

South Auckland Spiritualist Church SCNZ™
SPIRITUAL CONNECTION & HEALING
 All Welcome
 Sunday Service 5:30pm
WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4U.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

Newsletter April 2020



**Due to the Covid-19 NZ lockdown
 There will be no services for April
 All classes and events are cancelled
 until further notice.**



Phases of the Moon during April
 First Quarter – Wed 1st, 11.21 pm
Full Moon – Wed 8th, 2.35 pm
 Last Quarter – Wed 15th 10.56 am
 New Moon – Thu 23rd, 2.27 pm

In consciousness there is no such thing as a physical body, when we come to this group, we come from our soul, if we find ourselves returning to the headspace, we become conscious of this and ground ourselves and go back into the consciousness that we know and understand to be our true self.

As we seek this enlightenment, we will become aware of all our senses, we will begin to understand ourselves more, control ourselves, instead of being controlled by our thinking.

We will learn to accept others for their differences for we will understand why God has placed those people around us, and we around them.

Even if we are in others company, we are going to be aware of how our consciousness can raise us to where it is, where it is that we want to be.

From this minute every time we find ourselves tempted to indulge in some of the lower forms of vibration, negative human thinking, we must lift ourselves out of that realization. In this way we begin lifting ourselves higher and higher in consciousness. Our lives improve as a natural state of our consciousness. As our consciousness continues, and as we turn within you will know Gods spirit, you find those all encompassing stories of Gods plan and reasons for happenings, we will be closer and better able to connect with others, having an empathy and understanding with our fellow human beings.

Albert Einstein wrote this; "A human being is a part of the whole called by us Universe, a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest, a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to the affection of a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty".

Inspirational writing, Susan Kirker

Prior to the issuing of Level Alert 4 lockdown, the committee had been in close contact and had issued the following letter, which I include here, as there is important information included.

Please stay safe everyone, and there will be a midmonth newsletter to come out mid-April.

To all friends of the South Auckland Spiritualist Church

“The leadership of the Church, being the Trustees, the Ministers, the Committee & the Teachers have convened, and the decision has been made to close the church until further notice, effective immediately. This is due to the spiralling Covid-19 situation.

All of the services that we have provided to date – the Sunday service, the healing, open development, soul connection, awareness and meditation classes are on hold, together with the “Exploring Your Mediumship” workshop with Val Game, which was to be have been held on March 28th.

We are still here though, willing and available to help with continued spiritual support, only in the new way that fits our current times, which is communication-based. These are trying times for many and we ask that you consider us and see if we can help you in any way.

Our frontline contacts are: – our two Ministers, Susan Kirker, 021 285 3396 and Matthew Tod, 027 205 1265 and our President, Karena Dixon, 0220 644 637. We are all available through our email address, info@spiritualgrowth4u.com . None of us have formal qualifications in counselling, but we are each practicing mediums, registered Spiritual Healers, and Teachers in our Spiritualist community, & we are committed to help anyone with their spiritual growth and development. We do that with prayer, with healing, with respect, and we can assure confidentiality.

Going forward, our leaders will convene every 3 weeks then update you of our intentions. We will also continue to issue our monthly newsletter – in fact, we would welcome any inspirational writings or articles from you. There is also a part that you can play in our group absent healing, if you’d like to register your interest by email.

For now, we wish you peace and good health in these world-changing times.

Karena Dixon

President



We have always been with you.

Take this time to sit with us as we guide and support you on your journey.

This time like many, is simply a transition

A way to cleanse what no longer serves you and to help guide you in a direction of alignment.

We encourage you to focus on what matters most deep within your soul.

Forge the material and external pressure and walk this path with us as we show you clean air, fresh water, and a world that is meant to help you fulfil your dreams instead of working to only struggle more.

Free yourselves of the worries that hold you hostage.

The only hostage at this moment is your fear of surrender.

We hold you close in this time of need.

Trust us for this will be the most beautiful time of your life if you surrender.

Spirit, via Colby Rebel



As a reminder to all empaths, light workers, star seeds and energetically sensitive souls, whether you feel it or not, please continually cleanse your energy field throughout the day by saying silently or out loud, "May the energy I'm sensing from others be cleared away, transmuted completely and returned to Source now. And so it is."

We are all in this – together as One
All for love

Matt Kahn

The following is a continuation of our excerpts from White Eagle.

This is from the book *The Quiet Mind* – sayings of White Eagle, and is Chapter 7

Now this bit is my opinion, but I feel the need to comment ... Many people are put off by the words Christ and God, but I think it's important to remember the context and timing of when things are recorded. This book was first published in 1972. I know I refer to my God as Divine Spirit, but he/she is still God... "A rose by any other name would smell as sweet"

My suggestion would be if you do not like the terms Christ or God, to replace it with what feels comfortable for you. The words themselves are not important, it is the intention behind them.

I wish no offence with my words; I just dearly wish anyone who reads this excerpt to feel the strength and light that is carried within.

... Is a Tower of Strength and Light

The Victor

You are spirit – this is all you need to know; and spirit is triumphant over matter.

Throw off your chains

The Great Spirit, the golden One, the source of all life, will not fail to raise you up if you will allow yourselves to be raised. You keep yourself in bondage, in chains! Throw off the chains of this earthly darkness and see yourself as you truly are, a son-daughter of the blazing golden light of the Sun.

Rise into the Sun

However difficult your pathway is, my child, daily seek the glory of the God-life. Soar, in your higher mind, in what the world calls your imagination; rise into the glorious light of the spiritual Sun and know that this light is the recreative force which will flow through you, causing every ill to fade out of your body, and crooked places to be made straight.

Christ is King

You are a bearer of the light, for you are as the Divine Mother, bearing within you the light of the Son. Take this light out into the world to bless and to heal and quicken the vibrations of the whole world.

Your Greater Self

When the will to become Christlike grows strong in the heart, it causes an opening in the consciousness for the greater self to descend into the physical body. You think that your physical body is you, but it is only an infinitesimal part of you. If you would contact your true self, go into a place of quiet to commune with your Creator in your heart. Then you will rise in consciousness. That great light to which you rise, is, you will find, the divine self – you, yourself, your own divinity, the real you. By opening your consciousness to this divine self your whole vibrations will be quickened and your body become purified.

The Magic Presence

The Christ within you is king ... every particle, every cell of your body, is subject to the divine power and glory. Realize the divine magical presence within you. The light overcomes all darkness.

Look to the Star

When you are in the shadows, or you feel that the shadows are near, remember to look up, to visualize the blazing Star above you in the spirit spheres, and to feel its strength, its steadiness, its radiance, pouring into your heart. Go forward in confidence and in full consciousness of the light of this Star shining upon you.

Walk in the world as a child of the light

You are spirit, you are immortal, you are a radiant being, a child of God! Live in your spirit and allow nothing to bind or limit you.

Above the clouds

It is easy to be cheerful when there is everything to be cheerful about, but not so easy when the earth is shrouded in darkness – at these times your test comes. It is easy to be kind when everyone is kind, easy to be loving when others are loving. But in this there is little credit. The wise soul knows the light is shining in the heavens even when the shadows are dense. Thus when you raise your consciousness above the clouds you will know that the Sun is shining and that the life of Christ is the only enduring life.

Others look to you

Do not be beguiled by the attractions of materialism, or by the sorrows and anxieties which your karma brings. Have courage, for many depend on you, your thoughts, your attitude; they are looking to you and unconsciously recognize in you a light. They know that you have something which is helpful and

good. Keep the light shining in your heart and mind, and remember the great privilege which has been given to you to help lead them onward and upward to the glorious morning Star.

Send out the light

What do we mean by sending for the light? Give out the love which you feel in your heart, and it goes forth as a light. If you could see yourselves when you are truly sending forth the light, you would see a great radiance flowing from your heart – from your head in many cases. Your aura would be shining. You would see the rays penetrating to the limitless degree; you would see the light flowing from you, touching the heart, the understanding, even the physical life of all.

The whole armour of God

When you earnestly send out the thought of love and light, you surround yourself with light – as you give you receive. The light which you send forth from your heart not only dispels the material and erroneous thoughts of others; it also creates a protective shield around you. This is what it means by the words, “Put on the whole armour of God”

God is merciful

The karma of the individual can be transmuted by the power of the Christ-spirit. We so frequently hear the thought; “Oh, it is my karma, I must accept it”. It is true that you must accept divine law, but divine law is merciful, and the love of the Christ growing in your heart can release your soul from bondage.

Healing from the sun

Basically all healing is the intake into the body of the eternal Sun, the light. If you can call upon this light, breathe it in, live consciously in this light, it will actually control the cells of the physical body. The body is so heavy, material life so strong, that you forget the power of God to recreate tissue, to recreate the living cells of your body.

When shadows group around you

As a servant of the Christ you must never lack courage. It is a temptation to do so, for the shadows group around you and tempt you to be weary, to have no confidence; they tempt you to say, “I am no use”, and to have what you call an inferiority complex. Never doubt the power of God to work through you. To think you are no good is to doubt God’s power.

See the Best

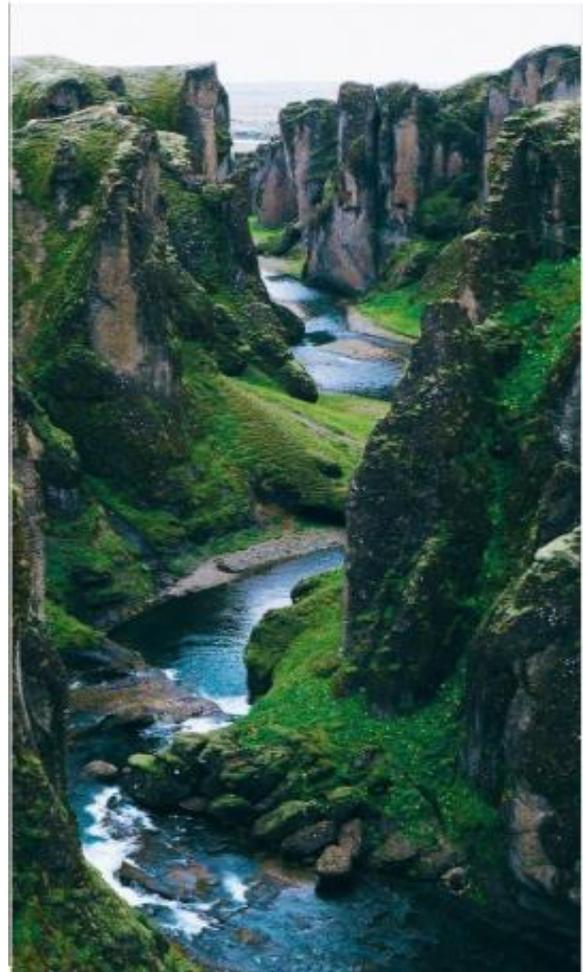
Do not despair; do not dwell on the negative side of any situation, for you will do no good by this. Always put into operation the forces of construction. Believe that good will come, that the best is coming, and it will. We shall never forsake you. We also are God’s children and agents of the Great Spirit. We shall never forsake you dear brother, dear sister.

The Breath of Life

Relax mind and body and breathe slowly and deeply. As you breathe in, try to imagine that you are filling every particle of your being with God, with God’s breath. As this love fills your heart and mind, every atom, every cell of your body will be filled with perfect life.

The only reality

Now be happy, be filled with joy and look forward into the light. Live and move in that golden eternal light, and know that nothing can hurt you. The only reality is the light, I God, is love.





In one magically mysterious nanosecond, we made the transition from nonbeing to being. A sub-atomic particle of human protoplasm emerged from Spirit, and everything that was needed for the journey we call life was taken care of. An invisible force that I call a future-pull was set in motion, filling in our physical characteristics. Our ultimate height; body shape; eye, skin, and hair color; wrinkles that would someday appear; and, of course, the business of our body ceasing to be alive, were all arranged, without our having to do a thing about it.

Dr Wayne Dyer



INTERESTED IN BECOMING A MEMBER?

Subscriptions for the current year.

\$30 to join for the year 1st July 2019 – 30 June 2020. **Receive discount at classes and reading days and access to our library.**

Please enquire at Church.

Members are welcome to borrow from an extensive range of books from our library, for just a gold coin donation.

Our trade table at the back of the church next to the library is also a gold coin donation.

All funds raised go towards the running and upkeep of our church.

Committee Jul 2019 - Jun 2020

President:	Karena Dixon
Vice President:	Barry Hall
Secretary:	Gina Smith
Treasurer:	Anne Pope
Committee:	Shelley Hornell
	Annette Brooks
	Brent Wassell
	Lee Ann Storm
	Vicki Clarkson
	Vivienne Smith

Ministers:	Susan Kirker
	Matthew Tod

Our point of contact for Reading days and Mediums on platform is Shelley Hornell. Shelley can be contacted at shelleyatchurch@gmail.com

THOUGHT FOR THE MONTH

ALL THE POWERS IN THE UNIVERSE ARE ALREADY OURS. IT IS WE WHO HAVE PUT OUR HANDS BEFORE OUR EYES AND CRY THAT IT IS DARK

SWAMI VIVEKANANDA



If anyone has any potential contributions for the newsletter e.g. events, guided writing, items of interest, etc,

please email me at annepope8@hotmail.com



Love and Light to All