

South Auckland Spiritualist Church SCNZ™
SPIRITUAL CONNECTION & HEALING
 All Welcome
 Sunday Service 5:30pm
WWW.SPIRITUALGROWTH4U.COM



info@spiritualgrowth4U.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

Newsletter May 2020



Soul Connection

We must raise above negative thoughts as well as physical disharmony.

Absolute sincerity is called for when dealing with spiritual mind harmony for mind body and soul.

To understand ourselves we need to acknowledge the spiritualization of consciousness.

When we turn consciousness inward to the source of being united with all of life, with love, with God, this is what we call spiritual awareness.

Where the treasure is the heart is.

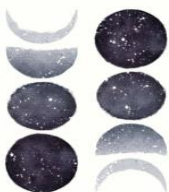
**Due to the Covid-19 NZ lockdown
 There will be no services for May**

**All classes and events are cancelled
 until further notice.**

**Please see second page of this newsletter
 for further information**

Surrender to Trust

*Trust yourself and your decisions.
 Don't be swayed by other people's strong
 opinions about what to do. Take action and be
 confident that you have chosen the right path.*



Phases of the Moon during May

First Quarter – Fri 1st, 8.38 am

Full Moon – Thurs 7th, 10.45 pm

Last Quarter – Fri 15th, 2.03 am

New Moon – Sat 23rd, 5.39 am

To all members and friends of the South Auckland Spiritualist Church

Our leaders' team met electronically to further discuss the re-opening of our church, however, as re-opening can only be considered when the country moves to Covid Alert Level 2, the focus turned to identifying the changes we will need to institute when the time arrives.

Under Level 2, the aim is to REDUCE the transmission of the virus, and the main points that concern us as a church community are:

- further restrictions on mass gatherings
- physical distancing, and
- the vulnerable - those over 70 years old or with pre-existing conditions

Clearly, the health & safety of all those onsite must be a primary concern, so using the recommended official guidelines, we will implement the following changes:

- space the chairs 1 meter apart, and provide hand-sanitizers and wipes for use
- no longer provide a cuppa at the end of the service.
- require each one who attends the church to:
 - (a) provide name, phone number and email address for our contact-tracing register
 - (b) maintain nil physical contact with anyone outside their bubble
 - (c) adhere to the highest standards of hygiene and
 - (d) bring their own bottle of water, if required.

Once Level 2 is reached, we will take the time to prepare the church and reinstate the classes and all other calendar activities. At this stage, the very earliest we see the church opening is early June, but we will advise the exact date as soon as we confirm it.

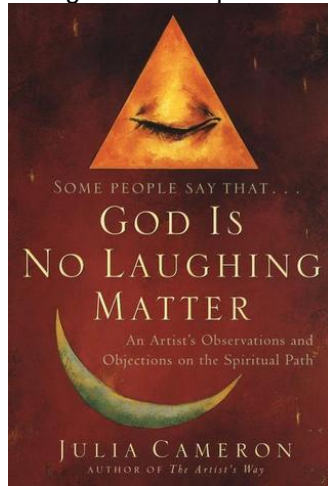
Our team will come together again on June 3, and if this item is still on the agenda, we will send a further update at that point.

Divine Love and Light for ourselves and to all humankind at this time

Karena
President



The following is an excerpt from the book;



Higher Companions –

“Maybe we could have lunch,” I heard a woman’s smoky voice say. I turned and saw an exquisite woman with snow white hair, chiselled cheekbones, and glacial blue eyes. “I’m Julianna,” she added, and extended a hand.

I agreed to that lunch, and it launched a friendship that spans two decades now. When it began, I was twenty-nine years old, fragile in my newly found sobriety and in the midst of a horrific Hollywood divorce. Julianna, a veteran of Hollywood and divorce, took me under a sheltering wing. An inspired actress and inspiring friend, Julianna became a spiritual companion, someone who helped me to find my own path and stay on it.

Those seeking a spiritual path often talk about the danger of “lower companions,” those who can lure us into damaging and detrimental behaviours. What about the need for Higher Companions, those who can accompany us on our trek to higher altitudes, even lend us a hand and haul us up the mountain? When we falter on our climb, they stretch out a helping hand. Higher Companions are “believing mirrors.” They reflect back to us an image of our highest potential. Sometimes we marry our spiritual companions. Sometimes they come to us as friends, as teachers or employers.

It is critical to creative and spiritual growth to seek out those who know how to nurture and encourage. Christ surrounded Himself with twelve apostles. He worked His miracles of manifestation in their believing midst. They reported to us the loaves and the fishes, the water into wine. Who knows? They may have egged Him on. “C’mon, Jesus, do something!”

In order to work our own miracles of manifestation, in order to bear the fruits of our spiritual beliefs, we *require* believing mirrors. Higher Companions are such mirrors. They

faithfully reflect back to us our power and possibility. “Do it yourself,” they say when someone lets us down. Or “I’ll help you and we’ll do it together.”

“We helped each other” is perhaps the phrase that best defines Higher Companionship. That help may be a listening ear, a timely loan, a helping hand painting the back bedroom. It is support of the kind that says “Yes, you can, and I’ll help you” rather than “Without me you can’t.”

Sometimes Higher Companions practice “tough love.” They say “You’re drinking too much” or “This is the fiftieth ‘perfect woman’ you’ve run through. Focus on yourself.”

Higher Companions tell us the bad news and celebrate the good news.

Higher Companions meet for breakfast and call long distance. They send the book and the note “Thinking of you” or the lovely embroidered cloth “For your altar” from Chinatown. They embody the kind of love Rilke described as “two solitudes that border and protect and salute each other.”

Exercise

You need not travel your spiritual journey alone. Pilgrims travel with fellow pilgrims.

Spiritual companions allow us to hit the bull’s-eye of our values. When we find people who are for us believing mirrors, it’s good to take the time to polish them a little. Spiritual companions are our booster rockets. They allow us to travel farther and higher. They boost our flagging energies and keep our trajectory true. Friends like these deserve special care and attention.

Draw a circle. Now draw a smaller circle inside the first. Draw an even smaller circle inside that. Place the names of your friends in the circles appropriate to their spiritual value to you.

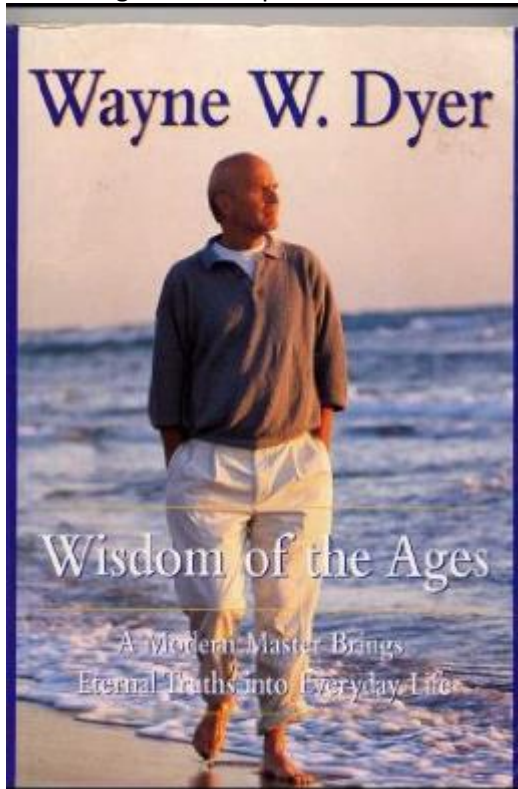
Your spiritual companions deserve acknowledgement for their importance in your life. Send them brief, appreciate notes specifically enumerating the gifts they bring to you.

Dear Julie,
No-one listens with ears like yours...

Dear Sonia,
I appreciate your visionary optimism...

Dear Ed,
Your friendship is a cornerstone of my emotional security...

The following is an excerpt from



“This book is not about appreciating poetry and philosophy as much as it is about applying the wisdom of these writers to our everyday lives. All the selections in this book convey messages from sensitive, highly creative, and productive individuals who were alive here at one time, just as you and I are today.”

- Dr. Wayne W. Dyer

ENTHUSIASM

A Psalm of Life

Tell me not, in mournful numbers,
Life is but an empty dream! --
For the soul is dead that slumbers,
And things are not what they seem.

Life is real! Life is earnest!
And the grave is not its goal;
Dust thou art, to dust returnest,
Was not spoken of the soul.

Not enjoyment, and not sorrow,

Is our destined end or way;
But to act, that each tomorrow
Find us farther than today.

Art is long, and Time is fleeting,
And our hearts, though stout and brave,
Still, like muffled drums, are beating
Funeral marches to the grave.

In the world's broad field of battle,
In the bivouac of life,
Be not like dumb, driven cattle!
Be a hero in the strife!

Trust no Future, howe'er pleasant!
Let the dead Past bury its dead
Act, -- act in the living Present!
Heart within, and God o'erhead!

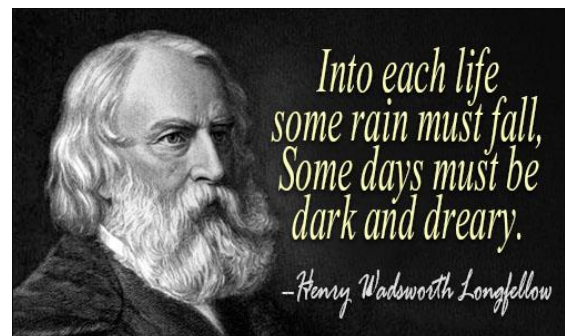
Lives of great men all remind us
We can make our lives sublime,
And, departing, leave behind us
Footprints on the sands of time.

Footprints, that perhaps another,
Sailing o'er life's solemn main,
A forlorn and shipwrecked brother,
Seeing, shall take heart again.

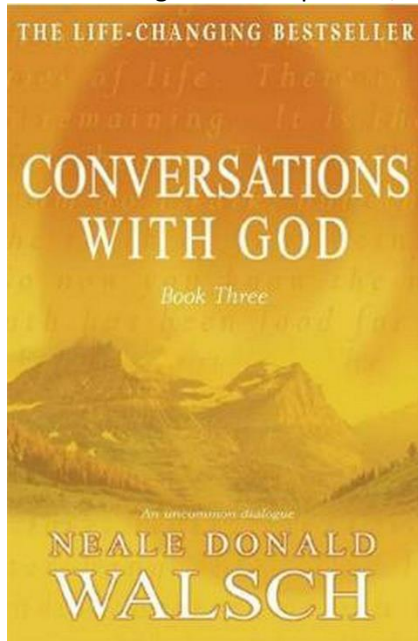
Let us then be up and doing,
With a heart for any fate;
Still achieving, still pursuing,
Learn to labour and to wait.

Henry Wadsworth Longfellow
(1807-1882)

American poet, translator, and college professor, Henry Wadsworth Longfellow is considered both a popular and a serious poet.



The following is an excerpt from;



“...Amazing, Interesting and amazing. But what is the point of telling me all of this?”

It’s important for you to know that you’ve *made it all up*. The idea that “might is right,” or that “power is strength,” was born in your male-created theological myths.

The God of wrath and jealousy and anger was an imagining. Yet, something you imagined for so long, *it became real*. Some of you still consider it real today. Yet it has nothing to do with ultimate reality, or what’s really going on here.

And what is that?

What’s going on is that your soul yearns for the *highest experience of itself* it can imagine. It came here for that purpose – to realise itself (that is, make itself real) in its experience.

Then it discovered pleasures of the flesh – not just sex, but all manner of pleasures --- and as it indulged in these pleasures, it gradually forgot the pleasures of the spirit.

These, too, are pleasures – greater pleasures than the body could ever give you. But the soul forgot this.

Okay, now we’re getting away from all the history, and back into something you’ve touched on before in this dialogue. Could You go over this again?

Well, we’re not actually getting away from the history. We’re tying everything in together. You see, it’s really quite simple. The purpose of your soul – its reason for coming to the body – is to be and express Who You Really Are. The soul yearns to do this; yearns to know itself and its own experience.

This yearning to know is life seeking to be. This is God, choosing to express. The God of your histories is not the God who really is. That is the point. Your soul is the tool through which I express and experience My-self.

Doesn’t that pretty much *limit* Your experience?

It does, unless it doesn’t. That’s up to you. You get to be the expression and the experience of Me at whatever level you choose. There have been those who have chosen very grand expressions. There have been none higher than Jesus, the Christ – though there have been others who have been equally as high.

Christ is not the highest example? He is not God made Man?

Christ is the highest example. He is simply not the only example to reach that highest state. Christ is God made Man. He is simply not the only man made of God.

Every man is “God made Man.” You are Me, expressing in your present form. Yet don’t worry about limiting Me; about how limited that makes Me. For I am not limited, and never have been. Do you think that you are the only form that I have chosen? Do you think you are the only creatures whom I’ve imbued with the Essence of Me?

I tell you, I am in every flower, every rainbow, every star in the heavens, and everything in and on every planet rotating around every star.

I am the whisper of the wind, the warmth of your sun, the incredible individuality and the extraordinary perfection of every snowflake.

I am the majesty in the soaring flight of eagles, and the innocence of the doe in the field; the courage of lions, the wisdom of the ancient ones.

And I am not limited to the modes of expression seen on your planet alone. You do not know Who I am, but only think you do. Yet think not that Who I am is limited to you, or that My Divine Essence – this most Holy Spirit -- was given to you and you alone. That would be an arrogant thought, and a misinformed one.

My Beingness is in everything, Everything. The All-ness is My Expression. The Wholeness is My Nature. There is nothing that I Am Not, and something I Am Not cannot be.

My purpose in creating you, My blessed creatures, was so that I might have an experience of Myself as the Creator of My Own Experience.

Some people don’t understand. Help all of us to understand.

The one aspect of God that only a very special creature could create was the aspect of Myself as The Creator.

I am not the God of your mythologies, nor am I the Goddess. I am The Creator – That Which Creates. Yet I choose to Know Myself in My Own Experience.

Just as I know My perfection of design through a snowflake, My awesome beauty through a rose, so, too, do I know My creative power – through you.

To you I have given the ability to consciously create your experience, which is the ability I have.

Through you, I can know every aspect of Me. The perfection of the snowflake, the awesome beauty of the rose, the courage of lions, the majesty of eagles, all resides in you. In you I have placed all of these things – and one thing more: the consciousness to be aware of it.

Thus have you become Self-conscious. And thus have you been given the greatest gift, for you have been aware of yourself being yourself – which is exactly what I Am.

I am Myself, aware of Myself *being* Myself.

This is what is meant by the statement, I Am That I Am.

You are that Part of Me which is the awareness, experiences.

And what you are experiencing (and what I am experiencing through you) is Me, creating Me.

I am in the continual act of creating Myself.

...”



INTERESTED IN BECOMING A MEMBER?

Subscriptions for the current year.

\$30 to join for the year 1st July 2019 – 30 June 2020. **Receive discount at classes and reading days and access to our library.**

Please enquire at Church.

Members are welcome to borrow from an extensive range of books from our library, for just a gold coin donation.

Our trade table at the back of the church next to the library is also a gold coin donation.

All funds raised go towards the running and upkeep of our church.

Committee Jul 2019 - Jun 2020

President:	Karena Dixon
Vice President:	Barry Hall
Secretary:	
Treasurer:	Anne Pope
Committee:	Shelley Hornell
	Brent Wassell
	Lee Ann Storm
	Vicki Clarkson
	Vivienne Smith

<u>Ministers:</u>	Susan Kirker
	Matthew Tod

Our point of contact for Reading days and Mediums on platform is Shelley Hornell. Shelley can be contacted at shelleyatchurch@gmail.com

THOUGHT FOR THE MONTH

DO NOT STAY LONG IN THE COMPANY
OF THOSE NOT LIVING IN THE HEART.

RUMI



If anyone has any potential contributions for the newsletter e.g. events, guided writing, items of interest, etc,

please email me at annepope8@hotmail.com



Love and Light to All