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----- Newsletter October 2023 ------

#### **NEWS:**

Hello everyone and welcome to October. Let me start off saying what a wonderful demonstration of Mediumship and Workshop that Sarah Jeffery recently put on for us, not to mention being our guest Medium for our Sunday Service. We so appreciate the work and effort that she put into each one of these events for us and into all who participated. It has been sometime since we have hosted an International Medium and it absolutely injects a boast of enthusiasm and energy. We are so very fortunate to have had this opportunity. With this in mind, thankyou to all those who came and supported these events with Sarah as it helps open the door for more. And on that note In March 2024, we have Kerry Mc Leod and Philip Dykes from the UK coming to do a 5-day workshop and Demonstration of Mediumship event. There is more information at the back of the newsletter, Spaces are limited, book now as you don't want to miss this.

Please be sure to check out all our up and coming events at the back of the newsletter or from the links below.

For more event information and booking details please go to: https://www.spiritualgrowth4u.com/visting-international-mediums-workshops

Please go to our Facebook Page <u>www.facebook.com/SpiritualistchurchNZ</u> for updates or our Website - <u>https://www.spiritualgrowth4u.com/</u> for membership forms or alternatively you can fill out a form at the Church.

🧡 Till next month - talk soon 💙

#### Your Inner Intuitive Power!

Within you is a vast unlimited vault of inner wisdom and innate knowledge which you can access through your intuition!

"Intuition is the clear conception of the whole at once." Johann Kaspar Lavater

#### **Intuition Definition:**

Intuition can be defined as the ability to acquire instinctively from within oneself, knowledge, insights, or understandings beyond logical or conscious reasoning and rational or analytical thinking.

"The very essence of instinct is that it's followed independently of reason." Charles Darwin

#### **Basically means:**

The ability to understand or know something immediately based on your feelings rather than facts.

#### Intuition has the power to guide us, warn us, and help us make decisions that align with our truest selves!

"Intuition is a direct line of communication with our higher selves, the universe, and all living life!"

Intuition is seeing with the soul.

#### Deep down you already know the truth:

While it may seem mystical or elusive, intuition is a natural and inherent aspect of our human nature, present within each one of us.

It is that deep down feeling, a knowing, that guides our decisions, warns us of potential dangers, and reveals opportunities, and possibilities for our fulfilment.

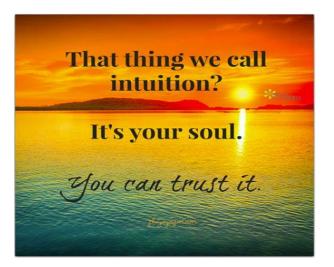
#### "Intuition is the compass of the soul."

#### Intuition is knowing without knowing:

Subtle intuitive cues arise from within us in the form of a nudge, hunch, gut feeling, sixth sense, or a sense of clarity beyond our understanding.

It is a form of knowing that goes beyond logic and analytical thinking, drawing upon the interconnectedness of the universe.

"Within us all is a wealth of knowledge that surpasses the limitations of our logical minds!"



#### Your intuition is your superpower:

Our intuition, like a beacon of light, illuminates our path and provides us with insights that our logical minds cannot comprehend.

Your intuition can lead you to amazing discoveries, possibilities and wonderful experiences and opportunities.

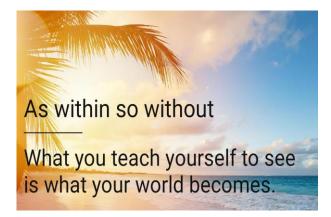
Intuition acts as a protective mechanism, warning us of potential dangers and helping us avoid negative situations.

Intuition has the power to guide us, warn us, and help us make decisions that align with our truest selves. It can also be particularly useful when dealing with complex or ambiguous situations where rational analysis alone may not provide a clear answer.

"Have the courage to follow your heart and intuition. They somehow already know what you truly want to become." Steve Jobs

#### **Conditioned:**

People have become conditioned to rely on external sources for answers, be it the media, societies expectations, or the opinions of others.



We live in a modern world obsessed with teachings of data, logical reasoning, rational thinking, and external validation, which has us dismissing of our inner knowing.

People are seeking answers outside themselves, forgetting that the most profound wisdom lies within.

*"If the single man plant himself indomitably on his instincts, and there abide, the huge world will come round to him."* Ralph Waldo Emerson

## The intuitive mind is where our genius resides:

In a world filled with constant noise, distractions, and information overload, we often find ourselves disconnected from our inner guidance.

However, our intuition, that subtle yet powerful force within us, holds the key to clarity, purpose, and making better decisions.

*"The only real valuable thing is intuition."* Albert Einstein

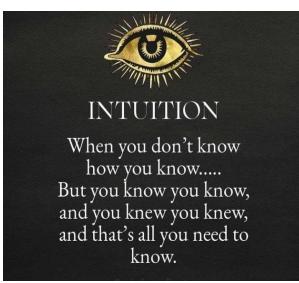
# Here are a few reasons why tapping into your intuition can be beneficial:

#### **Emotional Guidance:**

Intuition can serve as a valuable emotional compass, helping us navigate situations and relationships.

It can provide a sense of alignment or discomfort, guiding us towards choices that are in harmony with our values and desires.

#### "You feel before you think."



#### Self-Awareness:

Intuition can enhance your self awareness and self acceptance by helping you understand your emotions, desires, and values on a deeper level. By listening to your intuition, you can connect with your authentic self, embrace your unique qualities, and live a more fulfilling and meaningful life.

"Intuition is a spiritual faculty and does not explain, but simply points the way." Florence Scovel Shinn

#### **Improved Relationships:**

Intuition can also play a role in understanding and connecting with others. It can help you pick up on subtle cues, read between the lines, and empathize with other people's emotions, fostering deeper and more meaningful relationships.

"Listen to the wind, it talks. Listen to the silence, it speaks. Listen to your heart, it knows." Native American Proverb

#### **Enhanced Decision Making:**

Intuition can provide valuable insights and perspectives that go beyond logical reasoning.

By tapping into your intuition, you can access a broader range of information and make more holistic decisions.

It can help you make choices that align with your authentic self and lead to more fulfilling outcomes.

"I rely far more on gut instinct than researching huge amounts of statistics." Richard Branson



#### **Creativity and Innovation:**

By tapping into your intuition, you can access new perspectives, alternative solutions, and innovative ideas that may not have emerged through analytical thinking alone. Many groundbreaking discoveries and inventions have been attributed to intuitive insights.

"Intuition is a very powerful thing, more powerful than intellect, in my opinion." Steve Jobs



#### How can you tap into your intuition? Here are a few practices that can help:

#### **Quiet Your Mind:**

A cluttered mind can hinder the reception of intuitive insights.

In our busy lives, it can be challenging to hear our intuition amidst the noise and distractions. Create moments of stillness and silence through meditation, journaling, or spending time in nature.

These practices can help calm your mind and create space for our intuition to be heard and felt over the noise of daily life.

"It begins with slowing down and creating moments of stillness in our lives!"

#### Mindfulness:

Cultivate present moment awareness by practicing mindfulness. When you are fully present, you become more

attuned to subtle cues and intuitive nudges.

*"There is a voice that doesn't use words. Listen."* Rumi

#### **Practice Detachment:**

Detach yourself from expectations, fears, and desires when seeking intuitive guidance. When you approach a situation with an open and non judgmental mind, you create space for intuitive insights to surface within you more clearly.

*"Intuition will tell the thinking mind where to look next."* Jonas Salk

#### Pay Attention to Body Signals:

Our bodies are excellent conduits for intuition.

Your body and emotions can provide valuable clues about the alignment of your choices with your intuition.

Tuning in to physical sensations like butterflies in the stomach, a sense of ease or tension, or even goosebumps can provide valuable insights.

By becoming attuned to these bodily signals, you can decode the language of intuition.

"Pay attention to your gut feelings. No matter how good something looks if it doesn't feel right – walk away."

#### **Test Your Intuition:**

Start by using your intuition on smaller, less consequential decisions.

Observe the outcomes and compare them to decisions made solely based on rational analysis.

Over time, as you see positive results, you'll gain confidence in your intuition and be more willing to follow it in important situations.

"The more you trust your intuition, the more empowered you become, the stronger you become, and the happier you become." Gisele Bundchen

#### **Reflect on Past Experiences:**

Look back on instances where you followed your intuition, and it turned out to be accurate.

By recognizing patterns and understanding the outcomes, you can build trust in your intuition and strengthen your reliance on it.

*"Good instincts usually tell you what to do long before your head has figured it out."* Michael Burke

#### Trust Yourself:

Building trust in our own inner voice is crucial. We often doubt or dismiss intuitive nudges because they cannot be easily explained or rationalized.

Learning to trust ourselves and the subtle signals we receive is key to harnessing the power of intuition.

"Our intuition becomes clearer and more pronounced when we silence the noise of doubt and fear!"

You need to hear your **inner voice** and trust it. It is the **consciousness** in tune which tells you very **humbly** and **musically** what is going on. Please try to listen to it. Raise its **volume**; you will recognize it is yours. That's the **beauty** of the inner voice.

- YOGI BHAJAN -

#### **Remember:**

Intuition is a personal and subjective experience.

It can be influenced by various factors, including your values, beliefs, circumstances, and subconscious knowledge.

"Cease trying to work everything out with your mind. It will get you nowhere. Live by intuition and inspiration and let your whole life be a Revelation." Eileen Cady

It takes courage to follow our intuitive guidance, especially in a world that often rewards conformity and rationality, but the rewards are immeasurable.

"Your intuition is a compass that can guide you towards your true purpose and bring you a sense of fulfilment and inner peace!"

By nurturing your intuition, you can tap into a powerful source of wisdom that can guide you on your path and help you make more aligned choices for better outcomes in your life.

"As soon as you trust yourself, you will know how to live." Johann Wolfgang Von Goethe

The rewards of living an intuitively guided life are immeasurable - a life filled with purpose, joy, and a deep sense of connection to all things!

"Perfect intuition makes you master of all." Paramahamsa Yoganand

By Trish Bolstad



Calendar for October 2023 Sunday Service: 5.30pm to 7.00pm Platform Mediums:

1 <sup>st</sup>	Ronald Jones
8 <sup>th</sup>	Fiona Goldsmith
15 <sup>th</sup>	Paul Edghill
22 <sup>nd</sup>	Matthew Tod
29 <sup>th</sup>	Jane Koch

#### **October Classes -**

Mix of Open Development and Healing From 7pm to 9pm Mondays: -2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 30<sup>th</sup> no class 23<sup>rd</sup> as public holiday

Cost per Open Development/Healing class. \$5 for members

\$10 for non-members

All welcome! For all enquires contact: Matthew Tod Ph: 021 1736344

Evidential Mediumship Development Being the Modern Medium

Dates for October: - Taking bookings now Times: - 6:30pm to 8:30pm

Bookings essential as this is a 12-week block.

For more information and bookings call Shirley Anne - 0274 826 000

**Yearly Subscriptions - \$**30 to join per year. Member benefits:

Discounted Reading days and classes and access to our library.

Our members are welcome to borrow from an extensive range of books from our library. All funds raised go towards the running and upkeep of our Church. Visiting International Mediums:

*Kerry Mc Leod and Philip Dykes* Mediumship Demonstration 22<sup>nd</sup> March 2024, 5 Day Workshop 20<sup>th</sup> to 24th March 2024

https://www.spiritualgrowth4u.com/vistinginternational-mediums-works



# **The Auckland Experience**

# Intensive Mediumship - Deepening Your Connection 5 Day Course with South Auckland Spiritualist Church For More Info Contact: Shirley Anne Sharp 0274826000



### Philip Dykes & Kerry McLeod

Phil and Kerry are known globally for their standards, The demand for their work is high, due to their understanding, knowledge, and mediumship quality, which has taken them into the media arena, such as Netflix, multiple radio shows and thearters.



### The Workshop

Spend five days in a spiritual setting, taking a deeper dive into your mediumship. Receive one-on-one feedback, personal guidance, individual tutoring and support, directly from Phil and Kerry, as they share with you their wealth of knowledge, experience and understanding to help you reach your spiritual potential. Wed 20th, Thurs 21st, Fri 22nd, Sat 23rd & Sun 24th March 2024



### The Documentary

Evidence of the Afterlife – Saving Evidential Mediumship with Philip Dykes and Kerry McLeod The 2nd documentary from We Don't Die Films is now in production, Filmed and Directed by Robert Lyon.

### The Demonstration

Demonstration of Mediumship – Friday 22nd March 2024, cost \$20 Per Person, Organised by the Church. To Book please email: events@spiritualgrowth4u.com

# www.mymediumship.com



# **"BEING THE MODERN MEDIUM" -**EVIDENTIAL MEDIUMSHIP DEVELOPMENT GROUP

Join Shirley Anne Sharp for a transformative 12-Week Mediumship Course. Deepen your Spirt world connection and expand your mediumship.

- Moving your mediumship forward with in depth teachings on the techniques and concepts of Mediumship.
- Understanding and dealing with the No
- Understanding and deepening your evidence
- Bring you closer to your spirit contact through the art of surrender/blending.
- *Immerse* yourself in interactive exercises to develop your intuition and psychic abilities, deepening your evidence.
- Practical exercises to enhance your connection and accuracy with the spirit world.
- Understanding and delivering a message
- Personalised guidance and feedback tailored to your unique strengths and knowledge.
- A modern approach to mediumship.

### Limited Spaces Available

Due to the personalized nature of this class,spaces are limited. Don't miss out on this incredible opportunity to transform your mediumship journey!



Call Shirley Anne 027 4826 000

https://www.spiritualgr owth4u.com/evidentia I-mediumshipdeveloment-group

