

South Auckland Spiritualist Church SCNZ™
SPIRITUAL CONNECTION & HEALING
All Welcome
Sunday Service 5:30pm
WWW.SPIRITUALGROWTH4U.COM



info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

----- Newsletter February 2022 -----

NEWS:

Hello everyone and welcome to February. Well, I have to say time seems to be flying by and I can't believe we are already into the start of February. Our first service back was a welcomed success and super great to see many of you face to face. Our resident Minister and Medium Mathew Todd was on platform, he delivered a wonderful reading and address we could all relate to and use in our everyday lives plus gave out some wonderful messages in his mediumship demonstration, a great evening to be had by all who attended.

With Omicron in the community, we are continuing to be open following Government guidelines, however we are taking extra precautions to keep people safe by changing the format of our Sunday services and implementing the compulsory wearing of face masks, scanning of Vaccine passes, providing bottled water, disposable cups, and individual wrapped snacks. We will post up dates to our face book pages for any changes www.facebook.com/SpiritualistchurchNZ

RAW SERIES:

I'm afraid this segment of the newsletter is ending as people have busy lives and with time short it is proving difficult to nail people down to deadlines. I would like to thank all who contributed with their experiences and also thank those who have sent in some wonderful comments.



Forget Luck, Live by Intent

A few things may happen by chance. But if you wait for the chance, good things will happen to you only when you are in your grave because things may take their time.

Even quantum theory says that if you try, you can actually walk through a wall once in a "zillion" times because there is a pulsation of particles happening and you may walk through. It is just that before you reach that one zillionth time, you'll have a cracked skull.

When you live by chance, you also live in fear and anxiety.

When you live by intent and capability, it does not matter what is happening or not happening, at least you are in control of what is happening to you. It is a more stable life.

Stop Fixating on Failure

For a committed man, there is no such thing as failure. If you fall down 100 times in the day, it is 100 lessons learnt. If you commit yourself like this to creating what you really care for, your mind gets organized.

Once your mind gets organized, your emotions will get organized because the way you think is the way you feel. Once your thought and emotion are organized, your energies and your very body will get organized.

Once all these four are organized in one direction, your ability to create and manifest what you want is phenomenal.

You are the creator in many ways.

3 Work with Clarity

What a human being needs is clarity, not confidence. If you want to walk through a crowd of people, if your vision is clear and you can see where everybody is, you can just walk through the whole crowd without touching anyone. If your vision is not clear but you have confidence, you will walk over everybody. Because there is no clarity, people think that confidence is a good substitute. It just cannot be.

Let's say you make all the major decisions in your life like this: get yourself a coin, flip it. If it's heads, it's one way, tails the other. It works 50% of the time. If you are right only 50% of the time, there are only two professions that you can keep – either a weatherman or an astrologer. You cannot keep any other job on this planet.

4 Embrace the People and Things You Dislike

To handle different kinds of situations in our lives, we need different kinds of identities. If you are fluid about it, if you can change from one to another gracefully, then you can play your role to the hilt and still have no problem with it. But for most people, their personality is like a rock. It sits on them all the time and makes them suffer anything that does not fit into its ambit.

If you have to break that, you have to do something in reverse. This is a simple thing you can do: team up with somebody that you do not like. Spend time with that person, very lovingly, joyfully. Learn to do things that you do not like, be with people that you do not like, and still live your life sensibly, lovingly, and joyfully.

5 Drop Your Calculations

There is no need to aspire to greatness. If you make the focus and ambit of your life well beyond the concerns of who you are, you will anyway be a great human being. If you look at certain people, greatness happened to them not because they were seeking to be great, but because their way of looking at life was way beyond "what about me?"

If you just drop this one calculation, "What about me?" from your head, and function to the best of your ability, in some way you will be great because you will naturally be looking at, "What can I do about all the life around me?" So, you will naturally enhance your capabilities because there is so much to do!

By Saghguru



“Change the way you look at things and the things you look at change.”

Wayne W. Dyer

Are You Sick of Waiting, Wanting, and Wishing for a Better Life?

“Perseverance is not a long race; it is many short races one after another.” - Walter Elliott

I often find myself impatient with the pace of my progress. Waiting for my life to move forward can sometimes feel like I'm watching paint dry.

There are so many moments when we feel like our life is at a standstill. This is generally where I double down with my intensity. I hit it with everything I can. The crash comes soon after from the inevitable violent collision of my mind, body, and spirit as they're pushed beyond their limits.

The idea of having to wait for anything is a first-world problem. The thought that your cat's costume might not arrive in time for Halloween is enough to bring some people to tears. Just thinking of Mr. Whiskers having to go out as a plain old' cat is seems like a crime.

And that's waiting for a cat costume.

What about that book you wish would just write itself?

What about that scale that still shows you being forty pounds heavier than you want to be?

What about that bank account that still isn't bigger than your credit card bill?

These are not things we want to wait for. We want the juice without the squeeze.

We've grown so impatient with the idea of waiting for results that we act like moving slowly is a poison to progress. We default to believing the antidote is a shot of intensity straight to the veins. But all that gives us is further frustration, anger, guilt that we're not doing enough, and the feeling that we need to push harder. It's such a horrible way to approach life. Especially since the only finish line comes when you take your final breath. And I don't know about you, but I'm in no rush to get there early.

It's exhausting even thinking about that period of my life when I wanted to write a book, lose forty pounds, and stop feeling broke. Not a day would pass when I wouldn't be consumed by feelings of doubt and hopelessness. I should have been pushing out diamonds with the amount of pressure I was putting on myself.

That struggle led to a life-changing aha moment for me. I realized that there are two ways to approach making progress. You can hit it hard with intensity. Or you can set a long-term aim with consistency.

Which of these do you think is sustainable for making progress?

Think back to the children's story of the tortoise versus the hare. These are lessons worth revisiting for their simple and profound principles on approaching life.

We all overestimate what we can accomplish in a day, but we underestimate what we can accomplish in a year with steady momentum.

How do you write a book? By establishing a daily writing habit.

How do you lose forty pounds? By moving your body every day and eating less than you burn.

How do you get out of debt? By making a daily choice to spend less than you earn (and invest the difference).

You're not going to write a book in a day, but there's a very good chance you'll have one in a year.

You're not going to lose forty pounds in a day, but you could in a year.

You won't get out of debt in a day, but you'll set a trajectory for wealth creation that lasts the rest of your life.

How different could your life be a year from now if you committed to something that's important to you?

Sit with that idea for a moment. Soak it in.

What would it feel like to hold that book in your hands?

What would it feel like to look at that scale and see the number you want to see?

What would it feel like to be debt-free and investing in your future?

I'm serious. Feel it. Wait till you get goosebumps.

That is peace of mind, relief, and a sense of fulfilment tied up in a bow on Christmas morning. That is the realization that you can have almost anything you want in your life if you stay disciplined with your priorities.

That is the power of consistent daily habits.

There's a saying about hope not being a strategy for change. I do believe hope is a beautiful emotion. But I've seen myself get stuck for years waiting, wanting, and wishing for a better life. Hope didn't give me a way out because it left me at the mercy of my current circumstances.

Writer Lu Xun said, "**Hope is like a road in the country; there was never a road, but when many people walk on it, the road comes into existence.**"

This is the power of action and putting one foot in front of the other.

Every action you take is a vote toward the person you want to be. The more we align the things we do on a daily basis with the person we want to become, the more fulfilment we feel in the little things that get us there.

What do you wish you could change if only it didn't feel so hard? And what could it mean for your life if every day you prioritized this change and did one small thing to work toward it?

Make the decision to commit to a simple daily habit that reflects the person you want to be and the life you want to live. When you do this, you're deciding to take back control of your life. You're deciding to give yourself a better future. You're deciding that you matter.

By Chris Wilson

If you have any contributions you wish to have included in our newsletter, please feel free to email it to me at - jtpt77@gmail.com

Committee Jul 2021- Jun 2022

President:	John Bolstad
Vice President:	Denise Marsden
Secretary:	Jennie Henry
Treasurer:	Matthew Tod
Committee:	Barry Hall Shelley Hornell Janis Balmforth Andrew Clayton
Minister:	Matthew Tod

UPCOMING EVENTS

Sunday service Calender for February 2022

5.30pm to 7.00pm

6th Mathew Todd

13th Bruce Jackson

20th Clinton Arnold

27th Yet to be confirmed

Classes for February 2022

Spiritual Healing (alternating weekly)

20th Monday Feb 7pm - 9pm

For all enquiries contact
Matthew Tod Ph: 021 173 6344

Open Development (alternating weekly)

14th and 28th Monday Feb 7pm - 9pm

For all enquiries contact:
Matthew Tod Ph: 021 173 6344

Zoom Open Development (NEW CLASS)

We will be trialling this to give people the opportunity who are unable to attend the in-person classes, but everyone is welcome, so I encourage you to attend, well worth the experience.

9th Wednesday March 2022 7pm to 9pm

For all enquiries contact:
Matthew Tod Ph: 021 173 6344

Please follow us on Facebook for updates
www.facebook.com/SpiritualistchurchNZ

Love and Light to you all



Subscriptions for the coming year. \$30 to join for the year 1st July 2021 – 30 June 2022.

Receive discount at classes and reading days and access to our library. Members are welcome to borrow from an extensive range of books from our library, for just a gold coin donation. Our trade table at the back of the church next to the library is also a gold coin donation.

All funds raised go towards the running and upkeep of our church.

Forms are in the Perspex folders on the wall, please see a committee member to complete the process.

PARKING NOTICE FOR ALL CLASSES, SERVICES, EVENTS

You may park in the parking spaces alongside the front section of the church. Please do not park in any of the parking spaces across from the front entrance of the church as your cars may be towed away. Additional free parking is available in the parking lot at the rear of the centre on Charles St.