#### South Auckland Spiritualist Church SCNZ™



#### SPIRITUAL CONNECTION & HEALING

#### All Welcome Sunday Service 5:30pm

#### WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4U.com 47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

------ Newsletter July 2023 -----

#### **NEWS:**

Hello everyone and welcome to July. Let me start off by saying it's been yet another wet month. It has not been inviting to venture out in the rain.

To those that brave the wet weather and make it to the Sunday services and classes thank you. Without you we cease to exist, and many will suffer from not getting the physical interaction with like-minded people and the wonderful experience a platform Medium can give through the Address. Reading, and Mediumship demonstration. Of course, then there is the ongoing education that the church offers for those of you that wish to learn more about Spirit, or for your own personal Mediumship abilities that lies within each and every one of us.

"Exciting News." It is with Great pleasure we wish to announce a new group starting on the 12th of July 2023, called Evidential Mediumship Development.

This will be run by Shirley Anne Sharp, a new member to SASC.

Shirley Anne brings extensive training and knowledge from both here in New Zealand and Internationally, so we are truly fortunate to have her take up this role with us.

This gives us the opportunity to offer a full suite for your Mediumship development from beginner to advanced.

Join us to enhance your Mediumship abilities and explore your spiritual potential. For more information please see under Notices at the back of newsletter or go to https://www.spiritualgrowth4u.com/evidential-mediumship-develoment-group

Last month I made mention of Sarah Jeffery 2 Day Workshop, Soulfully Speaking, which we are hosting. It was completely sold out within a few days of its release, so what an amazing response! But there are still places available for her Mediumship Demonstration Evening for which I suggest you register your interest now rather than later as places are limited, and filling up fast. Go to: https://www.spiritualgrowth4u.com/visting-international-mediums-workshops for registration details.

From the 20th to 24th of March 2024 visiting international Mediums Kerry McLeod and Philip Dykes from the UK will be presenting a 5-day Workshop along with a Mediumship Demonstration Evening on the 22<sup>nd of</sup> March.

Kerry and Philip have a large media presence offering Spiritual education and running large services such as the Sunday Gathering held online.

They have extensively travelled throughout the world doing live Workshops/Events.

Their aim is to educate the truths of mediumship and the reality of the Spirit world to those that wish to learn or are seeking to find their own truths. Phil and Kerry have also worked on national and international radio, international television, internet podcasts, and taken part in university scientific experiments and investigations. https://mymediumship.com

We are truly blessed to be given this opportunity to host these Mediums and their Workshops/ Demonstration evenings, that are sure to be packed full of knowledge and fun.

For more event information and booking details please go to:

https://www.spiritualgrowth4u.com/visting-international-mediums-workshops

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ for updates or our Website - https://www.spiritualgrowth4u.com/ for membership forms or alternatively you can fill out a form at the Church.

# The Power of Contextual Conversations: Transform Your Life Through Meaningful Connections!

Being a kind spiritual person is not just about what you say, but also about how you say it and the **intention** behind your words.

The quality of your life will not change much by changing the content of your conversations, but it WILL change greatly by changing the context of your conversations!

#### In other words...

It's not so much about 'what' you are talking about - CONTENT.

It is **'how'** you are talking about it - **CONTEXT**!

Deep conversations with the right people are priceless.

"While the content of a conversation may provide specific information or ideas, it is the **context** that facilitates the tone, intention, emotion and outcome!"

What we see, think, say, and believe about ourselves, about others and about things happening around us, is the **context** that shapes us as a person and creates the quality of our lives.

Our **context** is made up and seen through our perceptual lens of beliefs, emotions, assumptions, labels, and meanings we have given to the content.

"The **context** of your life is more influential in shaping the quality of your life than the specific content of your interactions and experiences!"

While the content of your life is not entirely within your control, you always have the power to shape the **context** in which you experience and interpret that content.

Bad communication ends a lot of good things.

Good communication ends a lot of bad things.

How to bring meaningful context to your conversations:

#### Compassion:

Approach conversations with a compassionate heart.
Seek to understand others feelings, struggles, and challenges.

"This involves expressing empathy, actively listening, and speaking with love and respect!"

#### Compassionate Listening:

Practice attentive listening, showing genuine interest in the speaker, and giving them your full presence.

"Making the other person feel heard and valued fosters connection and understanding in conversations!"

#### Kindness:

Speak with gentleness and focus on promoting kindness, unity, upliftment, inspiration, and respect for all individuals.

"Refrain from gossip, spreading rumours, or engaging in criticism or hurtful speech!"

#### **Humility:**

Remain humble and open minded, recognizing that you do not possess all the answers.

"Be willing to learn from others and acknowledge your own limitations and biases!"

#### Integrity:

Be authentic and truthful in your conversations, maintaining honesty and integrity in all interactions.

"Align your words with your actions!"

#### Non Judgment Attitude:

Don't jump to conclusions or make assumptions about others.
Avoid judging or criticizing others during conversations.

"Cultivate a mindset of acceptance, recognizing that everyone has their own unique journey and perspective!"

#### **Cultivating Empathy:**

Recognizing and empathizing with the emotions and experiences of others creates a compassionate understanding and deeper connection.

"Put yourself in other shoes and respond with kindness and empathy!"

#### **Emotional Awareness:**

Be attuned to your own emotions and those of others during a conversation.

"Respond with sensitivity and consideration, validating others feelings and offering support when needed!"

#### Non verbal Communication:

Pay attention to your body language, facial expressions, and tone of voice. "Aim to convey openness, warmth, and sincerity!"

#### Non Attachment:

Remain detached from personal agendas, outcomes, or the need to be right.

"Focus on the growth and wellbeing of all involved!"

#### **Respecting Diversity:**

Recognizing that others may hold different opinions or come from diverse backgrounds, allows you to approach the conversation with an open mind and a genuine willingness to understand and respect their point of view.

"Without diversity, creativity remains stagnant."

Communication is power. Those who have mastered its effective use can change their own experience of the world and the world's experience of them.

All behavior and feelings find their original roots in some form of communication.

Tony Robbins

# How improving the context of your conversations will CHANGE your life:

### Perspective, Belief Systems, and Mindset:

The way you perceive and interpret the content of your life greatly influences your overall experience.

By adopting a growth oriented mindset, such as embracing learning opportunities and seeing failures as stepping stones to success, you can expand your potential and experience greater personal growth.

"Changing limiting beliefs or negative thought patterns can open up new possibilities and positively impact all areas of your life!"

#### **Values and Priorities:**

Aligning your actions and decisions with your authentic core values and what truly matters to you, will create a sense of purpose and fulfilment enhancing the overall quality of your life.

#### **Emotional Wellbeing:**

The context you talk about, reflect upon, and in which you experience life, affects your emotional wellbeing.

By developing emotional intelligence, practicing self care, and fostering healthy coping mechanisms, you can navigate life's ups and downs with greater resilience and inner balance.

#### **Personal Growth and Self Awareness:**

The context of your life provides opportunities for personal growth and self awareness.

By seeking continuous learning, embracing challenges, and engaging in introspection, you can evolve, enhance and expand your potential.

#### **Relationships and Connections:**

The context in which you engage with others greatly impacts your relationships and sense of belonging.

By cultivating meaningful connections, practicing empathy, and fostering a supportive environment, you can enhance the quality of your social interactions which impacts your happiness, personal growth, and overall life satisfaction.

#### **Deeper Understanding:**

The context of a conversation provides a broader perspective and deeper understanding of the situation at hand.

It allows you to consider various factors such as the emotional state of the individuals involved, their beliefs, cultural background, and personal experiences.

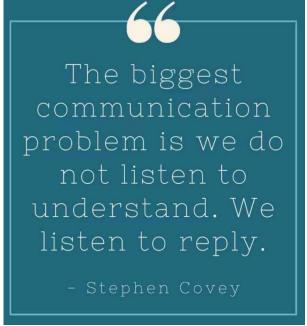
This understanding helps you approach the conversation with empathy and compassion, fostering a sense of spiritual kindness which contributes to a more fulfilling and enriching life

#### **Mindful Presence:**

Being aware of the context helps you be present in the moment and attentively listen to others

It enables you to pick up on subtle cues, non verbal communication, and underlying emotions that may not be explicitly expressed in the content of the conversation.

"By being fully present, you can respond in a way that aligns with your spiritual values and promote kindness!"



#### **Shifting Perspectives:**

Changing the context of life involves transforming the way you perceive and interpret your experiences.

By cultivating positive and empowering perspectives, such as gratitude, optimism, and resilience, we can navigate challenges more effectively and find meaning in even the most difficult situations.

#### **Conflict Resolution:**

The context of a conversation can shed light on any underlying tensions or conflicts.

By considering the context, you can navigate disagreements with patience, understanding, and compassion.

"Seeking common ground, finding solutions that are mutually beneficial, and promoting harmony are essential aspects of being a kind spiritual person!"

#### **Intention and Energy:**

The context of a conversation includes the underlying intention and energy that drives the interaction.

A spiritually kind person strives to cultivate positive intentions, such as love, compassion, and authenticity.

"A well connected person seeks to uplift and inspire others through their words and presence."

Enhance the overall quality of your life by creating an environment that encourages spiritual growth, fosters kindness, and nurtures meaningful connections with others.

"You must be the change you wish to see in the world."

**Have meaningful conversations** that embody love, compassion, wisdom, and self reflection.

By creating a more positive, mindful atmosphere, you will promote spiritual growth that greatly contributes to creating a more harmonious and connected world.

#### Remember:

Everything is energy! Your thoughts begin it, your emotions amplify it, and your actions increase its momentum!

### So be someone whose context nourishes other souls!

By Trish Bolstad

#### **Yearly Subscriptions:**

\$30 to join per year. Member benefits:

Discounted Reading days and classes and access to our library.

Our members are welcome to borrow from an extensive range of books from our library.

All funds raised go towards the running and upkeep of our Church.



### **SASC AGM**

16<sup>TH</sup> July Please see attached flyer for details.

## **READING DAY**

Saturday 29<sup>th</sup> July Please see attached flyer for bookings/details.

# Calendar for July 2023 Sunday Service: 5.30pm to 7.00pm Platform Mediums:

2<sup>nd</sup> Ronald Jones 9th Clinton Arnold 16th Bruce Jackson 23rd Jane Koch 30<sup>th</sup> Matthew Tod

#### July Classes-

Mix of Open Development and Healing From 7pm to 9pm Mondays: -3rd, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31st

Cost per Open Development/Healing class.

\$5 for members \$10 for non-members

All welcome!

For all enquires contact: Matthew Tod Ph: 021 1736344

New group -

**Evidential Mediumship Development Being the Modern Medium** 

Dates for July: - 12th, 19th, 26th.

Times: - 7pm to 9pm

Bookings essential as this is a 12-week block.

For more information and bookings call Shirley Anne - 0274 826 000

#### Visiting International Mediums:

Sarah Jeffery

Mediumship Demonstration 22<sup>nd</sup> Sept 2023 (Seats still available)

2 Day Workshop 23rd-24th September 2023 (Workshop now SOLD OUT)

https://www.sarahjeffery.com.au/

#### Kerry Mc Leod and Philip Dykes

Mediumship Demonstration 22<sup>nd</sup> March 2024, 5 Day Workshop 20<sup>th</sup> to 24th March 2024 https://mymediumship.com

#### More details/Bookings go to:

www.facebook.com/SpiritualistchurchNZ https://www.spiritualgrowth4u.com/

# READING DAY

By popular demand South Auckland Spiritualist Church is having another EVER-POPULAR READING DAY

- Saturday 29th July 2023 from 10:30am to 3:30pm
- 47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland

Are you looking for clarity or direction in your life?
Or the opportunity to connect with family, loved ones and friends in Spirit?
Or simply just want to experience a Reading?
Here is your opportunity!

Come a long for a **FREE Reading** from our up-and-coming Mediums

Open Development table.

Ticket options (all sessions are 20 minutes)

- 1 Reading (Any 1 session) members \$20, non-members \$30
- 2 Readings (Any 2 sessions) members \$30, non-members \$40
- 3 Readings (Any 3 sessions) members \$50, non-members \$60

If you would like consecutive sessions, we recommend you book. However, pre booking is not required but this will give you some choice of time. You can turn up on the day and put your name down for a reading – on a first come first served basis. Door tickets are cash sales only.

Membership forms are available on our website, or at Church www.spiritualgrowth4u.com

- Payment: All bookings must be pre-paid and email your choice to events@spiritualgrowth4u.com
- Internet banking: 06 0197 0037869 00
   Reference: your name and option 1, 2, or 3 Readings.

# "BEING THE MODERN MEDIUM" EVIDENTIAL MEDIUMSHIP DEVELOPMENT GROUP

Join Shirley Anne Sharp for a transformative 12-Week Mediumship Course. Deepen your Spirt world connection and expand yourmediumship

- Moving your mediumship forward with in depth teachings on the techniques and concepts of Mediumship.
- Understanding and dealing with the No
- Understanding and deepening your evidence
- Bring you closer to your spirit contact through the art of surrender/blending.
- immerse yourself in interactive exercises to develop your intuition and psychic abilities, deepening your evidence.
- Practical exercises to enhance your connection and accuracy with the spirit world.

  Call Shirley Anne 027 4826 000
- Understanding and delivering a message
- Personalised guidance and feedback tailored to your unique strengths and knowledge.
- A modern approach to mediumship.



https://www.spiritualgrowth4u.com/evidential-mediumship-develoment-group

Due to the personalized nature of this class, spaces are limited. Don't miss out on this incredible opportunity to transform your mediumship journey!

For more information go to -

https://www.spiritualgrowth4u.com/evident ial-mediumship-develoment-group



#### South Auckland Spiritualist Church SCNZ™



# Mediumship Demonstration Event With Sarah Jeffery



Come along and join us for a fun filled evening of Mediumship demonstration from visiting International Medium Sarah Jeffery this will be an event not to be missed.

Time and location - 22 September 7pm to 9pm 47 East Tamaki Rd. Papatoetoe, Auckland Cost - \$20 NZD All bookings must be pre-paid and email to book

events@spiritualgrowth4u.com

Internet banking: 06 0197 0037869 - 00 (Please reference your name, and event, - SJ Dem)
Door Sales will be available, but seats will be limited, booking is highly recommended.



#### Some Of What You Will Gain:

- Understand your mediumship and what is needed to take it to the next level.
- Getting the best out of your quiet time with spirit.
- Looking behind and beneath the evidence to deepen it, to tell the story of life.
- Mastering the private reading.
- Improving your presentation and demonstration skills.
- Understanding how your own Clairvoyance, Clairaudience and Clairsentience works.
- Understand how who you are is shaping your mediumship.
- The ethics and responsibilities associated with mediumship practice.
- Cultivate personal empowerment through self-awareness and self-confidence.
- Overcoming fears and limiting beliefs

For more information go to -

https://www.spiritualgrowth4u.com/visting-international-mediums-workshops



# South Auckland Spiritual Church AGM

Its that time of the year again if you would like to be part of behind the scenes of running SASC please register your interest to one of the current Committee members. All positions will be available as listed below; all nominations must be a current member of SASC.

#### Date and place

Sunday 16<sup>th</sup> July 2023 47 East Tamaki Rd (down Simons Lane), Papatoetoe, Auckland

#### Time

7.20pm (After Sunday Service)

#### Available Positions

President
Vice President
Secretary
Treasurer
General Committee