

South Auckland Spiritualist Church SCNZ™



SPIRITUAL CONNECTION & HEALING

All Welcome

Sunday Service 5:30pm

WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4u.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

----- Newsletter September 2023 -----

NEWS:

Hello everyone and welcome to September. September marks the official arrival of spring, bringing in not only warmer weather but also a transformation of the landscape.

This season brings a shift in energy for many individuals, as they experience a sense of elevation from the evolving surroundings. The presence of blooming flowers and blossoms installs a feeling of upliftment, setting off a cascade of positive changes in one's life.

The countdown is definitely on now, with only 20 days to go from the time of writing this, for the arrival of Sarah Jeffery from Australia.

Sarah is coming to do a 2 day workshop which sold out within 2 days of its release – 'amazing'! She is also doing a Mediumship Demonstration Evening on 22nd Sept 7pm to 9pm at our church. There are still spaces available for the Demonstration Evening but be quick as places are limited. For more information for bookings please refer to the flyer at the back of the newsletter.

Please be sure to check out all our up and coming events at the back of the newsletter or from the links below.

For more event information and booking details please go to:

<https://www.spiritualgrowth4u.com/visiting-international-mediums-workshops>

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ for updates or our Website - <https://www.spiritualgrowth4u.com/> for membership forms or alternatively you can fill out a form at the Church.

♥ Till next month - talk soon ♥

Questions For Self Insight!

Good questions are the key to better insights into yourself and your life!

The more you know yourself, the more you are making purposeful empowering choices that will move you forward towards the life you desire.

*"Knowledge is having the right answer!
Intelligence is asking the right question!"*

Stuck Mindsets:

Many people don't spend time questioning themselves and their mindset. They don't realize or discover their own great inner power of potential possibilities or how to purposely implement this inner power within their lives.

"You are never stuck by your circumstances, only by your mind!"

Questioning:

Questioning is the first step in solving problems.

It helps you uncover the components of the challenges you're facing and generate better solutions to solve those problems.

It makes us more successful, and more satisfied in our lives as we become more purposeful and empowered in our choices.

"Good questions inform, great questions transform!"

Communication is power. Those who have mastered its effective use can change their own experience of the world and the world's experience of them. All behavior and feelings find their original roots in some form of communication.

Tony Robbins

Broaden your Mind:

People who ask a lot of questions tend to be more engaged in their lives, more fulfilled, and happier.

Asking questions broadens your mind.

Asking questions gets you thinking about new possibilities, whether it's about yourself, about others, or how things are done in the world.

"Opening your mind to other perspectives can lead to a more fulfilling, meaningful, easier and joyful life."

Silent Questions:

It is important to become aware of the questions you are silently asking yourself.

Are you focus on, giving attention to thoughts that are based on:

Empowering questions and positive, forward moving statements?

Or:

Victim oriented disempowering questions, and limiting full stop statements, you make to yourself by default?

*"The questions you ask yourself become the thoughts you think!
And the thoughts you think determines the outcome of your interactions and experiences!"*

DID YOU KNOW?



Your brain will constantly rewire itself to suit the information that you feed into it. If you constantly complain, gossip, find excuses, etc; it will make it much easier to find things to be upset about, regardless of what is happening around you. Likewise, if you constantly search for opportunities, abundance, love, and things to be grateful for, it will make it much easier to find a reflection of those things around you. It takes practice, but over time this is a very powerful way to reshape your reality.

Disempowering questions cast you in the role of victim:

"Why me?"

"What if I fail?"

"How come I can never get ahead?"

"What if I am too stupid?"

"Why am I so unlucky?"

"What if they don't like me?"

They keep you feeling like change is outside of your control and prevent you from becoming empowered and seeing what you can do to improve your situation.

"One of the best guides to how to be self loving, is to give yourself the love you often dream of receiving from others!"

There's Magic in Empowered Questioning:

The "magic" in asking empowering questions is that your mind immediately starts looking for solutions and keeps doing so in the background even when you're not aware of it. Then suddenly, you get an insight when you are driving.

Or you notice a story on social media.

Or you have a conversation that leads you to a creative solution.

"Ask open questions and bring in new possibilities".

Question All Your Assumptions:

Experiment with different ways of doing things by questioning the things you never questioned.

Questioning your assumptions helps to develop your critical thinking skills.

Critical thinking involves analysing information, evaluating evidence, and considering alternative possibilities.

"The way you keep yourself from making assumptions is to ask questions!"

Understanding Others:

By not asking the right questions of people, we are making assumptions as we don't get a true understanding of where a person or situation is at.

This can mean that decisions, judgements, and conclusions are made from a limited perception and from assumptions.

"A flower does not think of competing to the flowers next to it, it just blooms!"

Asking for Inspires Answers:

Inspired questions get inspired answers because an inspired question sparks deep thinking, creating an open ended opportunity for new ideas, new perspectives, and mindset changing realizations.

"The power to question is the basis of all human progress."
Indira Gandhi.

The Value of Thoughtful Questioning:

The right questions enable you to explore complex ideas.

In the process, you uncover your implicit assumptions, expose deeply held beliefs, and recognize hidden contradictions.

"Self awareness involves deep personal honesty. It comes from asking and answering hard questions!"

Just because you think it doesn't mean it's true:

Ask yourself:

What do I believe is true?

Look for words like "must" or "should", as they usually indicate an assumption.

"Don't believe all you think, thoughts are just thoughts!"

**A PERSON'S
MIND IS SO
POWERFUL.
WE CAN INVENT,
CREATE,
EXPERIENCE, AND
DESTROY THINGS
WITH THOUGHTS
ALONE.**

Connect Deeper:

This is a great process for 'knowing thy self'. Through this we are able to deepen our understanding of ourselves, connect with something greater than ourselves, and find peace, empowerment and fulfilment in our lives.

"You have to dig deeper within yourself in order to find your best self. Some people aren't willing to do this, and this is why mediocrity exists!"

Thought Evoking Questions:

Asking yourself thought evoking questions is an essential part of your journey to growth, happiness, self understanding, and wellbeing.

By taking the time to reflect on your beliefs, practices, and values, you can gain more clarity about who you are and what you want from life.

"Knowing yourself is the beginning of all wisdom!"
Aristotle

Questions for awareness and insight:

Here are a few questions as a starting point for your own exploration and to evoke self awareness!

Answer them honestly, deeply and question you answers with "why is that?":

*What is the most important thing in my life?
What makes me truly happy?
What is my definition of success?*

How do I want others to see me?
 When all is said and done, what will I have said more than I've done?
 What things do I value most in life?
 Am I using my time wisely?
 What makes me unique?
 How do I handle stress?
 What limiting beliefs am I holding on to?
 Do I spend most of my time in the present, the past, or the future?
 What could I do that my future self would thank me for?
 Where does my comfort zone end?
 How can I show myself love today?
 What gets me excited about life?
 Do I embrace or avoid how I'm feeling?
 What's one thing I want to make happen in the next year?
 Do I have any unresolved anger, resentment, guilt, shame, or bitterness?
 What would I do if I didn't care what anyone else thinks?
 What do I want to say no to but feel I can't?
 What do I want to say yes to but feel I can't?
 What small thing can I start today that will benefit me later?
 What do I tend to put off out of fear?
 How much control do I feel like I have over my life?
 What do I think about myself?
 How would I describe my spiritual beliefs?
 Am I living in accordance with my values and beliefs?
 What does love mean to me?
 What am I grateful for in my life?

*"Understanding yourself is power!
 Loving yourself is freedom!
 Forgiving yourself is peace!
 Being yourself is bliss!"*

These questions lead you to a deeper understanding of yourself, where you will gain new insights and inspire new discoveries and future possibilities.

By Trish Bolstad.

Yearly Subscriptions - \$30 to join per year.
 Member benefits:
Discounted Reading days and classes and access to our library.
 Our members are welcome to borrow from an extensive range of books from our library.
 All funds raised go towards the running and upkeep of our Church.



Calendar for September 2023 Sunday Service:

5.30pm to 7.00pm Platform Mediums:

3rd Matthew Tod
 10th Zoe Fitzgerald
 17th Shirley Anne Sharp
 24th Mary Newton

September Classes -

Mix of Open Development and Healing

From 7pm to 9pm Mondays: -

4th, 11th, 18th, 25th.

Cost per Open Development/Healing class.

\$5 for members

\$10 for non-members

All welcome!

For all enquires contact:

Matthew Tod Ph: 021 1736344

New group -

Evidential Mediumship Development

Being the Modern Medium

Dates for September: - 6th, 13th, 20th, 27th,

Times: - 6:30pm to 8:30pm

Bookings essential as this is a 12-week block.

For more information and bookings call

Shirley Anne - 0274 826 000

Visiting International Mediums:

Sarah Jeffery

Mediumship Demonstration 22nd Sept 2023

Seats still available for more info go to -

<https://www.spiritualgrowth4u.com/international-medium-dem>

2 Day Workshop 23rd-24th September 2023

(Workshop now SOLD OUT)

<https://www.sarahjeffery.com.au/>

Kerry McLeod and Philip Dykes

Mediumship Demonstration 22nd March 2024,

5 Day Workshop 20th to 24th March 2024

<https://www.spiritualgrowth4u.com/visiting-international-mediums-works>

Mediumship Demonstration Event With Sarah Jeffery

Come along and join South Auckland Spiritual Church for a fun filled evening of Mediumship demonstration from visiting International Medium Sarah Jeffery.

"An event not to be missed".

Time and location -

22 September 7pm to 9pm

47 East Tamaki Rd Papatoetoe

Cost - \$20 All bookings must be pre-paid and emailed to

job74100@gmail.com

Internet banking: 06 0197 0037869-00

(Please reference your name and event- SJ Dem) Door sales will be available but seats are limited.

Booking is highly recommended





MYMEDIUMSHIP.COM

The Auckland Experience

Intensive Mediumship - Deepening Your Connection

5 Day Course with South Auckland Spiritualist Church

For More Info Contact: Shirley Anne Sharp 0274826000



Philip Dykes & Kerry McLeod

Phil and Kerry are known globally for their standards, The demand for their work is high, due to their understanding, knowledge, and mediumship quality, which has taken them into the media arena, such as Netflix, multiple radio shows and theaters.



The Workshop

Spend five days in a spiritual setting, taking a deeper dive into your mediumship. Receive one-on-one feedback, personal guidance, individual tutoring and support, directly from Phil and Kerry, as they share with you their wealth of knowledge, experience and understanding to help you reach your spiritual potential. Wed 20th, Thurs 21st, Fri 22nd, Sat 23rd & Sun 24th March 2024



The Documentary

Evidence of the Afterlife - Saving Evidential Mediumship with Philip Dykes and Kerry McLeod
The 2nd documentary from We Don't Die Films is now in production, Filmed and Directed by Robert Lyon.



The Demonstration

Demonstration of Mediumship - Friday 22nd March 2024, cost \$20 Per Person, Organised by the Church.
To Book please email: events@spiritualgrowth4u.com

www.mymediumship.com

"BEING THE MODERN MEDIUM" - EVIDENTIAL MEDIUMSHIP DEVELOPMENT GROUP

Join *Shirley Anne Sharp* for a transformational
12 Week Mediumship Course.

*Deepen your Spirit world connection
and expand your mediumship.*

*Whether you're looking to enhance
your current abilities or expand into
more specialized areas, with Shirley
Anne's extensive training and
knowledge this course will provide the
tools and the guidance you need.*

*No Matter where you are on your
Mediumship journey, my aim is to
elevate your Mediumship and show
you what is truly possible.*

Limited Spaces Available

Due to the personalized nature of this
class, spaces are limited,
Don't miss out on this incredible
opportunity to transform your
Mediumship journey.



**Call Shirley Anne
027 4826 000**

<https://www.spiritualgrowth4u.com/evidential-mediumship-development-group>

