

~ Spiritual Awareness Centre ~

47 East Tamaki Road, Papatoetoe (down Simon Lane)

INCLUDING *Spiritual Growth For You*

SEE OUR WEBSITE www.spiritualgrowth4u.com



Monthly Newsletter for November 2009

Hi everyone – following our AGM on Sunday 18th October the President, Secretary and Treasurer all retained their positions and we welcome our new and returning committee members.

This month starts with our Mediums Reading Day on Saturday 7th November – as usual readings are \$15 for 20 minutes. Our Wednesday night events this month haven't been confirmed as yet but notices will be forwarded once we have these finalized. The last of the monthly Awareness Class for the year will be on Saturday 14th November and the last Beginner's Circle on Sunday 21st.

Membership subs are now due - \$20 per person – as well as Healing Subs for our Healers. Please pay at the church on Sunday evening or by posting a cheque with your details to The Treasurer, 7 Joyce Street, Pahurehure.

Love and light, Lesley.

With everything that has happened to you, you can either feel sorry for yourself, or treat what has happened as a gift.

Everything is either an opportunity to grow or an obstacle to keep you from growing.

You get to choose.

So why become a member ?

The membership year runs from 1st October to 30th September and subs are due to be paid by the end of November. The fee for the coming year is a very reasonable \$20 per person.

As a member you have access to our wonderful library which has many rare and hard to find books on a wide range of subjects. Not many people know that there is also a children's section with some lovely books for younger children as well as teenagers. A small fee of \$2 per book entitles you to 2 weeks reading. This can normally be extended unless someone else is waiting for the book. As well as this, members receive a discount for some workshops, classes and events.



Phases of the Moon during November

Full Moon : Tuesday 3rd Nov 8:14 am

Last Quarter : Tuesday 10th Nov 4:56 pm

New Moon : Tuesday 17th Nov 8:14 am

First Quarter : Wednesday 25th Nov 10:29 am

SUN INTO SAGITTARIUS : Monday 23rd November

Thought for the month. . .

“Only a ghost wallows around in his past, explaining himself with descriptors based on a life already lived. You are what you choose today, not what you've chosen before.”

From Staying on the Path by Dr Wayne Dyer

What's on in November ?

Reading Day Saturday 7th November 10.30am to 2.30pm - \$15 for a 20 minute reading with one of our experienced mediums. Healing will also be available.

Wednesday Evening 11th November 7pm - T B A
Awareness Class Sat 14th Nov 10am to 3pm

Cost \$5 for members \$10 non-members.

Beginner's Circle Sun 21st Nov 11.45am to 3pm

Cost \$5 for members \$10 non-members.

Wednesday Evening 25th November 7pm - T B A

Regular Weekly Events

Healing Class - \$5 donation per class

Tuesdays 7pm-9pm : 3rd, 10th, 17th & 24th Nov.

Healing & Fellowship Group - \$5 donation

Fridays 11am-12.30pm: 6th, 13th, 20th & 27th Nov.

Mediation Class - \$5 per class (door locked 7pm)

Fridays 6.45pm-9pm: 6th, 13th, 20th & 27th Nov.

On platform in November (service 7pm-8.30pm)

Sunday 1st Melanie Ratu

Sunday 8th Ngaire Pook

Sunday 15th Lesley Haslip

Sunday 22nd Judy Kerr-Brown

Sunday 29th Roz Adlham & Grant Clark

Service commences at 7pm sharp and includes spirit healing and demonstrations of spirit communication.

*Make a personal decision to be in love
with the most beautiful, exciting,
worthy person ever - YOU!*

The Rubik Cube

The rubik cube, a very frustrating object, but one which some people seem to manage quite easily, while others struggle and struggle even more to make the pieces fit. Each face of the cube is made up of small faces and these represent the many sides to your personalities and to the person you are. At times we turn our faces away looking for answers, the correct colours to show, at other times we become stuck and not move. The cube in its entirety is the sum of your lives, the lessons you wish to learn, and the outcomes you have predetermined. The secret is to be patient, do not force your way on others. Do not force your desired outcomes, they will all fall into place at the appropriate time. As with the cube of colour, you may turn it over and over in your hands, the frustration grows but with one simple turn you find you have completed the puzzle, and so it is with life.

At times you feel you are so far away from the object you are seeking, and then the unexpected solution is found when you stop fighting, the results come much easier. Know there is a solution within your hands. Know you are guided to take the appropriate steps, to find the solution.

Do not become agitated, do not be rough with the cube or it may break, be gentle and true in your dealings with everyone, for then you have greater control of the events that lay before you. So then peace, truth, contentment, patience, responsibility, trust and, above all, faith in yourselves and each other and those who watch over you and guide you.

The cube is complete, the colours solid and true, it lays in front of you now for all to see, and hold as one.

Monday night group Inspirational Speaking (Dec 2006)

And Death Shall Have No Dominion

by Dylan Thomas

And death shall have no dominion.

Dead men naked they shall be one

With the man in the wind and the west moon;

When their bones are picked clean and the clean bones gone,

They shall have stars at elbow and foot;

Though they go mad they shall be sane,

Though they sink through the sea they shall rise again;

Though lovers be lost love shall not;

And death shall have no dominion

And death shall have no dominion.

Under the windings of the sea

They lying long shall not die windily;

Twisting on racks when sinews give way,

Strapped to a wheel, yet they shall not break;

Faith in their hands shall snap in two,

And the unicorn evils run them through;

Split all ends up they shan't crack;

And death shall have no dominion.

And death shall have no dominion.

No more may gulls cry at their ears

Or waves break loud on the seashores;

Where blew a flower may a flower no more

Lift its head to the blows of the rain;

Through they be mad and dead as nails,

Heads of the characters hammer through daisies;

Break in the sun till the sun breaks down,

And death shall have no dominion.

More Rules of the Universe

1. *Middle age is when broadness of the mind and narrowness of the waist change places.*

2. *Opportunities always look bigger after they have passed.*

3. *Junk is something you've kept for years and throw away three weeks before you need it.*

4. *There is always one more imbecile than you counted on.*

5. *Experience is a wonderful thing. It enables you to recognize a mistake when you make it again.*

6. *By the time you can make ends meet, they move the ends.*

7. *Thou shalt not weigh more than thy refrigerator.*

8. *Someone who thinks logically provides a nice contrast to the real world.*

9. *It isn't the jeans that make your butt look fat.*

10. *There is a very fine line between 'hobby' and 'mental illness.'*

11. *People who want to share their religious views with you almost never want you to share yours with them.*

12. *You should not confuse your career with your life.*

13. *Nobody cares if you can't dance well. Just get up and dance.*

14. *Never lick a steak knife.*

15. *The most destructive force in the universe is gossip.*

16. *You will never find anybody who can give you a clear and compelling reason why we observe daylight savings time.*

17. *You should never say anything to a woman that even remotely suggests that you think she's pregnant unless you can see an actual baby emerging from her at that moment.*

18. *The one thing that unites all human beings, regardless of age, gender, religion, economic status or ethnic background, is that, deep down we ALL believe that we are above average drivers.*

19. *Your friends love you anyway.*

20. *Never be afraid to try something new. Remember that a lone amateur built the Ark. A large group of professionals built the Titanic.*

PATIENCE

Everything takes time to come about, to happen. Reflection should be sought on one's previous actions, and likewise thought must be given prior to action. The turn of events and what may come from them, what it may lead to. The Buddha sits in contemplation of these things, wise to the nature of men and machine. He looks to the past, he can tell the future from it. For a life of yours is like the life of a tree, a beginning, a flourishing, and an end to all material. Regardless we must all try to live up to the standards we have set for ourselves, to move forward. To live in the truth and the understanding of how things are, and shall be. The inevitable reward will come to those who can wait like the Buddha, who waits for the right time to occur, that he may commit his energy and focus.

Monday night group Inspirational Speaking (Dec 2006)

Creation and Creation Goddesses

Goddess creation stories are varied and similar, but all answer the question of how the world came to be in female terms, in the natural order, terms and symbols of the birthing life. Some goddesses create alone, and some birth their mates as other gods or parthenogenetic daughters and sons. They create people as acts of birth or acts of making and shaping, and are in themselves the universe, earth and moon.

The oldest pre-Hellenic goddess is Gaia, though by no means the oldest of goddess creation stories. Like the Babylonian Tiamat, the sea, Gaia the earth arose from her self, from chaos. Whirling in darkness, she became a galaxy of fiery light and created the sun and the moon, the mirror of heaven. Merging with heaven, herself in the mirror, she gave birth to seas and after cooling became the planet.

Gaia's body is the mother, the female, the fertile earth. Her deep breasts are mountains and her watery dark openings are oceans, her skin the soil from which all plants and nourishment grow. Her interior is birth, death and the underworld of rebirth, the place where crystals and volcanoes form, where life begins and ends. From the sea of her womb came the egg and serpent of all life, the fishes and shellfish, snakes and sea creatures that later evolved to dry land. From her womb came the birds and the animals, the insects that fly and walk and that crawl upon her body. She is Gaia the all-giver, all mother, and Pandora is another of her names. She gave birth to six women and six men, to the goddesses and gods.

The omphalos or navel of Gaia is the Delphic Oracle – the word “Delphi” means womb – watched over by the goddess's serpent daughter Delphyna or Pythia and her priestesses. Her caves and shrines are the places of inner wisdom throughout her lands, connections of the born to the unborn, the surface to the underworlds, the places of goddess where all time is now. All come to hear Gaia's wisdom through her priestesses and she grants the gift of prophecy to those who ask.

From Diane Stein's "Guide to Goddess Craft"

WHAT MEDIUMSHIP IS:

- a) Natural
- b) A means of communication (simply that, no more!)
- c) The sensitivity of impressions, sounds, sights and awareness from an outside source, either from the earth world, or from the spirit world
- d) A co-operative effort, with people in the spirit world assisting people still on earth, to develop their latent abilities
- e) Scientific and logical; it can be studied as can any other science or fact of life.

From "Your Psychic Faculties and How they Operate"
Ron W Gibbs

Pioneers of Modern Spiritualism

Sir Arthur Conan Doyle (1858-1930) part two

He began his mission in 1918, with visits to most of the major cities of Great Britain. Then, during 1920 and 1921, he visited Australia and New Zealand. Early in 1922, he went to America and toured the Eastern states; the following year, he travelled as far as California. In 1928, he left for South Africa, and in the autumn of that same year, he preached Spiritualism in the Northern countries of Europe. Let it not be said that his promulgation of Spiritualism did not come without a price. He expended a tremendous amount of physical and emotional energy. Furthermore, it is estimated that the decline in his literary output, because of his devotion to Spiritualism, translated into a loss of approximately £200,000, an amazing amount of money for the time.

Sir Arthur was not exempt from professional conflicts either. During 1922, when the Society for Psychical Research was involved in a scandal surrounding spirit photographer, William Hope, Sir Arthur stood up valiantly in defence of Mr. Hope. This caused a rift between him and the prestigious S.P.R. His association with the S.P.R. was further antagonized by Theodore Besterman's review of Mrs. Hack's **Modern Miracles at Millesimo Castle**. Finally, believing that the honour of Ernesto Bozzano, investigator of the famous Italian medium, Eusapia Paladino, and a close friend, was compromised by the Society, Sir Arthur resigned his membership. This resignation widened the already growing gulf between Spiritualists of the day and psychic researchers. This caused many Spiritualists to resign their membership to the S.P.R.

At the International Spiritualist Congress, held in Paris, in 1925, Sir Arthur was nominated Honorary President. In the same year, he had a public discussion, in London, with Sir Arthur Keith on Spiritualism. He won many points during this public debate. It was during Sir Arthur's Presidency of the London Spiritualist Alliance that Mrs. Cantlon, one of the mediums sanctioned by the Alliance, was charged with fortune-telling (quite illegal at the time). When the Alliance was assessed with costs amounting to £800, he voiced a vigorous protest in **The London Times**, alleging that this was nothing more than an organized persecution of Spiritualists. He, then, started a drive for the modification of the Fortune Telling Act; and, on July 1, 1930, he led a petition to Council. Six days later, Sir Arthur Conan Doyle passed to Spirit.

True to his ways, even death did not silence him. On July 13, 1930, a large reunion was held in Albert Hall, London. A chair was left empty in honour of Sir Arthur. Estelle Roberts, one of England's finest and most respected mediums, said that she saw clairvoyantly Conan Doyle in the chair and offered a personal message from the great writer to his family; they accepted the message as evidential.

Since then -- and, unfortunately, as is the case amongst so many Spiritualists -- numerous mediums, on both sides of the Atlantic, claim to have given spirit messages from Sir Arthur. Most were simply the renderings of psychic spot-lighters. However, one communication was very evidential, very revealing, and quite noteworthy. In fact, it so impressed psychic researcher and officer of the American Society for Psychical Research (ASPR), Harry Price, that he discussed the communication in the January, 1931, issue of the **Nash Magazine**, under the title of "**The Return of Conan Doyle.**" The medium who had given this communication was the prestigious [Eileen J. Garrett](#). In an address before members of the London Spiritualist Alliance, in October, 1931, Sir Oliver Lodge (author of the Raymond series) best summed up Sir Arthur Conan Doyle's views and approach to Spiritualism and Spiritualist phenomena as follows:

"His methods are not mine, he regarded himself as a missionary, a trustee of a great truth which he felt bound to with others, whether they would receive it or whether they would reject and ridicule it, but one cannot but admire the completeness and self-sacrificing character of his life and doctrines. Occasionally, I think, he lacked the wisdom of the serpent, but the goodness of his motives must be manifest to all."

Truer words could not be echoed regarding this remarkable figure in the history of Modern Spiritualism.

A lovely Obituary Note was written by Dr. L.R.G. Crandon, husband of Boston's famous physical medium, [Margery Crandon](#), in the August, 1930, issue of **Psychic Research**, the Journal of the American Society for Psychical Research. Further on, in that same issue, researcher Harry Price, wrote the following:

"The passing of Sir Arthur Conan Doyle at 9:15 a.m. on July 7th, 1930 removes the greatest personality spiritualism ever possessed -- or is ever likely to possess. By sheer personal determination he raised the subject of psychic phenomena into the arena of acute controversy -- and kept it there."

He ended his tribute with the following:

"July 7, 1930, the day of his going over, the Margery Group held a séance, and, for the first time in over three years, Walter did not come through. A perfectly reasonable (not evidential) explanation was given by Mark, one of Walter's helpers, who manifested himself at this sitting. He said, in effect: 'Walter is busy as one of a reception committee to a great Spirit, newly arrived.' 'And so he has passed for a time, serving in a new sphere, we have no doubt, and immortal in our hearts, we are sure'."

OPEN YOUR ARMS

I sit at least once a day with my arms stretched out to the side and say "I am open and receptive to all the good and abundance in the Universe". It gives me a feeling of expansion.

The Universe can only distribute to me what I have in my consciousness, and I can ALWAYS create more in my consciousness. It is like a cosmic bank. I make mental deposits by increasing my awareness of my own abilities to create. Meditation, treatments, and affirmations are mental deposits. Let's make a habit of making daily deposits.

Just having more money is not enough. We want to enjoy the money. Do you allow yourself to have pleasure with money? If not, why not? A portion of everything you take in can go to pure pleasure. Did you have any fun with your money last week? What not? What old belief is stopping you? Let it go.

Money does not have to be a serious subject in your life. Put it into perspective. Money is a means of exchange. That's all it is. What would you do, and what would you have if you didn't need money?

We need to shake up our money concepts. I have found it easier to teach a seminar on sexuality than it is on money. People get very angry when their money beliefs are being challenged. Even people who come to a seminar wanting desperately to create more money in their lives, will go crazy when I try to change their limiting beliefs.

"I am willing to change". "I am willing to release old negative beliefs". Sometimes we have to work with these two affirmations a lot in order to open the space to begin creating prosperity.

We want to release the "fixed income" mentality. Do not limit the Universe by insisting that you have "ONLY" a certain salary or income. That salary or income is a CHANNEL; IT IS NOT YOUR SOURCE. You supply comes from one source, the Universe.

There is an infinite number of channels. We must open ourselves to them. We must accept in consciousness that supply can come from anywhere and everywhere. Then when we walk down the street and find a penny or a dime, we say "Thank you!" to the source. It may be small, but new channels are beginning to open.

"I am open and receptive to new avenues of income".

"I now receive my good from expected and unexpected sources".

"I am an unlimited being accepting from an unlimited source in an unlimited way".

From "You Can Heal Your Life" by Louise L Hay

Being *against* something weakens you, while being *for* something empowers you.

THE CELESTIAL SELF

MOST people think that the personality they know on this physical plane is all of them; but remember that only a very small part of you is imprisoned in physical life; what is manifesting through the body is only the point of the triangle. That small part of the whole self comes to earth as a messenger, a seeker, to gather experience in the flesh to make way for the God-consciousness to manifest through the very narrow channel which you call your personality. But God has given you the power to realise and contact that higher self.

In your meditation you know that you rise into higher planes and find yourself in a temple built of light. You find yourself before an altar where you bow in prayer, you are caught up, you are engulfed in this pure and glorious state of consciousness. This is really your celestial embodiment. The celestial body is the sum total of all the wisdom and good attained through many incarnations, and is linked with the limited personality of earth through the bright flame of the Christ spirit in the heart. Through meditation, through withdrawing into the still heart-consciousness, or higher mind, we can find and bring into operation in our outer lives the sole-wisdom garnered through the ages, the radiance and perfection of that shining celestial body.

Withdraw each day from the tumult of the outer world, and try to feel the presence of your noble heavenly self. Look to that self for your guidance and your inspiration in life; be strong and poised and true to that enduring self.

MEDITATION

Come now into the eternal garden of the spirit, gaze upon the still clear water of the pool reflecting the sky, the heavens. On the surface of the pool floats the pure white lily, symbol of your own spiritual nature. See, lying in the golden heart of the lily, the sparkling jewel. This is the divine life, the Christ in you, and the sun shining upon it cause it do radiate all the colours of the rainbow. By your aspiration there grows from that lily the perfect form of the master soul, the master spirit, visualized by our soul as the Christos. Can you feel the beauty of that radiant Being who is all love . . . ? And you are in that love forever and ever and ever. Through all eternity, you, the seed of God, are in God's heart. What have you to fear? Nothing can hurt you, for you are in God. Rest, in your innermost heart, in God.

From "The Still Voice" White Eagle Publishing Trust.

YOUR NEW COMMITTEE IS . . .

President : John Reid ph 263 8899

Vice President : Richard McAdams

Secretary : Reg Litherland ph 278 3715

Treasurer/Newsletter : Lesley Haslip ph 299 9710

or email lesley.haslip@hotmail.com

Website : Linda Reid ph 263 8899

Other Committee Members :

Doug Anderson, Linda Gardner, Gail Murray, Vanessa Tait, Matt Tod and Sandy Wickman

DON'T FORGET . . .

- ✓ Reading Day Saturday 7th November 10.30am
- ✓ Awareness Class Saturday 14th November 10am
- ✓ Wednesday Night event 11th Nov – details to follow
- ✓ Beginner's Circle Sunday 18th Oct 11.45am
- ✓ Wednesday Night event – 25th Nov details to follow
- ✓ Membership subs are now due = \$20 per person