

~ Spiritual Awareness Centre ~

47 East Tamaki Road, Papatoetoe (down Simon Lane)

SEE OUR WEBSITE www.spiritualgrowth4u.com

AND NOW ALSO ON FACEBOOK

Monthly Newsletter for February 2010



Thought for the month. . .

We're all on the same path. We're just at different places along that path.

From Staying on the Path by Dr Wayne Dyer

Hi everyone! We kick off the year with a bang this month with a special event each Wednesday evening, the first of which is a workshop on Spiritual Healing for Beginners. Our normal weekly classes starting back from Monday 8th February, and our new Spiritual Readers Book Club commence on the Saturday 27th and will be held on the last Saturday of each month. See What's on for all the details about these and our other events. Remember too to check the calendar on our website for up-to-date information about events going forward and also for a list of mediums on platform at the spiritual centres around Auckland. Hope to see you all at one or more events this month – take some time out for yourself and follow those promptings if something appeals to you!

Love and light until next time, Lesley.

THE ROSE OF LOVE

We love each one of you, and we are working to help you to grow the light within your heart. We look right into the heart and we know that every man and woman has within them the love of God. Look, my brethren, for that spark of light, of God, within your fellows, and approach that – if not verbally then in your heart. The light in the heart is pure spirit. Learn to be guided by the spirit, which is the love within you.

And remember, you do not walk the path alone. We know, more than you can yet understand, the difficulties and problems of your human relationship.

We know that problems arise and mistakes are made, for there is also that in every human being which is weak. When another slips up, and does or says something you think is wrong, remember, you do not know the whole truth, you only see a tiny aspect of the picture. You know neither the karma nor the weakness and temptation of another and therefore you cannot judge. We cannot judge, but we can all love, and all have to learn the meaning of love. Love is service to God. To love is to serve the God in your brother. Be true to God.

Meditation

Now, withdraw into the temple of your heart. Meditate on the perfect pink rose. The rose lies on the altar in the temple of the heart. Its petals are opening to the Sun – every petal living and glowing with light. And there is ineffable light in the heart of the rose. Become enfolded in those petals, in soft pearly light. You are in the temple of the rose, the Sun pours down into the heart . . . the Sun is the Christ-being, all love. You are part of Him and one with all humanity, in the heart of the rose.

From "The Still Voice" White Eagle Publishing Trust

Life is an attitude. It's what you choose to believe –always.

What's on in February ?

Spiritual Healing for Beginners Wednesday 3rd Feb 7pm - 9pm
This workshop led by Lesley will cover the concepts and background to spiritual healing, including recognising Spirit's presence, healing meditations and the teachings of Silver Birch. Cost \$10 members and \$15 for non-members (includes booklet)

Mediumship Workshop Saturday 13th February 10am to 3pm
Join like-minded people seeking to understand and strengthen their attunement to Spirit. A day of discussion, group work, fun and sharing led by Janet Mullineux. LIMITED to 20 people - register now to secure a place. Email lesley.haslip@hotmail.com or ph 2999710.

The Ten Most Important Lessons from Conversations with God
Wednesday 10th and Wednesday 17th February 7pm - 9pm
Discussion session on Neale Donald Walshch's ten most important lessons from the first three "Conversations with God" books led by John Reid (\$5 donation at the door)

Awareness Class Saturday 20th February 10am - 3pm
Become more in tune with your spiritual nature. A monthly class led by Dianne Allen based on the book "The Quiet Mind Companion" by well-known spirit guide and teacher, White Eagle. (Cost \$5 members and \$10 for non-members)

Beginner's Circle Sunday 21st February 12pm - 3pm
A monthly class where you can learn to develop your spiritual gifts & psychic faculties with Karena and Melanie. An ideal precedent to a weekly closed circle. (Cost \$5 members and \$10 non-members)

Finding your Elemental Self Wednesday 24th Feb 7pm - 9pm
Tonight we look at how we relate to the 4 basic elements of nature EARTH, WATER, AIR and FIRE and how it affects our relationships with others. Led by Linda Reid (\$5 donation at the door)

Spiritual Readers Book Club Saturday 27th Feb from 10am

Regular Weekly Events . . .

Healing Class - \$5 donation per class
Tuesdays 7pm-9pm : 9th 16th & 23rd February

Healing & Fellowship Group - donation
Fridays 11am-12.30pm: 12th, 19th & 26th February

Mediation Class - \$5 per class (door locked 7pm)
Fridays 6.45pm-9pm: 12th, 19th & 26th February

On platform in February (service 7pm-8.30pm)

Sunday 7th Laurel Sutherland

Sunday 14th Ros Aldam & Grant Clark

Sunday 21st Vicki Nightingale

Sunday 28th Angela Dixon & Josie Waitere

Service commences at 7pm sharp and includes spirit healing and demonstrations of spirit communication. All welcome.

Sneak Preview for March . . .

Mediums Reading Day Saturday 6th March 10.30am - 2.30pm
Have a personal one-to-one reading with an experienced medium.

Unspoken Truth about the Law of Attraction Wed 10th March
Insights into what "The Secret" DIDN'T tell you with John Reid.

Numerology Evening Wed 17th March with Ngaire Lovell.

**YOU'RE NOT FAILURE IF YOU DON'T MAKE IT;
YOU'RE A SUCCESS BECAUSE YOU TRY.**

One of my students was concerned about being called a "talker" rather than a "doer" if she made too many false starts. There is no such thing as a false start if you are seriously committed to advancement. My first experience in the publishing world serves as a good example.

Years ago, I made the decision to publish a book of poems I had written. Since I knew nothing about the publishing world, I started talking to as many people as I could about how I should best proceed. I took a course on getting published; I called strangers who worked in various publishing houses (and was surprised that they were most anxious to help); I submitted my book to about twenty publishers, and received one rejection after another. But I just kept talking about my career as a writer. I'm sure there were those who said "Who's she kidding? It will never happen." Over lunch one day, Ellen Carr, a business associate and now a dear friend, and I decided to write a book for women about getting a job. We were concerned about the number of talented women we knew whose fears of rejection and failure kept them from even trying to enter the job market. Again I started talking to everyone I knew about our project, and again a whole series of delays occurred that made some people doubt that the book would ever be published. But I just kept talking, as did Ellen, and we found ourselves meeting all sorts of interesting people who were invaluable in helping us with our project. And that joyous day did arrive when our books were finally delivered to us.

It could be said that there were many false starts in my writing career. Not so! Each step along the way made me more and more ready to enter the field, even though the outcome may not have been in the form originally pictured. And I certainly learned how to deal with rejection!

Putting your ideas out into the world by constantly talking about them may create a few doubting Thomases, yet not only does talking bring valuable information, **it clarifies your intention to have it happen!**

INTENTION IS A POWERFUL TOOL IN CREATING SOMETHING THAT YOU WANT IN YOUR LIFE.

From "Feel the Fear and Do It Anyway" Susan Jeffers

What are the Gifts of Spirit?

They are special abilities with which we are born and which should be developed and used for the service of humanity. They include intuitive knowledge, wisdom, the powers of healing, prophecy, ability to understand the spirits and their intentions.

In the New Testament, I Corinthians 12 St Paul list them as:

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| The gift of wise speech. | The granting of faith. |
| The gift of Healing. | The power of prophecy. |
| The ability to put the deepest knowledge into words. | |
| Distinguishing true from false spirits. | |
| The power of ecstatic utterance. | |
| The ability to interpret the utterances. | |

From "Questions & Answers on Spiritualism"

Pisces is the twelfth Sign and the Zodiac, and it is also the final Sign in the Zodiacal cycle. Hence, this Sign brings together many of the characteristics of the eleven Signs that have come before it. Pisceans, however, are happiest keeping many of these qualities under wraps. These folks are selfless, spiritual and very focused on their inner journey. They also place great weight on what they are feeling. Yes, feelings define Pisceans, and it's not uncommon for them to feel their own burdens (and joys) as well as those of others. The intuition of the Pisces-born is highly evolved. Many people associate Pisceans with dreams and secrets, and it's a fair association, since those born under this Sign feel comfortable in an illusory world.

It's a pair of Fish that represents Pisceans, a symbol which prompts others to suggest that these people "go with the flow" and "don't make waves". Both of these labels are true, since Pisceans are fluid and easy-going, in keeping with the Mutable Quality assigned to this Sign. The fact that two fish (as opposed to one) represent the members of this Sign also speaks to the duality of Pisceans, their yin and yang sensibility. Pisceans alternate between reality and non-reality in keeping with their introspective natures; their voyage between consciousness and an unconscious dream state says much about their intuitive, almost psychic natures. For this reason, Pisceans can be hard to pin down, prompting some to call them the chameleons of the Zodiac. The fish are happy to be considered hazy, since there's a certain sense of safety in that self-proclaimed netherworld. That said, they won't stay away for long, since one of their primary goals is to help others. Pisceans are compassionate, charitable and will quickly put the needs of others ahead of their own. It's this kind of self-sacrifice which keeps these folks going. The flip side to their giving natures is that oft-timid Fish are likely to be taken advantage of by less well-meaning souls.

Pisces is ruled by the Planets Jupiter and Neptune. In ancient Roman mythology, Jupiter (the original ruler of Pisces) was the king of the gods, while Neptune was the ruler of the seas. When Neptune was discovered in recent times, it was attached to this Sign. The pairing of these two heavenly bodies results in some unique energies being directed toward Pisceans here on Earth. Those born under this Sign are spiritually oriented and charitable. They are compassionate, easily feeling another's pain.

At times, however, Pisceans can have difficulty distinguishing fact from fantasy; they tend to get caught up in their dreams and views of how things should be. To say they wear rose-coloured glasses isn't much of a stretch. Pisceans who fear that their pleas aren't being heard tend to lapse into melancholy and, worse, the kind of pessimism which leads to procrastination and lethargy. At times like this, Pisceans are well-served to take some time for themselves, the better to find their centre once again. Many Pisceans also immerse themselves in the arts and other creative pursuits as a centering mechanism, and they are quite talented in these areas.

The Element associated with Pisces is Water. Those born under this Sign easily relate to the emotional and unpredictable nature of this liquid gold. Pisceans feel a great deal, and they also feel misunderstood much of the time. They're not quite pushovers, but they're certainly sensitive. Yes, they could cry you a river if the circumstances were right.

Even so, they revel in their compassionate and imaginative natures and love to cater to others. They can also be quite romantic, dreaming up delicious treats for their lover. Hopefully, any kindness will be reciprocated, because the Fish can certainly turn blue if they're not. Pisceans are generally gentle, easy-going folk, who are on the shy and reticent side. They are modest to the point of impracticality, often stepping up on to show their talents in painting or music. Easiest for the Fish (and still great fun) is living in their lush dream world.

Next month : Aries

~ Connections ~

SPIRIT I CAN HEAR YOU

Are you calling me?
 Spirit, are you calling me?
 I feel your presence surrounding me.
 I can hear you
 You say we have work to do
 I have committed to service and truth.
 In the still of my quiet time
 I open my heart
 To receive all the gifts of the Divine
 I am a channel for hope and love
 And healing light
 And growth, for self and humankind.
 I am so honoured to be
 Contracted universally
 With you in eternity
 Together, side by side
 We work in God's white light
 Me and my gentle, my loving Guide.
 My gentle, most loving Guide;
 Yes, I can hear you!

Inspirational Words from Karena (Jan 2010)

TOOLS OF SPIRIT

1. WRITING, an important tool of spiritualism, pen to paper, our thoughts transcribed to paper. Once written our word is able to be read by many, paving the way for upliftment necessary for the growth of human kind. Travelling around the world the word will reach the places it's meant to, the people that need to hear. Write the words and we will distribute them as necessary.

2. THOUGHTS of the mind are tangible and recognisable, penetrable into other lives, other spheres. Circles of light and love (created by thoughts) diminish over time without proper care and understanding.

3. LOVE that you inherit should be given out amongst your peers and be responsible. Understand your responsibilities, be aware of injustice that you might practice unjustly. You must not play a game of cat and mouse with those who would question you regarding these issues, for once their conscience is aroused so they will question and ask, and they need to receive.

Use the tools you have been given carefully, wisely, in tune with us to those in need. Your troubles are our concern. . . Changes will come about, issues dissolve, eradication of nuisance. . . nourishment of knowledge and understanding will follow. Replace the fears of your mind with the love of God and his creation, the time precious for yourself and those around you. Place your trust in the ones that have come before, they will lead you to the truth, and so the righteous will walk again. . . The situation is changing, your gathering removed, altered for the best.

Richard, Inspirational Speaking (June 2006)

The connections between all living things. So often we search, we wander aimlessly, looking for something, sometimes not knowing what it is we are looking for. You must understand that what you are searching for is held within yourself, the core of your very being, the well of truth, the divine spark. It is not in some far off place, unreachable, always two steps ahead. It is within the very centre of your being. There is no need to tire yourself with endless searching and questioning, making demands on yourself and others.

There will come a point for all of you when you understand this. It is like your eyes are opened for the first time. The mist disappears, you can see clearly. It is like the dawn of a new day, your perception changes, your awareness opens, like the wings of a butterfly, opening for the first time. And like the butterfly it will be slow at first, hesitant even, but there comes a point where you will take flight, you will rise above all that holds you back, all that holds you down, confusing you. You can leave it all behind and know that the truth will be shown.

You are as one with all living things, with the very ground you walk on, and the start that you look to at night. They too are made of pure love and energy, just as you yourself are. So do not look outside yourself for answers, but seek them inside yourself. No other can walk your path, and you cannot walk anyone else's. This is very difficult to accept at times, but it is the truth behind all things.

Nothing is impossible when you believe that you are pure light and love. Nothing is impossible as you yourself create it, and as a connected group, how much more are you able to create. Remember this when you are feeling vulnerable and disorientated and disconnected from the world. You are never alone, but always guided to where you need to be.

Even suffering has a purpose for it is at these times where your desire for resolution drives you forward. Trust in yourself and your path and your ability to walk it. Be as one with nature, with spirit. All is well in your world.

Lesley, Inspirational Speaking (June 2006)

Deep peace of the Running wave to you
 Deep peace of the Flowing Air to you
 Deep peace of the Quiet Earth to you
 Deep peace of the Shining Stars to you
 Deep peace of the Son of Peace to you.
A Celtic Blessing, author and date unknown

Communication is receiving and giving. If you are prepared to receive so that your horizons widen, we are around you to help guide and strengthen you. Allow us the freedom to enter, for the knowledge that you gain is the sincerity that you seek. Allow this to occur no matter what you have encountered in the past, so that there may be joy on both sides. You will have the joy of teaching and receiving.

Joan.

SPIRITUAL HEALING

We must at this point discountenance the idea held by many that sickness is punishment for our misdeeds. For one thing God is not vindictive. The universe and all who live in it are governed by natural laws laid down by the great creator which we encounter on all sides in our everyday lives and in no way are these laws more effective than in our health.

Despite the marvellous progress of medical science our hospitals are overcrowded with sick people of diverse complaint, mostly through the same cause. In one way or another they have broken these laws and are suffering the consequence - cause and effect. We do not take care of our bodily health and well being. A wrong way of living, or a wrong diet may result in physical disharmony, which is what illness really is. Good health is harmony.

It is now a recognised fact that by far the greater number of our illnesses originate in the mind. This does not mean that we imagine them, but rather that they have a mental and nervous beginning due to stresses and strains of modern life. When commencing treatment therefore, the healer will first put the patient's mind at rest and induce a condition of complete relaxation.

We have said that no healer will promise a cure and we often find that in two cases of complaint one will be cured, but not the other, or a stranger may be cured while a close relative is not. Unfortunately this is partly due to the fact that in a great many instances people come to a healer as a last resort when it may be too late to do anything, or it may be a question of old age. On the other hand there are on record hundreds of cases of people given up by their doctors who have been cured by spiritual healing.

Another contributory factor may be the patient's lack of co-operation and the absence of any desire to get better. This is in direct conflict with the Fifth Principle - Personal Responsibility. We are as much responsible for our personal health as we are for our spiritual life, and we owe it to the healer to carry out his or her instructions and regularly report progress.

Let us end on a personal note. We have said that a medium is a dedicated person - a healer must be even more so and like other mediums he or she has great responsibilities. You may be told by a medium that you could be a healer. Perhaps you could. Perhaps you possess healing power to a high degree, but unless you feel drawn towards ministering to the sick and have the urge to help them, do not rush in. It is suggested that you first join a healing circle where you will soon find out if you are called to do this work.

Being a healer gives great satisfaction. For one thing, we can observe the results of our work and although there will be failures along the way, there will be compensation if some successes are achieved or we have been able to ease a passing and give some comfort to those left behind.

In the meantime, hold a little healing session in the privacy of your home. Think of all the people you know who are sick, or those you saw in the street today and send out a healing thought and prayer to each of them - even if you can only manage it once a week.

From our "Spiritual Healing" brochure

The only way you'll ever quit smoking is to not put cigarettes in your mouth - one day at a time

Angels and the Millennium Shift

You are very fortunate to be alive at this time in human history. For that matter, any time we are alive, it is a miracle. The angels have taught me that more souls want an Earth life than there are bodies to accommodate them. Souls actually stand in line, awaiting Divine assignments on Earth. The fact that you are here, in a human body, signifies that you are a winner. God chose you to come here, knowing that you have many gifts and talents that will benefit His other children. The angels write this to you:

"You, like everyone else who is incarnated at this time, are a holy and perfect child of God. We realize you may not always feel perfect and holy, and we also realize that you often don't act that way. Nonetheless, God created your soul as a literal "chip off the old block". It contains God-essence, of Divine light, that can never be extinguished, soiled, or taken away from you. Nothing you could ever do would eradicate your Divine heritage."

The reason why this is a good time to be alive is because we are nearing the end of an era in which humans behave like aggressive animals devoid of spiritual awareness. We are at the edge of a time when we will collectively recover our spiritual gifts of intuition and healing. When intuition becomes accepted as a normal human characteristic, watch out, because the world is going to change drastically!

Think, for a moment, about a world populated by highly accurate intuitives. The more we accept this skill as innate, the more we will open our channels of Divine and psychic communication.

From "Healing with the Angels" by Doreen Virtue.

YOUR COMMITTEE IS . . .

President : John Reid ph 263 8899
Vice President : Richard McAdams
Secretary : Reg Litherland ph 278 3715
Treasurer/Newsletter : Lesley Haslip ph 299 9710
Library : Linda Gardiner ph 576 2604
Website : Linda Reid ph 263 8899
Other Committee Members :
Doug Anderson, Gail Murray, Vanessa Tait, Matt Tod and Sandy Wickman

MEMBERSHIP SUBS ARE NOW OVERDUE -

RENEW YOUR MEMBERSHIP TO TAKE ADVANTAGE OF DISCOUNTS FOR CLASSES AND WORKSHOPS! \$20 pp

DON'T FORGET . . .

- ✓ Spiritual Healing for Beginner's Workshop - Wed 3rd Feb.
- ✓ REGISTER for Mediumship Workshop - Saturday 13th Feb.
- ✓ Lessons from Conversations with God - Wed 10th & 17th Feb.
- ✓ Awareness Class with Dianne - Sat 20th Feb.
- ✓ Beginner's Circle with Karena & Melanie - Sun 21st Feb.
- ✓ Your Elemental Self - Wed 24th Feb.
- ✓ Spiritual Readers Book Club - Sat 27th Feb.

~ **SEE LINKS BELOW FOR MORE INFO ABOUT ALL EVENTS** ~

Please send your poems, writings, stories about your personal experiences etc, that you would like to share to Lesley at lesley.haslip@hotmail.com for inclusion in future newsletters. We also welcome feedback regarding classes, workshops etc. Contact John at johnreid90@gmail.com



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~ LINKS TO INFO ON OUR REGULAR CLASSES ~

Sunday night service ~ 7pm – 8.30pm every Sunday

<http://spiritualgrowth4u.com/Service.html>

Healing Class ~ Tuesdays 7pm – 9pm

http://spiritualgrowth4u.com/Healing_Classes.html

Healing and Fellowship Group ~ Fridays 11am – 12.30pm

http://spiritualgrowth4u.com/Friday_Fellowship.html

Meditation Class ~ Fridays 6.45pm – 9pm

<http://spiritualgrowth4u.com/Meditation.html>

Awareness Class ~ 3rd Saturday of the month

<http://spiritualgrowth4u.com/Awareness.html>

Beginner's Circle ~ 3rd Sunday of the month

<http://spiritualgrowth4u.com/beginners.html>

Spiritual Readers Book Club ~ last Saturday of the month

http://spiritualgrowth4u.com/Book_Club.html

~ LINKS TO INFO ABOUT UPCOMING SPECIAL EVENTS ~

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Spiritual Healing for Beginners Workshop ~ Wed 3rd Feb

http://spiritualgrowth4u.com/Beginners_Healing.html

Mediumship Workshop ~ Sat 13th Feb

http://spiritualgrowth4u.com/mediumship_training.html

Ten Lessons from "Conversations with God" ~ Wed 10th & 17th Feb

http://spiritualgrowth4u.com/10_Lessons.html

Your Elemental Self ~ Wed 24th Feb

<http://spiritualgrowth4u.com/Elements.html>

Medium's Reading Day ~ Sat 6th March

http://spiritualgrowth4u.com/reading_day.html

Unspoken Truth about the Law of Attraction ~ Wed 10th March

http://spiritualgrowth4u.com/Unspoken_Truth.html

Numerology Evening ~ Wed 17th March

<http://spiritualgrowth4u.com/Numerology.html>

Spiritual Awareness for Beginners ~ Wed 24th March

http://spiritualgrowth4u.com/Spiritual_Awareness_for_beginners.html

