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----- Newsletter March 2022 -----

NEWS:

Hello everyone, how are you all I hope well. Our February services kicked off well with good interest and some new faces which is great to see. The Platform Mediums delivered some great Addresses and Readings and for the first time we saw Jennie Henry who is also our secretary do her first Reading on behalf of Mathew Todd. Unfortunately, it was all cut short as on the 19th of February the committee decide to close all services and classes till further notice as covid numbers at that point were nearly 2000 per day and we felt we needed to do our bit to limit the spread and do what we could to keep our members safe. This we hope is for the shorter term. However, all is not lost as our classes are being done through zoom online so if you are interested please go to our Facebook page www.facebook.com/SpiritualistchurchNZ here you will find the link to connect to these classes.

We are certainly living in ever changing and troubled times especially with the current war going on, "I think you all know what I'm talking about", and I certainly don't want to give it any energy here but would like to mention that we are all in a position to send love and healing to those caught up in this conflict and ask Spirit to impress their ways and wisdom upon the leaders of this conflict so they may find resolve and a quick end to it.

5 Myths About Consciousness

What Is Consciousness?

"Consciousness" is a highly abused word. It is used in many different ways.

Let me define what we refer to as consciousness. As a piece of life, as a body, you are a certain amount of earth, water, air, fire, and ether, or akash. and there is a fundamental intelligence that puts all these things together in a particular way to make life out of it. The same ingredients that are lying there as mud sit here as the life you are. What an incredible transformation!

There is a profound and unimaginable level of intelligence that can make simple things like air into life.

The only reason why you experience life and aliveness is because you are conscious. Whether it is a tree, a bird, an insect, a worm, an elephant, or a human being – everything is made up of the same simple material. We call this intelligence that makes life happen "consciousness."

If you are unconscious, you do not even know whether you are alive or dead. If you are in deep sleep, you are alive, but you do not know it.

The only reason why you experience life and aliveness is because you are conscious.

Myth 1: Wakefulness Is Not Consciousness

The nature of English language is that it is very good for describing and defining external things but is very limited when it comes to internal dimensions of many aspects of who we are.

To use Yogic terminology, what is generally being referred to as consciousness is jagruti – that means wakefulness. But we do not consider wakefulness as consciousness. Wakefulness is a state of the body, mind, and the bio-energies within us, but that is not consciousness.

Myth 2: Self-consciousness Is Not Consciousness

Consciousness does not mean becoming self-conscious. Self-consciousness is sickness; unconsciousness is death.

Being conscious just means that you are in touch with the root of who you are.

What you call as consciousness is not an act, an idea or even a quality – it is the very basis of creation.

Myth 3: Consciousness Cannot Be “Done”

Consciousness happens not because you are doing something, but simply because you have allowed it.

Life is happening to you, but it is not your doing.

What we are calling consciousness is the basis of your life and your existence. It is not something that you can do or not do at a particular time. Consciousness is still on whether you are in this body, or you are disembodied. The question is only whether it is available to you or not.

You are always available to consciousness – you cannot escape that – but is it available to you?

Myth 4: Consciousness Is Not Alertness

If we say your consciousness has risen, it does not mean that you are more alert than your German Shepherd.

Alertness is of the mind.

Consciousness is not of the mind, but if consciousness is on, it clears the mind. It forcefully finds its expression through the mind and body, and through every cell of your living being.

Myth 5: Consciousness Is Not a Mental Understanding

Consciousness is not a bunch of thoughts or a certain level of understanding, it is a boundless dimension.

We have different aspects or dimensions of intelligence functioning within us; our body and cellular structure has its own intelligence, there is a conscious level of intelligence, of intellect which is discerning in nature, there is an emotional intelligence and a genetic intelligence.

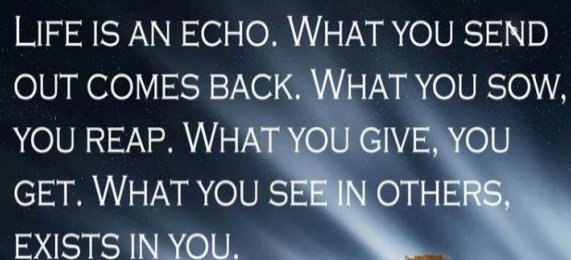
All these dimensions of intelligence are ruled by the memory that we have accumulated.

Our genetics, intellect, emotions and the very way our body functions is ruled by the memory that it carries.

What you call as memory is a certain kind of boundary. For example, "This is my friend, this is a stranger," how did this happen? This person is in my memory, this person is not in my memory, that is what differentiates the two. Memory creates possibilities, but a limited possibility within the boundary.

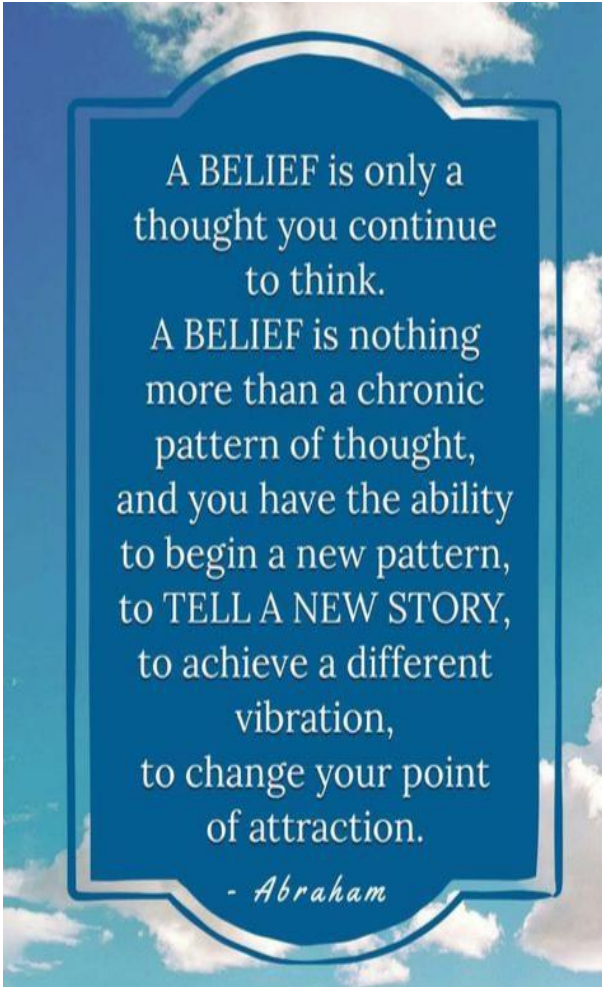
What we are referring to as consciousness is a dimension of intelligence which is free from memory. It is boundless in its nature.

By Sadhguru



LIFE IS AN ECHO. WHAT YOU SEND
OUT COMES BACK. WHAT YOU SOW,
YOU REAP. WHAT YOU GIVE, YOU
GET. WHAT YOU SEE IN OTHERS,
EXISTS IN YOU.

- ZIG ZIGLAR



UPCOMING EVENTS

At this stage until further notice all services and in house classes are on hold.

We are however doing classes via Zoom all welcome on Mondays from: 7pm to 9pm with Mathew Todd. Please visit our Facebook page for the zoom link to connect to the classes. -

www.facebook.com/SpiritualistchurchNZ

For all enquiries contact:

Mathew Tod Ph: 021 173 6344

Please follow us on Facebook for updates

Love and Light to you all



If you have any contributions you wish to have included in our newsletter, please feel free to email me at jtp177@gmail.com

Subscriptions for the coming year. \$30 to join for the year 1st July 2021 – 30 June 2022.

Receive discount at classes and reading days and access to our library. Members are welcome to borrow from an extensive range of books from our library, for just a gold coin donation. Our trade table at the back of the church next to the library is also a gold coin donation.

All funds raised go towards the running and upkeep of our church.

Forms are in the Perspex folders on the wall, please see a committee member to complete the process.

Committee Jul 2021- Jun 2022

President:	John Bolstad
Vice President:	Denise Marsden
Secretary:	Jennie Henry
Treasurer:	Matthew Tod
Committee:	Barry Hall Shelley Hornell Janis Balmforth Andrew Clayton Matthew Tod

Minister:

PARKING NOTICE FOR ALL CLASSES, SERVICES, EVENTS

You may park in the parking spaces alongside the front section of the church. Please do not park in any of the parking spaces across from the front entrance of the church as your cars may be towed away. Additional free parking is available in the parking lot at the rear of the centre on Charles St.