

South Auckland Spiritualist Church SCNZ™



SPIRITUAL CONNECTION & HEALING

All Welcome

Sunday Service 5:30pm

WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

Newsletter March 2024

NEWS:

Hi everyone, welcome to March. We are excited for this month as we have our ever popular **Reading Day** on the 2nd from 10:30am to 3:30pm, and the eagerly awaited visit from UK mediums Kerry Mc Leod and Phil Dukes for the -

The Auckland Experience - Deepening Your Connection.

5 day workshop and options to do a 3 or 2 day workshop as well. Plus, the **Evening Demonstration** event on the 22nd.

With less than 3 weeks to go there are still spaces available for the workshop and the Demonstration evening. It's important to note that there are 2 mediums working at both these events which represents great value to be had.

Please see the flyers attached at the end for more information and bookings.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ or our Website – <https://www.spiritualgrowth4u.com/> For Information on what is happening at SASC

♥ Till next month - talk soon ♥

Change Your Life By Changing Your Perception!

Because our entire universe is made up of consciousness, we never really experience the universe directly, we just experience our consciousness of the universe, our perception of it, so our only universe is perception.

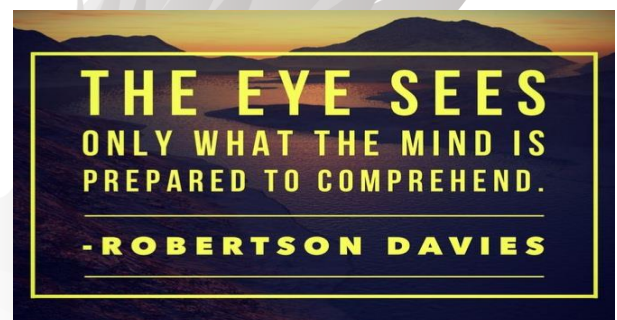
Meaning of Perception:

The act of perceiving or the ability to perceive, mental grasp of objects, qualities, etc. by means of the senses; awareness; comprehension.

The ability to see, hear, or become aware of something through the senses.

"Your perception of the world is a reflection of your state of consciousness!"

We all wear different types of filtered perception lenses through which we interpret and make sense of the information we receive from the world.



Imagine for a moment, that each one of us is equipped with a unique pair of glasses, tailored specifically to our own experiences, upbringing, biases, and perspectives.

These glasses act as a filter through which we interpret and perceive ourselves and the vast complexity of the world around us.

They colour our reality, moulding it into a subjective tapestry that is intimately tied to our own individuality.

"Our perception shape our thoughts, beliefs, and actions, dictating the course of our lives!"

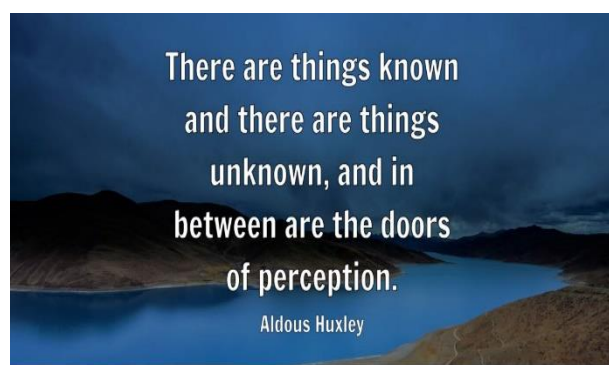
NO Two Pairs of Perception Lenses Are The Same:

Each one of us carries a different set of values, cultural backgrounds, and personal histories that influence our worldview.

Our perception lenses shape our understanding, influence our actions, judgments, and interactions with others which ultimately defines our outcomes.

"Perception is only reality to the one perceiving it!"

Jordan Peterson



Our Perception Lenses Can Be Empowering:

They can empower us by providing a unique lens through which we can appreciate the diversity and richness of the world.

Clean lenses allow us to celebrate different cultures, embrace varying perspectives, and foster empathy, compassion, and understanding.

"Our perception lens can be a source of enlightenment, broadening our horizons and challenging our preconceived notions!"

Our Perception Lenses Can Also Be Limiting:

They can create divisions, fuel prejudice, and blind us to alternative viewpoints.

Perception lenses that distort can limit seeing the beauty of diversity, the wisdom in opposing ideas, and the richness of collective experiences.

Our lenses of perception can inadvertently confine us within narrow boundaries, preventing us from exploring new possibilities, embracing change, and stepping into new opportunities.

"Perception is a clash of mind and eye; the eye believing what it's sees, the mind seeing what it believes!"

Robert Breault

Perception Lenses Are Infinite:

Some see life as a series of random events, devoid of meaning or purpose.

Others view life as a divine masterpiece, orchestrated by a higher power with a specific plan in mind.

There are those who see life as a constant struggle, full of challenges and obstacles to overcome.

While others embrace life as an opportunity for growth and self discovery.

"When we shift our perception, our experience changes!"

Lindsay Wagner

How Conscious Are You?

Are you **AWARE** of the perception lenses you are wearing?

Do you recognize the influence they have on your thoughts, attitudes, and interactions with others?

"Our perceptions are influenced not only by what we see, but also by what we expect to see!"

Brian Greene

Perception Is Subjective:

Often, we overlook the fact that our perception is subjective and fall into the trap of believing that our viewpoint is the absolute truth.

"ALL experience is subjective!"

Gregory Bateson

Look Through the Lenses Of Others:

Imagine the possibilities if we were to try on the lens of empathy, to see the world through the eyes of others.

We would gain a deeper understanding of their struggles, hopes, and dreams, fostering compassion and connection.

"The outer world is a reflection of the inner world!"

Other people's perception of you is a reflection of them!

Your response to them is an awareness of you!"

Roy T Bennett

Become More Aware:

Start questioning the assumptions embedded in the lenses of your perception.

Are they serving you well?

Do they limit your potential to open up new horizons?

What do you perceive to be the source of your happiness?

By examining your beliefs and challenging your preconceived notions, you can expand your understanding of life, see beauty, feel joy, and embrace new possibilities.

"Thoughts become perception, perception becomes reality!"

Alter your thoughts, alter your reality!"



Key Points to Consider About Your Perception Lens:

Subjectivity:

Your perception of reality is subjective and unique to each individual.

Two people can witness the same event but interpret and remember it differently based on their personal lenses.

"The things we notice are our perception, not reality!"

Don't judge too quickly!"

Biases and Beliefs:

Your preconceived notions, biases, and beliefs act as filtered lens through which you perceive and understand the world.

These filtered lenses influence your thoughts, judgments, interactions, attitude, and decision making.

"Sometimes you have to lose your mind to find freedom!"

Cultural and Social Influences:

The cultural and social environment you grow up in significantly impacts your perception.

Cultural norms, values, and societal expectations shape your worldview and affect how you interpret events, experiences and interact with others.

"Different perspectives is a fundamental aspect of what makes us human!"

Past Experiences:

Your past experiences, both positive and negative, influence your perception of present and future situations.

They can create patterns of thinking and emotional responses that colour your view of the world.

"Much of our suffering comes from wrong perceptions."

To remove that hurt, we have to remove our wrong perception!"

Thich Nhat Hanh

Cognitive Processes:

Your cognitive processes, such as attention, memory, and interpretation, play a role in shaping your perception.

These processes filter and organize the vast amount of information you receive, focusing on what you deem important or relevant.

"The eyes are useless when the mind is blind!"



Psychological Factors:

Psychological factors, including emotions, motivations, and personality traits, can influence how you perceive and interpret the world.

For example:

Someone who is generally optimistic may have a more positive outlook on life compared to someone who tends to be pessimistic.

"Your perception of others is a reflection of you!"

Open Mindedness and Self Awareness:

Recognizing the existence of your personal "perception lenses" encourages you to cultivate open mindedness and self awareness.

By acknowledging your biases and by actively seeking different perspectives, you can strive for a more comprehensive understanding of the world.

*"Only in quiet waters do things mirror themselves undistorted.
Only in a quiet mind is adequate perception of the world!"*
Hans Margolius

Your Intuition:

Our perception is not limited to what we see with our eyes.

It encompasses our other senses, our intuition, our sixth sense, our innate knowing and our ability to empathize.

"Intuition is perception via the unconscious that brings forth ideas, images, new possibilities and ways out of blocked situations!"
Carl Jung

Engage All Your Senses:

True wisdom lies not only in recognizing the limitations of our physical sight and perceived interpretation, but also in tapping into the vast resources of our soul, heart, and mind.

When we engage all our senses and nurture our emotional intelligence, we gain a more comprehensive perception of reality and can respond with greater empathy, compassion, and wisdom.

"Every man takes the limits of his own field of vision for the limits of the world!"
Arthur Schopenhauer

Remember...

The perception lenses you see everything through has a profound impact on how you view life, perceive the world, and ultimately, how your life turns out.

"When you change the way you look at things, the things you look at change!"
Wayne Dyer

Your mind will always believe everything you tell it.

Feed it hope.

Feed it truth.

Feed it with love!

"What you find in your mind is what you put there!"

**Intuition is perception
via the unconscious that
brings forth ideas,
images, new possibilities
and ways out of blocked
situations.**

CARL JUNG

Your perception lenses can be a source of enlightenment, opening your horizons, or a limitation.

"The world is full of magic things, patiently waiting for our senses to grow sharper!"
W B Yeats

It's all up to you!

By Trish Bolstad

UPCOMING EVENTS

Calendar for March 2024

Sunday Service:

5.30pm to 7.00pm Platform Mediums:

| | |
|------------------|------------------|
| 3 rd | Christine Watson |
| 10 th | Paul Edghill |
| 17 th | Mary Newton |
| 24 th | TBC |
| 31 st | Davene |

Mix of Open Development and Healing:

From 7pm to 9pm Mondays -

4^h, 11th, 18th, 25th March

Cost per Class -

\$5 for members

\$10 for non-members

All welcome!

For all enquires contact:

Matthew Tod Ph: 021 1736344

Visiting International Mediums:

***Kerry Mc Leod and
Phil Dykes***

**Mediumship Demonstration
evening: 22nd March 2024**

For More information go to

<https://www.spiritualgrowth4u.com/international-medium-dem>

Workshop options:

5 or 3 or 2 days

20th to 24th March 2024 for
information and bookings go
to

[https://mymediumship.com/ev
ents/the-auckland-
mediumship-experience](https://mymediumship.com/events/the-auckland-mediumship-experience)

South Auckland
Spiritualist Church

Reading Day

2nd March 2024

10:30am to

3:30pm

Please see attached flyer
for more Details.

Love and Light to you all



Yearly Subscriptions: \$30 to join per year.

Member benefits:

**Discounted Reading days and classes and
access to our library.**

Our members are welcome to borrow from an
extensive range of books from our library.

All funds raised go towards the running and
upkeep of our Church.

South Auckland Spiritualist Church

READING DAY

- Saturday 2nd March 2024 from 10:30am to 3:30pm
- 47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland

Are you looking for clarity or direction in your life?

Or the opportunity to connect with family, loved ones and friends in Spirit?

Or simply just want to experience a Reading?

Here is your opportunity!

Ticket options (all sessions are 20 minutes)

- 1 Reading (Any 1 session) – members \$20, non-members \$30
- 2 Readings (Any 2 sessions) – members \$30, non-members \$40
- 3 Readings (Any 3 sessions) – members \$50, non-members \$60

If you would like consecutive sessions, we recommend you book. However, pre booking is not required but this will give you some choice of time.

You can turn up on the day and put your name down for a reading – on a first come first served basis.

Door tickets are cash only.

Membership forms are available on our website - www.spiritualgrowth4u.com or available at the Church

Payment: All bookings must be pre-paid and email your choice to events@spiritualgrowth4u.com

Internet banking: 06 0197 0037869 - 00

Reference: your name and option 1, 2, or 3 Readings.

- *FREE Readings will also be available from our up-and-coming Mediums in development.*

Mediumship Demonstration Fundraising event with UK Mediums Phil Dykes & Kerry McLeod

**Join South Auckland Spiritualist
Church for an evening with
2 internationally renowned Mediums.**

**22nd March 2024 7pm to 9pm,
47 East Tamaki Rd, Papatoetoe, Akl.
\$20 NZD per person for bookings
email -**

events@spiritualgrowth4u.com



**Door sales will also be
available on the night**

THE AUCKLAND EXPERIENCE

The Workshop – Wed 20th to Sun 24th of
March 2024

5 or 3 or 2 day workshop options offered

Be part of the experience with Phil Dykes and Kerry McLeod for a focused and immersive experience. Both international mediums will share their wealth of knowledge and experience, where you will learn and practice techniques in both private readings and demonstration of mediumship. The days will be intensive with plenty of one on one feedback, personal guidance, individual tutoring and support directly from Phil and Kerry.

**For bookings
and more
information**



<https://mymediumship.com/events/the-auckland-mediumship-experience>



Some of what you will gain -

- Understanding your mediumship and what is needed to take it to the next level.
- looking behind and beneath the evidence to deepen it, to tell the story of life.
- Mastering the private reading.
- Improving your presentation and demonstration skills.
- Understanding how who you are is shaping your mediumship.

