

South Auckland Spiritualist Church SCNZ™



SPIRITUAL CONNECTION & HEALING

All Welcome

Sunday Service 5:30pm

WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4U.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

Newsletter January 2024

NEWS:

Wishing you a joyous New Year from all of us at SASC.

Here we are at the start of 2024, and it's a good time to reflect on 2023.

Remember those moments of being encompassed with joy, appreciation, and gratitude. Remember the times of excitement. Identify the patterns that work and the patterns that didn't.

Let's all take the best experiences of 2023 and take that uncomfortable action to be the best version of ourselves, but most of all remember we are all Spirit having a human experience and capable of so much more. Ask for guidance from Divine Spirit, we need not be alone on our journey of life.

Divine Spirit, I ask that you guide us with your love and wisdom, lead us toward a life of fulfilment and abundance as we embark on this new year together. We give gratitude, love, and appreciation for all that you do.

Wishing everyone an amazing year! We have some exciting events planned for 2024 and we look forward to seeing everyone on the 7th of January for our first Service of 2024.

Please be sure to check out all our up and coming events at the back of the newsletter.

Our **Reading Day 2nd March**.

The Auckland Experience – Deepening Your Connection 5 day workshop with Kerry McLeod and Philip Dykes. **IMPORTANT OPTIONS ADDED**. As requested by many, Kerry and Philip have now added a 3 day and a 2 day workshop option. Please see the flyer attached at the end.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ

or our Website – <https://www.spiritualgrowth4u.com/> For Information on what is happening at SASC

♥ Till next month - talk soon ♥

Make 2024 a JOYFUL year!

Be more **PRESENT** in every moment!

See the **BEAUTY!**

Revel in the **POSSIBILITIES!**

And feel the **JOY** life has to offer!

How?

By carefully examining:

- Where you direct your attention.

- To what you are focusing on.

- To what you are saying.

- And to what you are thinking.

As these aspects shape your all experiences!

Why?

Because where your attention goes, growth follows!

In Simple Terms:

You attract what you think about!

"If you want to find the secrets of the universe, think in terms of energy, frequency and vibration!"

Nikola Tesla

Your Inner Google:

Consider the universe as a giant algorithm, much like Facebook ads.

If you linger for long on a particular thought or subject, the universe responds by providing more of the same.

"You receive back what you invest your attention in!"

The Science:

Scientists reveal that our seemingly solid world comprises of vibrating cells, atoms, and molecules.

You, too, are energy, consistently emitting a vibrational frequency through your thoughts and emotions.

"Everything is energy and that's all there is to it!"

Albert Einstein

What Are You Matching With?

Everything you perceive externally is a reflection of your internal state.

People and experiences align with us based on the energy we radiate.

"As you think you vibrate! As you vibrate you attract!"

What You Focus on Grows:

When you concentrate on something, you energize it.

Where focus goes, energy flows.
And where energy flows, whatever you're focusing on grows.

"Focus on appreciation and the universe brings you more of what you are appreciating!"



Are You Focusing Negatively?

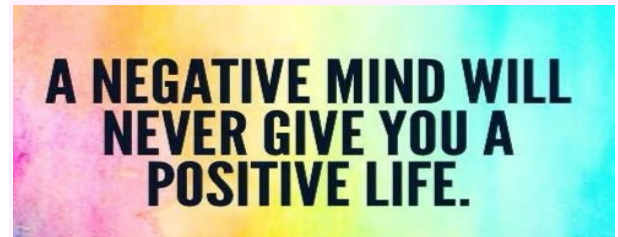
Focus on a problem, and it grows!

Direct attention to unfairness, and it magnifies!

Delve into thoughts of scarcity or inadequacy, and you invite more of those experiences into your life!

"When you focus on the good, the good gets better!"

Abraham Hicks



Your Problems:

Attempts to control, fix, or eradicate a problem grows it because attention fuels it.

Shifting focus away from the problem withdraws the energy, causing it to collapse, much like removing oxygen from a fire.

Talking about our problems is our greatest addiction:

Break the habit.

Talk about your joys to experience more joy!

"You cannot solve a problem with the same thinking that created it."

Albert Einstein

Emotions Are Indicators:

Your emotions act as indicators of your vibrational frequency.

Negative emotions signal an inner conflict in your vibration that impedes manifestation.

"You can't receive what you desire if your emotions and beliefs are at odds with it!"

What Are Your Emotions Telling You?

Your dominant emotions indicate your most prevalent vibration on each and every subject.

This emphasizes the importance of aligning your beliefs and thoughts with your desires.

"Your emotions are the slaves to your thoughts, and you are the slave to your emotions!"

Beliefs Are Just Practiced Thoughts:

Beliefs shape your reality, and yet, they are merely thoughts you persist in thinking.

Negative feelings, such as anger or fear, arise to alert you to the stories you are believing.

"Love in your mind begets love in your life, fear begets fear!"

"Negativity is like a virus, it spreads easily and destroys everything in its path." – Unknown

You Instruct Thoughts:

The truth is that your emotions and thoughts respond to your instructions.

Once you replace your thoughts with positive ones, you will start having positive results.

"Change your thoughts and you change your world!"



An arrow can only be shot by pulling it backward. When life is dragging you back with difficulties, it means it's going to launch you into something great. So just focus, and keep aiming.

It's Always Your Choice:

Happiness and love are inner choices, and you can influence your experiences by consciously directing your focus.

Despite external conditions, you can control your attention, deliberately choosing what to focus on.

"Choosing happiness and love IS an internal decision!"

So Purposely Choose:

The more you attune and put positive attention towards your desired frequencies, the more momentum you build toward manifesting it.

Whether you seek love, happiness, or abundance, your focus determines the outcome.

Choosing and focusing on what you want amplifies the momentum toward manifesting it in your reality.

"Everything in your life is a reflection of a choice you have made. If you want a different result, make a difference choice!"

Make No More Excuses:

Everything you perceive externally is felt and heard within you.

Resist spending time on excuses or justifications for an undesirable life.

"Collect evidence of what you desire rather than what you don't want!"

Stop Feeding the Negative Forest:

Some individuals carry an emotional burden — an energy ball of negative thoughts and beliefs that obstructs happiness and wellbeing.

It's like perpetually watering and fertilizing a forest of negative thoughts.

However, turning away from this internal forest and sitting in the field of clearer space allows wellbeing to flow in.

"We can't always change what is happening around us, but we can change what happens within us!"

Every negative thought is a down payment on your failure.
Every positive thought is an investment on your future.

How To Clear Mental Space?

This can be achieved through letting go, meditation, positive self-talk.

"Meditation is to be aware of every thought and of every feeling, never to say it is right or wrong, but just to watch it and move with it!"

Be An Observer Rather Than a Reactor:

Being an observer entails conscious awareness without judgment or assumption — just sitting in the space of unconditional love.

"Choosing to highlight, not label, will change your mental channel to a better feeling one!"

You Are a Storyteller:

Remember, your mind tells you stories. A thought is harmless until believed! Just because you think it doesn't make it true!

"Destroy negative thoughts when they first appear. This is when they are at their weakest!"

You Are Here to Write Your Own Story:

Your beliefs, thoughts, and emotions script your experiences, and you have the power to change your story at any time.

"Whether you think you can, or you think you can't — you're right!"
Henry Ford

When a negative thought enters your mind, think three positive ones. Train yourself to flip the script!

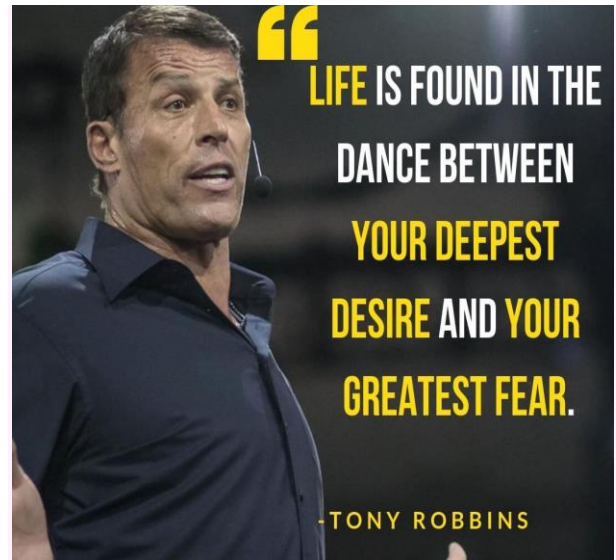
Practice A Better Story:

Yes, it requires time, practice, and focus!

You are a story in motion, and your thinking decides whether you are happy or not!

Be the main character in your narrative, by understanding that happiness is a product of your thinking.

"If a thought doesn't make you happy, change it!"



Change The Channel:

Channel your inner camera, focusing only on what you love and what brings you bliss.

Love and bliss are energy frequencies!

Tune in to and focus only on what you love!

"Look through the loving eyes of source energy, rather than through lack and limitations!"

Get into the habit of asking yourself honestly, "Does this support the life I'm trying to create?" If not, release it.

Remember...

Your mind can be a miracle maker, or a misery manufacturing machine!
The choice is always YOURS!

"Once you replace negative thoughts with positive ones, you'll start having positive results!"
Willie Nelson

Make 2024 a JOYFUL year by finding VALUE rather than fault in your world!

By Trish Bolstad

UPCOMING EVENTS

Mix of Open Development and Healing:
From 7pm to 9pm Mondays:
NO Classes for Jan

Cost per Open Development/Healing
class:

\$5 for members

\$10 for non-members

All welcome!

For all enquires contact:

Matthew Tod Ph: 021 1736344

Calendar for January 2024

Sunday Service:

5.30pm to 7.00pm Platform Mediums:

7 th	Welcome Back
14 th	Matthew Tod
21 st	Clinton Arnold
28 th	Trish Bolstad



South Auckland
Spiritualist Church

Reading Day

2nd March 2024

10:30am to

3:30pm

Please see attached flyer
for more Details.

Visiting International Mediums:

**Kerry McLeod and
Philip Dykes**

**Mediumship Demonstration
evening: 22nd March 2024**

For More information go to

<https://www.spiritualgrowth4u.com/international-medium-dem>

Workshop options:

5 or 3 or 2 days

20th to 24th March 2024 for
information and bookings go to

<https://mymediumship.com/events/the-auckland-mediumship-experience>

Love and Light to you all



Yearly Subscriptions: \$30 to join per year.

Member benefits:

**Discounted Reading days and classes and
access to our library.**

Our members are welcome to borrow from an
extensive range of books from our library.

All funds raised go towards the running and
upkeep of our Church.



MYMEDIUMSHIP.COM

The Auckland Experience

Intensive Mediumship - Deepening Your Connection

5 Day Course with South Auckland Spiritualist Church

With 2 & 3 day options

For More Info Contact: Shirley Anne Sharp 0274826000



Philip Dykes & Kerry McLeod

Phil and Kerry are known globally for their standards, The demand for their work is high, due to their understanding, knowledge, and mediumship quality, which has taken them into the media arena, such as Netflix, multiple radio shows and theaters.

The Workshop

Spend five days in a spiritual setting, taking a deeper dive into your mediumship. (There are also 2 and 3 day options.)

Receive one-on-one feedback, personal guidance, individual tutoring and support, directly from Phil and Kerry, as they share with you their wealth of knowledge, experience and understanding. Wed 20th, Thurs 21st, Fri 22nd, Sat 23rd & Sun 24th March 2024



The Documentary

Evidence of the Afterlife - Saving Evidential Mediumship with Philip Dykes and Kerry McLeod.

The 2nd film from We Don't Die Films is now in production, filmed and Directed by Robert Lyon, who will be present at this.



The Demonstration

Demonstration of Mediumship - Friday 22nd March 2024, cost \$20 Per Person, Organised by the Church.

To Book please email: events@spiritualgrowth4u.com



www.mymediumship.com

South Auckland Spiritualist Church

READING DAY

- Saturday 2nd March 2024 from 10:30am to 3:30pm
- 47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland

*Are you looking for clarity or direction in your life?
Or the opportunity to connect with family, loved ones and friends in Spirit?
Or simply just want to experience a Reading?
Here is your opportunity!*

Ticket options (all sessions are 20 minutes)

- 1 Reading (Any 1 session) – members \$20, non-members \$30
- 2 Readings (Any 2 sessions) – members \$30, non-members \$40
- 3 Readings (Any 3 sessions) – members \$50, non-members \$60

If you would like consecutive sessions, we recommend you book. However, pre booking is not required but this will give you some choice of time. You can turn up on the day and put your name down for a reading – on a first come first served basis.

Door tickets are cash only.

Membership forms are available on our website - www.spiritualgrowth4u.com or available at the Church

Payment: All bookings must be pre-paid and email your choice to events@spiritualgrowth4u.com

Internet banking: 06 0197 0037869 - 00

Reference: your name and option 1, 2, or 3 Readings.

- *FREE Readings will also be available from our up-and-coming Mediums in development.*