

South Auckland Spiritualist Church SCNZ™



SPIRITUAL CONNECTION & HEALING

All Welcome

Sunday Service 5:30pm

WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

Newsletter February 2024

NEWS:

Hello everyone, with January now over we shall see some real momentum build for us with the Sunday Services, also with classes opening back up. Sometimes it takes a while after the holiday period for people to find that rhythm and put that normality back into their lives, which is absolutely fine as our doors are always open when ever someone is ready for a visit.

In our calendar this year we have some exciting events coming up and here are a couple happening in March. Please be sure to check out all our up and coming events at the back of the newsletter.

- ✓ **Reading Day 2nd March.**
- ✓ **Evening Demonstration** event with Phil Dykes and Kerry McLeod
- ✓ **The Auckland Experience – Deepening Your Connection** 5 day workshop with Kerry McLeod and Phil Dykes. ****IMPORTANT OPTIONS ADDED****
As requested by many, Kerry and Phil have now added a **3 day** and a **2 day** workshop option. Please see the flyer attached at the end.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ or our Website – <https://www.spiritualgrowth4u.com/> For Information on what is happening at SASC

♥ Till next month - talk soon ♥

Let Go and Let God!

In the journey of life, we often find ourselves burdened by past hurts, regrets, future concerns, and attachments that hinder our progress and limit our happiness.

But there is profound transformational power in embracing the wisdom of the quote:

“Let go and let God”.

Infinite Intelligence:

Whether we perceive God as a higher power, the universe, a divine energy or higher consciousness beyond our understanding, the essence remains the same - an acknowledgment of a greater force at work in our lives.

"The Divine power within us is the source of all wisdom and power!"
Deepak Chopra

Higher Guidance:

This force operates beyond our limited logic and reasoning and has the power to transform our lives when we surrender to its guidance.

By releasing our grip on the familiar and embracing the unknown, we open ourselves up to healing, growth, and an abundance of joy and love.

"Through the Divine power within us, we can experience miracles and transformation!"
Joseph Murphy

The Burden of Attachments:

Throughout our journey, we often carry the heavy baggage of past hurts, regrets, and disappointments, hindering our progress.

We worry about the future, fearing the unknown, and tightly grasp onto possessions, relationships, and identities that we believe define us and provide security.

"Insanity: Holding on to things you cannot change! LET GO!"

Attachments:

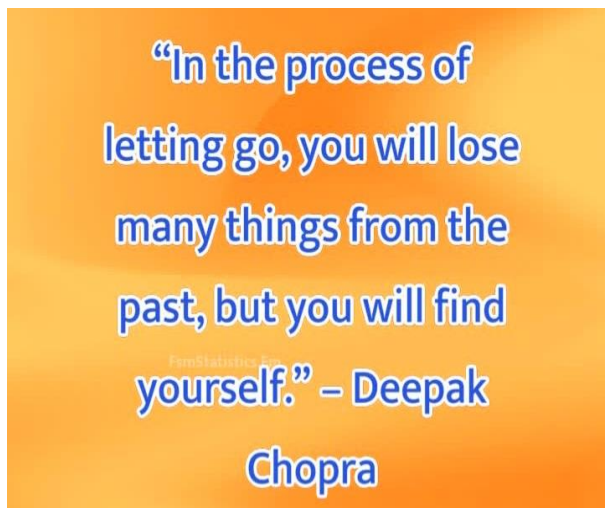
These attachments become a prison within our minds, preventing us from experiencing the freedom and potential that life has to offer.

"Letting go is the key to liberation, freeing ourselves from worry, anxiety, and stress!"

The Process of Letting Go:

Letting go begins with self reflection and self awareness, examining our attachments, fears, and resistance.

"Anything you can't control is teaching you to let go!"



Compassion:

It requires compassion for ourselves and forgiveness for others.

Understand that forgiveness does not condone past actions but releases us from carrying grudges, regrets, and pain.

Allow Your Highest Good:

By cultivating compassion, we become receptive to the signs and synchronicities that guide us toward our highest good, allowing healing, compassion, joy, and love to enter our lives.

*"Like the air that you breathe, abundance in all things is available to you!
Your life will simply be as good as you allow it to be!"*
Abraham Hicks

Your Intuition Knows:

Cultivating mindfulness, awareness, and inner stillness enables us to listen to our intuition, and the nudges, guiding us along our path.

"Intuition is a very powerful thing, more powerful than intellect!"
Steve Jobs

The Power of Surrender:

Surrendering to the flow of life allows us to navigate challenges gracefully, like a river flowing effortlessly along its course.

This surrender brings freedom and fulfillment, allowing us to release the need for external validation and instead, find validation within ourselves.

"The greatest of a man's power is the measure of his surrender!"
William Booth

Release Control:

Embracing the unknown and relinquishing the need for control opens us up to new opportunities, experiences, and transformation.

*"Enjoy what you can and ignore the rest!
Let's not waste any energy fighting things that are outside our control!"*
Paulo Coelho



Trust:

Let go and let the Divine universe do its thing!

Trust in a force beyond our understanding, an intelligence that orchestrates the intricate dance of life and leads us to where we need to be.

"Let go of control and you'll feel instant relief!"
Lori Deschene



Courage and Faith:

Letting go is not always easy; it requires courage to release the familiar and embrace the unknown.

"Everything you're ever wanted is on the other side of fear!"

Discover Wellbeing:

Trusting in a vast power greater than ourselves demands faith.

But it is through this act of letting go that we discover healing, peace, freedom, joy, and infinite possibilities that lie beyond our wildest dreams.

"You cannot swim for new horizons until you have courage to lose sight of the shore!"
William Faulkner

Make Room for The New:

By consciously releasing the past and present burdens, we make room for something greater to enter our lives, welcoming new opportunities, relationships, and experiences that enrich our existence.

"The secret to change is to focus all your energy, not on fighting the old, but building the new!"
Socrates

Responsibility:

Trusting in a power greater than ourselves doesn't mean abandoning responsibility; instead, it empowers us to take inspired action and make choices aligned with our values.

"You don't have to control your thoughts; you just have to stop letting them control you!"
Dan Millman

Transformative Effects:

Letting go brings profound transformation, freeing us from resentment, regret, uncertainty, and fear.

It empowers us to find validation within ourselves and to open up to the beauty and abundance that surround us.

"If you change the way you look at things, the things you look at change!"

Values:

It requires patience, faith, and introspection!

Trusting the journey does not mean being passive observers; it empowers us to take inspired action aligned with our values.

"True power lies in relinquishing control and aligning ourselves with the natural flow of life!"

Conclusion:

True power lies not in control but in the act of letting go and allowing the transformative force of the universe to flow through your life.

So..

Liberate yourself from the burden of attachments, regrets, fears, and outcomes by:

Letting go and letting God!

"True power lies not in control, but in the profound act of letting go and letting God!"



By Trish Bolstad

UPCOMING EVENTS

Calendar for February 2024

Sunday Service:

5.30pm to 7.00pm Platform Mediums:

4th Bruce Jackson
11th Lois Hammond
18th Matthew Tod
25th Kay Moore

Mix of Open Development and Healing:

From 7pm to 9pm Mondays -

12th, 19th, 26th February

Cost per Class -

\$5 for members

\$10 for non-members

All welcome!

For all enquires contact:

Matthew Tod Ph: 021 1736344

Visiting International Mediums:

**Kerry Mc Leod and
Philip Dykes**

Mediumship Demonstration

evening: 22nd March 2024

For More information go to

<https://www.spiritualgrowth4u.com/international-medium-dem>

Workshop options:

5 or 3 or 2 days

20th to 24th March 2024 for

information and bookings go

to

<https://mymediumship.com/events/the-auckland-mediumship-experience>

South Auckland
Spiritualist Church

Reading Day

2nd March 2024

10:30am to

3:30pm

Please see attached flyer
for more Details.

Love and Light to you all



Yearly Subscriptions: \$30 to join per year.

Member benefits:

Discounted Reading days and classes and access to our library.

Our members are welcome to borrow from an extensive range of books from our library.

All funds raised go towards the running and upkeep of our Church.

South Auckland Spiritualist Church

READING DAY

- Saturday 2nd March 2024 from 10:30am to 3:30pm
- 47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland

Are you looking for clarity or direction in your life?

Or the opportunity to connect with family, loved ones and friends in Spirit?

Or simply just want to experience a Reading?

Here is your opportunity!

Ticket options (all sessions are 20 minutes)

- 1 Reading (Any 1 session) – members \$20, non-members \$30
- 2 Readings (Any 2 sessions) – members \$30, non-members \$40
- 3 Readings (Any 3 sessions) – members \$50, non-members \$60

If you would like consecutive sessions, we recommend you book. However, pre booking is not required but this will give you some choice of time.

You can turn up on the day and put your name down for a reading – on a first come first served basis.

Door tickets are cash only.

Membership forms are available on our website - www.spiritualgrowth4u.com or available at the Church

Payment: All bookings must be pre-paid and email your choice to events@spiritualgrowth4u.com

Internet banking: 06 0197 0037869 - 00

Reference: your name and option 1, 2, or 3 Readings.

- *FREE Readings will also be available from our up-and-coming Mediums in development.*

Mediumship Demonstration Fundraising event with UK Mediums Phil Dykes & Kerry McLeod

**Join South Auckland Spiritualist
Church for an evening with
2 internationally renowned Mediums.**

**22nd March 2024 7pm to 9pm,
47 East Tamaki Rd, Papatoetoe, Akl.
\$20 NZD per person for bookings
email -**

events@spiritualgrowth4u.com



**Door sales will also be
available on the night**

THE AUCKLAND EXPERIENCE

The Workshop – Wed 20th to Sun 24th of
March 2024

5 or 3 or 2 day workshop options offered

Be part of the experience with Phil Dykes and Kerry McLeod for a focused and immersive experience. Both international mediums will share their wealth of knowledge and experience, where you will learn and practice techniques in both private readings and demonstration of mediumship. The days will be intensive with plenty of one on one feedback, personal guidance, individual tutoring and support directly from Phil and Kerry.

**For bookings
and more
information**



<https://mymediumship.com/events/the-auckland-mediumship-experience>



Some of what you will gain -

- Understanding your mediumship and what is needed to take it to the next level.
- looking behind and beneath the evidence to deepen it, to tell the story of life.
- Mastering the private reading.
- Improving your presentation and demonstration skills.
- Understanding how who you are is shaping your mediumship.

