.



The Return of the Magic!

So, this year, let us make a new kind of Christmas.
A Christmas that is not about having more - but **FEELING MORE!**
Not about being perfect - but **BEING PRESENT!**

Because in the end, the gifts will fade, the lights will come down, the food will be gone... but what remains is the love, the laughter, and the gratitude we shared.

That is the **REAL MAGIC!**
That is the **MIRACLE!**

And it is not something you have to wait for - it is something you can create, right now, in this very breath!

"Acknowledging the good that you already have in your life is the foundation for all abundance!"
Eckhart Tolle

Here Is My Challenge to You!

This Christmas, do not chase the magic...
CREATE IT!

Be the one who smiles first.
Be the one who forgives first.

Be the one who gives from the heart - not because you have to, but because **YOU GET TO!**

"The secret to living is giving!"
Tony Robbins

Be The Magic!

If someone annoys you this Christmas - breathe.

Remember:

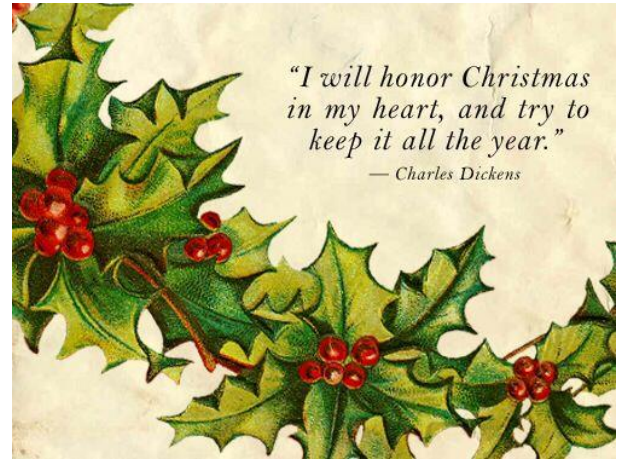
Hurt people - hurt people...
But healed people - heal others!

"The best way to spread Christmas cheer is singing loud for all to hear!"
Buddy the Elf

You Are Magical!

You can be that healing!
You can be that light!

That is the **MAGICAL POWER** you have had within you all along



And when you live with the magic gratitude, you carry Christmas with you **EVERY** single day of the year!

By Trish Bolstad

Merry
Christmas
AND
HAPPY NEW YEAR

UPCOMING EVENTS

Calendar for December 2025

Sunday Service:

5.30pm to 7.00pm Platform Mediums:

7th Trish Bolstad

14th Matthew Tod

21st Xmas Service

Closed 28th to 17th January 2026

Reopen

18th January 2026 - Welcome Back

Mix of Open Development and Healing

Classes:

Attention:

Expressions of interest being taken

For all enquires contact -

Matthew Tod Ph 021 1736344

Yearly Subscriptions: \$30 to join per year.

Member benefits:

Discounted Reading days and classes and access to our library.

Our members are welcome to borrow from an extensive range of books from our library. All funds raised go towards the running and upkeep of our Church.

For Information on what is happening at SASC, please go to our Facebook Page

www.facebook.com/SpiritualistchurchNZ

or our website –

<https://www.spiritualgrowth4u.com/>

Love and light to you all.

