

~ Spiritual Awareness Centre ~

47 East Tamaki Road, Papatoetoe (down Simon Lane)

SEE OUR WEBSITE www.spiritualgrowth4u.com ALSO ON FACEBOOK

Monthly Newsletter for February 2012



Hi everyone! Our groups and classes recommence after Waitangi Weekend so I hope you will take advantage of what's on offer - see "What's on" for more info. Our Calendar of Events for the year can be found on our website, as well as information about classes and events, some interesting links, and information about Spiritualism. You can also find us on Facebook. Please contact myself or one of the committee members if you need any other information or have any questions.

Now may be a good time to become a member of our centre if you haven't already done so as the Open Circle and Awareness Class are both discounted by 50% for members. Members also have access to our wonderful library which is full of inspiring books, some of them no longer in print. Membership is \$20 for the end to 30th Sept 2012. You can pay at the church on a Sunday evening, or post a cheque to The Treasurer, 7 Joyce Street, Papakura 2113. Love and light to all, Lesley
(email: lesley@spiritualgrowth4u.com ph 2999710)

☾ Phases of the Moon during February ☽

Full Moon - Sunday 8th at 10:54 am

Last Quarter - Sunday 15th at 6:04 am

New Moon - Sunday 22nd at 11:35 am

(First Quarter - Thursday 1st March at 2:21 pm)

SUN INTO PISCES Friday 20th February

WORLD SOUND HEALING DAY

Tuesday 14th February 2012

Join thousands throughout the planet for the 10th Annual WORLD SOUND HEALING DAY on Tuesday, February 14, 2012. At 12 noon (local time in your time zone), sound forth for 5 minutes with the "AH", created & projected with the energy of compassion and love, sending a sonic valentine to Gaia, our Mother Earth.

At that time, please go to <http://www.templeofsacredsound.org> to enhance the vibratory effect as we sound together for Global Harmonization—planetary peace and healing. Please visit this link: <http://www.healingsounds.com> for more information.

If you cannot tone at 12 noon, sounding anytime during February 14, 2012 will help create positive shift and change for our planet on World Sound Healing Day.

The fundamental purpose of your life is that you may find truth, truth which will be unveiled to you by your own inner self. As we search for this truth which lies buried deep within, the barriers erected by the outer self will vanish and we shall become free; free to hold communion with those we love in the beyond; free to contact the cosmic rays of life-force and healing; free to use them in the service of others; free to become *en rapport* with those beings who minister to humanity from the spirit.

From "Spiritual Unfoldment One" by White Eagle

Thought for the month. . .

"Wherever you go, go with all your heart." ~ Confucius

What's on in February?

Development groups recommence 9th, 10th & 13th Feb

Guided Meditation with Melanie

Fridays - 10th, 17th & 24th Feb 6.45pm to 9pm

Go on a journey within - find the wisdom available to us all - and take the time to just be. Open to all, this time is your respite from a busy week. After an opening prayer, you will be led through a guided meditation, then when completed, your leader will offer a spirit-inspired interpretation of what happened. \$5 donation.

Open Development Circle with Melanie & Karena

Sunday 12th Feb 1pm to 3pm

Learn how to develop your psychic faculties, connect to Spirit and practice the skills and activities you will need to master in a regular development group.

\$5 for members, \$10 for non-members.

Healing Class with Karena - Tues 14th Feb 7pm to 9pm

Learn to attune with your healing guides & be a channel for healing from Spirit. Many of our Mediums started their spiritual journey within healing & it is truly a way of giving service to others, as well as healing yourself. \$5 donation.

Awareness with Lesley - Sat 18th Feb 1pm to 4pm

The first step on the spiritual path is to "know thy-self". Based on the teachings of much loved and respected spirit guide White Eagle, this monthly class will allow you to look within to uncover hidden feelings and hurts that may be holding you back. A time of sharing, healing, and possibly a few tears, that will begin to set you free and allow the building of the connection with your higher self.

\$5 for members, \$10 for non-members

Healing Circle with Lesley, Matthew & Richard

Tuesday 28th Feb 7pm to 9pm

This new healing circle is open to all and is complimentary to the more formal Healing Class. It is a chance to come together and combine our healing energies to send to the Earth, the Outer Realms, ourselves and our loved ones. It is an opportunity for asking questions and discussing all aspects of healing including new topics such as trance healing, healing with crystals, the teachings of Louise Hay and others. Gold coin donation.

On platform in February (Service 7pm-8.30pm)

Sun 5th Lesley Haslip

Sun 12th Pam Hobbs

Sun 19th Norman Young

Sun 26th Susan Kirker

Service commences at 7pm sharp and includes spirit healing and a demonstration of spirit communication.

Sneak preview for March . . .

Reading Day Saturday 3rd March 10.30am to 2.30pm

On Platform Sunday 4th March - Maria Heke

(Pisces 19th February to 19th March)

Pisces is the twelfth Sign and the Zodiac, and it is also the final Sign in the Zodiacal cycle. Hence, this Sign brings together many of the characteristics of the eleven Signs that have come before it. Pisceans, however, are happiest keeping many of these qualities under wraps. These folks are selfless, spiritual and very focused on their inner journey. They also place great weight on what they are feeling. Yes, feelings define Pisceans, and it's not uncommon for them to feel their own burdens (and joys) as well as those of others. The intuition of the Pisces-born is highly evolved. Many people associate Pisceans with dreams and secrets, and it's a fair association, since those born under this Sign feel comfortable in an illusory world.

It's a pair of Fish that represents Pisceans, a symbol which prompts others to suggest that these people "go with the flow" and "don't make waves". Both of these labels are true, since Pisceans are fluid and easy-going, in keeping with the Mutable Quality assigned to this Sign. The fact that two fish (as opposed to one) represent the members of this Sign also speaks to the duality of Pisceans, their yin and yang sensibility. Pisceans alternate between reality and non-reality in keeping with their introspective natures; their voyage between consciousness and an unconscious dream state says much about their intuitive, almost psychic natures. For this reason, Pisceans can be hard to pin down, prompting some to call them the chameleons of the Zodiac. The fish are happy to be considered hazy, since there's a certain sense of safety in that self-proclaimed netherworld. That said, they won't stay away for long, since one of their primary goals is to help others. Pisceans are compassionate, charitable and will quickly put the needs of others ahead of their own. It's this kind of self-sacrifice which keeps these folks going. The flip side to their giving natures is that oft-timid Fish are likely to be taken advantage of by less well-meaning souls.

Pisces is ruled by the Planets Jupiter and Neptune. In ancient roman mythology, Jupiter (the original ruler of Pisces) was the king of the gods, while Neptune was the ruler of the seas. When Neptune was discovered in recent times, it was attached to this Sign. The pairing of these two heavenly bodies results in some unique energies being directed toward Pisceans here on Earth. Those born under this Sign are spiritually oriented and charitable. They are compassionate, easily feeling another's pain.

At times, however, Pisceans can have difficulty distinguishing fact from fantasy; they tend to get caught up in their dreams and views of how things should be. To say they wear rose-coloured glasses isn't much of a stretch. Pisceans who fear that their pleas aren't being heard tend to lapse into melancholy and, worse, the kind of pessimism which leads to procrastination and lethargy. At times like this, Pisceans are well-served to take some time for themselves, the better to find their centre once again. Many Pisceans also immerse themselves in the arts and other creative pursuits as a centering mechanism, & they are quite talented in these areas.

The Element associated with Pisces is Water. Those born under this Sign easily relate to the emotional and unpredictable nature of this liquid gold. Pisceans feel a great deal, and they also feel misunderstood much of the time. They're not quite pushovers, but they're certainly sensitive. Yes, they could cry you a river if the circumstances were right. Even so, they revel in their compassionate and imaginative natures and love to cater to others. They can also be quite romantic, dreaming up delicious treats for their lover. Hopefully, any kindness will be reciprocated, because the Fish can certainly turn blue if they're not. Pisceans are generally gentle, easy-going folk, who are on the shy and reticent side. They are modest to the point of impracticality, often stepping up on to show their talents in painting or music. Easiest for the Fish (and still great fun) is living in their lush dream world.

Next month : Aries

Theory:

That certain electro-magnetic waves are concentrated and condensed by the particular configuration of a pyramid shape.

Interesting and thought provoking results have emerged on tests on humans. These cover fields of physiology, psychology, metaphysics and magnetism may be involved.

Benefits have also been experienced when meditating on healing – relief from headaches, cuts, bruises, burns, relaxation, weight loss for obesity – after being exposed to the space within the pyramid shares. Hyperactive children are happier and calmer near pyramids.

Healing:

Ed Pettit – co-author of "Pyramid Power" badly damaged his hand in 1975 with an electric saw which gave him very severe injuries to all his fingers. Dr W E Dalton, on the 9 September, performed surgery on the fingers which were badly fractured, torn, and lacerated. Under the pyramid healing, his hand was functioning after two months and continued to heal to the amazement of Dr W E Dalton.

Use of Water:

Place a non-metal container directly under the peak inside the pyramid and leave for 5 to 7 days.

Use for drinking, as a skin wash, or shampoo for hair.

Purified and used for bathing, or drinking with amazing results, even to the extent of re-juvenation of the skin.

Milk (and other foods):

It remains fresh for several days. Homogenised milk has been known to last as long as 6 days before turning into yogurt.

Wine improves, coffee tastes better, fruit juices lose some of their acidity. Other foods have been stored on the shelf under the pyramid for a longer time.

Meat:

Dehydrates but remains edible.

Plant Growth:

Has been estimated at 150% above normal – flowers dehydrate but retain their form and colour.

Try Your Own Experiments With Food, Plants and Animals.

The Mind Has Its Own Limits

For further information of these – and larger pyramids – Phone Reg, on 278 3715.

"Generosity is the most natural outward expression of an inner attitude of compassion and loving-kindness. When one desires to alleviate the suffering of others and to promote their well-being, then generosity - in action, word, and thought - is this desire put into practice. It is important to recognize the "generosity" here refers not just to giving in a material sense, but to generosity of the heart" ~ Dalai Lama

YOUR COMMITTEE IS . . .

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Treasurer / Newsletter / Facebook page –

Lesley Haslip ph 2999 710 or 021 940633

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Other Committee Members – John Reid, Barry Hall, Linda Gardiner & Addrienne Showler

DON'T FORGET . . .

- ✓ Open Development Circle – Sunday 10th Feb
- ✓ Healing Class – Tuesday 14th Feb
- ✓ Awareness Class – Saturday 18th Feb
- ✓ Open Healing Circle – Tuesday 28th Feb
- ✓ Reading Day – Saturday 3rd March