



**South Auckland Spiritualist Church SCNZ™**  
**SPIRITUAL CONNECTION & HEALING**  
All Welcome  
Sunday Service 5:30pm  
**WWW.SPIRITUALGROWTH4U.COM**

info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

---

----- **Newsletter October 2022** -----

**NEWS:**

Hello everyone and welcome to October. It's been plain sailing for us here over the last month with our Sunday services seeing some new faces and wonderful readings and addresses being given by the guest Mediums. Let's not forget the demonstration of mediumship that is also given from the Medium, its great to see how they work and connect with Spirit. If you are learning how to connect yourself there is a lot one can learn observing from a working platform medium.

Due to popular demand, we have announced that we will be holding another Reading Day on the 5<sup>th</sup> of November 2022. So, for those of you that missed out on our last one here is your opportunity to book yourself a reading or maybe a reading as a gift idea for someone else. Members get substantial discounts and if you would like to become a member click on the link below. Don't delay as this will be our last one for the year. We will also be taking door sales, and free readings will also be on offer from our development Mediums.

Please go to our Facebook Page [www.facebook.com/SpiritualistchurchNZ](http://www.facebook.com/SpiritualistchurchNZ) for updates or our Website - <https://www.spiritualgrowth4u.com/> for membership forms or alternatively you can fill out a form at the Church.

♥ Till next month - talk soon ♥

---

**UNCONDITIONAL LOVE Part 2**

**UNDERSTANDING:**

To understand another, to truly understand the multiple facets of what makes another soul who they are, bestows the greatest honour on a soul. With understanding comes a deep appreciation for the values and underlying life force that drives a soul, both in the choices made and the things cherished.

To understand another is then to KNOW them, and the extent that you know another exponentially increases your capacity to love them. The gaps between people of diverse background and culture suddenly don't seem so far when you see that the commonalities you share and the dreams and struggles you both aspire and contend with are the same.

Understanding then increases the sense of oneness among all men.

*"Understanding others creates a bridge to better understanding yourself!"*

**COMPASSION:**

All compassion first begins with the self. Compassion, when offered as love, is the bandage over a wound that prevents infection, allowing the wound to heal.

This may seem simplistic on the surface, but compassion is not complex.

*"Compassion is the simplest way to heal the heart and transform a life!"*

### **JOY:**

Joy, as it pertains to unconditional love, is the excitement and pleasure of why you are unconditionally loving in the first place - it feels joyful.

The joy of loving someone is an internalization of all the joyous pleasures in the world, refined into a feeling that surges throughout the body.

The first bite into a fresh apple, that is joy.

The autumnal colours in a local park, that is joy.

Seeing your reflection in the adoring eyes of a loved one, that is joy.

Joy is the natural state of being alive, a state of mind, however, easily distracted by the random minutia of life.

Love then acts as a reminder of what life should feel like, the way it was always meant to be.

### **"Love is life itself!"**



### **NON-ATTACHMENT:**

Being non-attached to a loved one allows them the space to exist in your life without the confinements of conditions and expectations.

Most examples of conditional love occur when the love is withdrawn if personal demands are not met.

Non-attachment allows a loved one the freedom to co-exist in a relationship without narrowly defining how their love may evolve. Trusting the love to be what it chooses to be and allowing it to go where it wants to go, is the greatest gift of non-attachment.

***"You cannot love someone and try to change them at the same time, because if you are trying to change someone, you aren't really loving them; you are just loving parts of them!"***

### **RESISTANCE:**

Resistance is what truly gets in the way of loving unconditionally.

It prevents us from being happy, finding peace, and reaching enlightenment.

Resistance is the root of all our suffering.

If we can fully let go of any resistance at all, we will be put on the path of spiritual awakening and, in turn, discover the truth of unconditional love.



### **CRAVING and AVERSION:**

The resistance that I speak of has to do with our desires for things to be a certain way. Most people are not satisfied with the way things are.

They either desire more of something or want less of something non pleasing.

This is the duality of being caught between craving and aversion.

In terms of **CRAVING**, the average person wants so much.

We want to be paid more for our jobs, while also not wanting to have a job in the first place.

We want our boss to be nicer and our partner to truly understand us.

We want to be thinner, stronger, or better looking.

We want the bigger house, faster computer, branded clothing, and newest phone.

We see a commercial for a robot vacuum or a new piece of exercise equipment, and think "Wow, if I had that, I would be happier."

On the **AVERSION** side, we are always running away from something.

Many people think they are seeking happiness when they are running from a perpetual state of dissatisfaction.

Aversion fuels much of our behaviour.

We do not want to get sick, so we take vitamins and fuel a billion-dollar supplement industry.

We fear our partner will leave us, so sacrifice our own integrity to get them to stay.  
We do not want our new car to get scratched, so we keep in the garage.

*"Craving and aversion are two sides of the same coin, reflecting a fundamental dissatisfaction with the way things are right now!"*

*By Trish Bolstad*



### **Calendar for October 2022 Sunday Service**

**5.30pm to 7.00pm Platform Mediums -**

**2<sup>nd</sup> Kay Moore  
9<sup>th</sup> Bruce Jackson  
16<sup>th</sup> Paul Edghill  
23<sup>rd</sup> Matthew Tod  
30<sup>th</sup> class group**

### **Classes for October 2022**

**Open Development (alternating weekly)  
7pm-9pm Monday – 10<sup>th</sup>, 24<sup>th</sup>**

**Spiritual Healing (alternating weekly)  
7pm-9pm Monday – 3<sup>rd</sup>, 17<sup>th</sup>, 31<sup>st</sup>**

**All welcome  
For all enquires contact –  
Matthew Tod Ph: 021 1736344**

**Please visit our Facebook for confirmation and class updates**

[www.facebook.com/SpiritualistchurchNZ](http://www.facebook.com/SpiritualistchurchNZ)



### **Subscriptions for the coming year.**

\$30 to join for the year 1<sup>st</sup> July 2022 – 30 June 2023

Member benefits: - **Receive 50% off classes and heavily discounted Reading days and access to our library** members are welcome to borrow from an extensive range of books from our library

**All funds raised go towards the running and upkeep of our Church.**

**PARKING NOTICE FOR ALL CLASSES, SERVICES, EVENTS**  
You may park in the parking spaces alongside the front section of the church. Please do not park in any of the parking spaces across from the front entrance of the church as your cars may be towed away. Additional free parking is available in the parking lot at the

*Love and Light to you  
all*



### **Committee July 2022- June 2023**

President:	John Bolstad
Vice President:	Jennie Henry
Secretary:	Denise Marsden
Treasurer:	Matthew Tod
Committee:	Barry Hall Shelley Hornell Paula Vincent Andrew Clayton
<b>Minister:</b>	Matthew Tod

# READING DAY

**By popular demand we are doing another Reading Day. this will be our last one for this Year, and it may be many months before another one.**

**DON'T MISS OUT BOOK EARLY! SPACES ARE LIMITED, WE ARE ALREADY SEEING HUGE! INTEREST.**

**Saturday 5th Of November 2022 from 10:30am to 3:30pm**

**South Auckland Spiritualist Church**, 47 East Tamaki Road  
(down Simons Lane), Papatoetoe, Auckland

Pre booking is not required; however, this will give you some choice of time. You can turn up on the day and put your name down for a reading, first come first served basis. **Door tickets are cash sales only.** (If you would like consecutive sessions, we recommend you book)

**Ticket options** (all sessions are 20 minutes)

**One Reading** (Any 1 session) – members \$20, non-members \$30

**Two Readings** (Any 2 sessions) – members \$30, non-members \$40

**Three Readings** (Any 3 sessions) – members \$50, non-members \$60

***Membership forms are available on our website, or at Church***  
***[www.spiritualgrowth4u.com](http://www.spiritualgrowth4u.com)***

**Payment:** All bookings must be pre-paid and email your choice to [events@spiritualgrowth4U.com](mailto:events@spiritualgrowth4U.com).

**Internet banking account:**

06 0197 0037869 – 00

**Reference** your name and option 1, 2, or 3 Readings