

~ Spiritual Awareness Centre ~

47 East Tamaki Road, Papatoetoe (down Simon Lane)

INCLUDING *Spiritual Growth For You*
SEE OUR WEBSITE www.spiritualgrowth4u.com



Monthly Newsletter for October 2009

Hi everyone – count down to summer is here! Our AGM is on the 18th October at 8.30pm. All members are invited to attend and stand for committee positions. Subs for the coming year remain at \$20 which are payable by the end of October (great value for money!) Our first Wednesday night event is a Reading Evening on 7th October. Cost is \$15 for a 20 minute reading for one of our experienced mediums. On the 28th we are holding a Crystal Healing information night – more details to follow soon. Love and light to all! LesleyH.

Learn about Celtic Festivals - Beltane or May Eve held 30th April (31st October in the southern hemisphere)

Beltane is the second most important Celtic festival marking the onset of the light half of the year. As at Samhain, the barriers between reality and the spirit worlds are thin, so it is another powerful occasion for divining the future.

To celebrate Beltane

- dance around a bonfire, preferably on a hilltop or inside a circle of stones with a path of greenery leading to it
- bring hawthorn leaves or other greenery into your home, and decorate a door or window with them
- dance joyously with friends around a maypole, tree or standing stone

Listening to Others

Our older brothers and sisters are gods to us when we are little. If they were unhappy, they probably took it out on us physically or verbally. The might have said things like:

“I’ll tell on you for” (installing guilt)

“Your just a baby, you can’t do that”

“You’re too stupid to play with us” .

Teachers at school often influence us greatly. In the fifth grade, a teach told me emphatically I was too tall to be a dancer. I believed her and put away my dancing ambitions until I was too old to make dancing a career. Did you understand that tests and grades were only to see how much knowledge you had at a given time, or were you a child who allowed tests and grades to measure self-worth?

Our early friends share their own misinformation about life with us. The other kids at school can tease us and leave lasting hurts. When I was a child, my last name was Lunney and the kids used to call me “lunatic” .

Neighbours also have an influence, not only because of their remarks but also because we’re asked, “What will the neighbours think?” Think back to the other authority figures who were influential in your childhood. And of course, there are the strong and very persuasive statements made by advertisements in periodicals and on television. All too many products are sold by making us feel we are unworthy or wrong if we don’t use them.

We are all here to transcend our early limitations, whatever they were. We’re here to recognise our own magnificence and divinity no matter what *they* told us. You have *your* negative beliefs to overcome and I have *my* beliefs to overcome.

Thought for the month. . .

“Just because a person is young or small does not make him or her incomplete. The truth is that we are all complete at all moments in our life”

From Staying on the Path by Dr Wayne Dyer

What's on in October ?

Reading Evening Wed 7th Oct 6pm – 9pm \$15 for a 20 min reading. Healing also available.

Awareness Class Sat 10th Oct 10am to 3pm

Cost \$5 for members \$10 non-members.

Beginner's Circle Sunday 18th Oct 11.45am to 3pm

Cost \$5 for members \$10 non-members

A G M Sunday 18th October 8.30pm (after the service)

Crystal Healing Night Wed 28th Oct 7pm to 9pm

Donation please.

Regular Weekly Events

Healing Class - \$5 donation per class

Tuesdays 7pm-9pm : 1st, 8th, 15th, 22nd & 29th Sept.

Healing & Fellowship Group - \$5 donation

Fridays 11am-12.30pm: 2nd, 9th, 16th, 23rd & 30th Oct.

Mediation Class - \$5 per class (door locked 7pm)

Fridays 6.45pm-9pm: 2nd, 9th, 16th, 23rd & 30th Oct.

On platform in October (service 7pm-8.30pm)

Sunday 4th Lesley Haslip

Sunday 11th Alison Matthews

Sunday 18th Gwen Read & Bonnie Brown

Sunday 25th Karena Dixon (Labour Weekend)

Service commences at 7pm sharp and includes spirit healing and demonstrations of spirit communication.



Phases of the Moon during October @

Full Moon : Sunday 4th Oct 7:10 pm

Last Quarter : Sunday 11th Oct 9:56 pm

Full Moon : Sunday 18th Oct 6:33 pm

First Quarter : Monday 26th Oct 1:42 pm

SUN INTO SCORPIO : Saturday 24th October

The spiral is in evidence in many goddess temples – Stonehenge in England, the Egyptian Temple of Dendara, the Ziggurats of Erech, and even the later European Mary chapels of Christianity. The Oracle of Delphi in Greece is a cleft in the earth, the creation, vulva and emergence place of birth or the spiral. The *sipapu* in the Hopi religion, present in the kiva, is a hole in the earth, the place of birth and emergence into the world. Where made into a physical path or building, the spiral becomes the labyrinth, a journey inward into dark, as in Theseus' invasion of the Minotaur at Matriarchal Crete. Movement from the centre of the spiral outward is goddess creation and birth through the vagina, the triangle delta, but the labyrinth enters from the light, from outside, and moves toward the mystery of the centre and the darkness. In mythologist Joseph Campbell's analysis:

the labyrinth, maze and spiral were associated in ancient Crete and Babylon with the internal organs of the human anatomy as well as with the underworld

The purpose was to recreate the womb of the mother through which to be reborn, a spiral continuing of goddess creation in the universe and individual. The spiral dance of women's spirituality and Wicca, probably of Greek origin, is a celebration of birth, rebirth and the life force of the goddess, a re-creation and re-cognition of the spiral. DNA, the molecular structure of biologic life was discovered in the 1950's by Rosalind Franklin (before Watson and Crick) to be shaped in spiral form.

Close variations of the spiral are the encircled maze, swastika or equal armed cross, the spiral as the tree of life. This has appeared, a positive creative symbol of the goddess until Christianity's and Nazism's use of it, in Egypt, Greece, Crete, Native America, South America, India, China, Africa, Scandinavia and Europe. The Hopi maze, Greek key, Chinese tau and Celtic cross patterns are examples. The equal armed cross is a life and rebirth symbol originating for some cultures with the Egyptian ankh of Maat. It is also the Road of Life of the Hopi, the origin of the Wiccan pentacle as the four directions and the centre, and the tree of life of Ashtoreth. The figure suggests dynamic movement, a simplified spiral galaxy, and may have been derived from the moving constellation of the Great Bear. It is the tree on which Eve's forbidden fruit grew, the tree of knowledge of birth, the life force and creation – of the female.

Spirals, labyrinths and mazes have been found in artwork worldwide, spanning the ages of human existence. They appear in conjunction with other creation symbols and goddess figures – female images with emphasized deltas or pregnant bellies and breasts, women as mermaids, women holding the ankh or sometimes holding a child, women often naked and often sexually suggestive or giving birth. The images and symbols remain today as powerful reminders of the force of female creation, of the goddess in her full recognition as mother of all, as the great goddess who birthed the universe, earth and people. The symbols of the goddess are symbols of women's mystery, of the bringing forth and nourishment of life; they are the reminders of the creation and beginnings of the universe and earth, and are everywhere.

From Diane Stein's "Guide to Goddess Craft"

Scorpio is the eighth Sign of the Zodiac, and you shouldn't take that lightly. You shouldn't take Scorpios lightly, either. Those born under this Sign are dead serious in their mission to learn about others. There's no fluff or chatter for Scorpios, either: these folks will zero in on the essential questions, glean the secrets that lie within. Scorpios concern themselves with beginnings and endings, and are unafraid of either; they also travel in a world which is black and white and has little use for gray. The curiosity of Scorpios is immeasurable, which may be why they are such adept investigators. These folks love to probe and know how to get to the bottom of things. The fact that they have a keen sense of intuition certainly helps.

It's the Scorpion which symbolizes Scorpios, and it's no accident. Much like the Scorpion would rather kill itself than be killed, those born under this Sign are the ones who are in ultimate control of their destiny. It is life on the Scorpion's terms too, since these folks promote their agenda (they are quite the executives) and see to it that things go forward. Others may find this overbearing (it can be) and even self-destructive, but that's the beauty of the Scorpion: these folks have tremendous regenerative powers, much like the literal Scorpion can lose its tail and promptly grow a new one. Ferless Scorpios rarely lose, *per se*, they just keep on going, since they are stubborn and determined to succeed (this Scorpio trait is in keeping with the fixed Quality assigned to this Sign). Scorpios work as hard as they do so they can someday sit back and feel satisfied with themselves. These folks are intense, passionate and filled with desire. They're also complex and secretive, so don't expect to get much out of them, lest they become suspicious and exit stage left. It's best not to bet against Scorpios either, since these folks are surprisingly resourceful.

Scorpio is ruled by the Planets Mars and Pluto. Mars was the God of War in ancient Roman mythology and is the first (and most ancient) ruler of Scorpio. When Pluto was discovered in the 20th century, it was also assigned to this Sign. Pluto was known as the God of the Underworld in ancient Roman times, so when coupled with Mars, expect some intense energy to head toward Scorpios here on Earth. This planetary combo makes for people who are motivated, penetrating and aware. Scorpios don't miss much, since they are highly attuned to the vibrations of others. They are intuitive, probing and very focused on knowing who's who and what's what. Scorpios can lose their temper (and even become vengeful) when someone gets in their way, so it's best to give them plenty of room. Remember, they're unafraid, and a loss today simply means an opportunity for victory tomorrow.

The Element associated with Scorpio is Water. As opposed to the "rolling seas" seen in other Water Signs, a better motto for Scorpios would be "still waters run deep". Those born under this Sign are as emotional as their waterborne brethren, it's just that they're not as likely to show it. That said, be aware that these folks are clever, perceptive and always in the mix. Their ability to see into things can sometimes be a curse for Scorpios, however, since they can take an insignificant matter and turn it into a huge slight. Beware the Scorpion who feels crossed! These folks can turn vindictive in no time flat. Luckily, once Scorpios catch their breath, they will return to their usual determined and loyal (albeit strong-willed) ways. Finally, while Scorpios aren't above some subtle manipulation to get what they want, they'd much rather take a scientific, even mystical path. The Scorpio-born are powerful and passionate, qualities which serve them well, as long as they don't let them deteriorate into self-indulgence or compulsion.

Next month : Sagittarius

PATIENCE

Everything takes time to come about, to happen. Reflection should be sought on one's previous actions, and thought must be given prior to action. On the turn of events and what may come from them, what it may lead to.

The Buddha sits in contemplation of these things, wise to the nature of men and machine. He looks to the past, he can tell the future from it. For a life of yours is like the life of a tree, a beginning, a flourishing and an end to all material. Regardless we must all try to live up to the standards we have set for ourselves, to move forward and live in truth, with the understanding of how things are and shall be.

The inevitable reward will come to those who can wait like the Buddha, wait for the right time to occur, that he may commit his energy and focus.

Monday night group Inspirational Speaking (Nov 2006)

* ANGELS *

The angel, a fellow spiritual being that may show itself in many guises, in human form, in the form of nature, or in it's traditional angelic form. The angel is there to inspire and comfort us, to remind us of the true nature of our spiritual selves, for truth, love and oneness with the universe and the creator. The angel is not bogged down by earthly cares, daily dramas and worries, but always looks to the light, uplifts, comforts and finds joy in helping others.

You all have your guardian, your angel, whatever you may call them, and you are all able to be yourself angels to those in your keeping, guiding, uplifting, encouraging those you come across in your daily lives.

Strive to be remembered for the good you do and the difference you make to others and know that you will rejoin your angelic family when you return to spirit. There are many forms and entities and many different dimensions; much of this is unknown to you at this time and beyond your understanding. Know that these things are real and available to you. Be pure of heart, strong in your determination, positive in your attitude and in your deeds. Be as one with your God and all will be well. Call upon your angel whenever you feel the need, and you will receive what you seek.

Lesley H
Monday night group Inspirational Speaking (Nov 2006)

What is Levitation ?

Sir Arthur Conan Doyle (1858-1930)

Just as [Andrew Jackson Davis](#) was called the "John the Baptist" of Modern Spiritualism, Sir Arthur Conan Doyle was called the "St. Paul" of Spiritualism. He was a prolific writer on the subject and an avid proponent. And, of course, he is renowned for his Sherlock Holmes stories.

Sir Arthur's introduction to the occult took place while he was a physician at Southsea, United Kingdom. During the years 1885 to 1888, he was invited to participate in table turning sittings at the home of one of his patients, General Drayson, a teacher at the Greenwich Naval College. The medium was a railway signalman, and some amazing phenomena and apportations took place.

The phenomena were, quite frankly, too amazing for Sir Arthur, and he underrated both the honesty of the medium and the intelligence of the sitters. Nonetheless, his interest was aroused.

Shortly thereafter, he joined the Society for Psychical Research (SPR) and carried out a series of experiments with a Mrs. Ball. From these experiments, Sir Arthur was convinced that telepathy was genuine. As far as survival and mediumship were concerned, in 1902, when he first met Sir Oliver Lodge, he had not arrived at any definite conclusions. However, Myers' classic, **Human Personality and Its Survival of Bodily Death**, made a deep impression upon him.

For nearly 30 years, Sir Arthur continued his studies and investigations. Finally, at the peak of his literary career, at approximately the age of 58, he took a decisive step and wrote **The New Revelation** and **The Vital Message**. In these books, he firmly associated himself with the cause of Modern Spiritualism.

His critics -- and there were many -- attributed his newly found faith to bereavement -- suffered during the war; he vehemently denied these statements. His youngest son, Kingsley, died of pneumonia during the war. A year after his son's death, he attended a sitting held by a Welsh medium; there, his son spoke to him. Later on, he stated: "**It was his voice and he spoke of concerns unknown to the medium.**" Shortly after this, he saw his mother and nephew, in his words: "**As plainly as I ever saw them in life!**" The cynic would call his jump into Spiritualism nothing more than a manifestation of grief. The clear-headed thinker would see this as an answer to his prayers and worries. Thank God for us all that Sir Arthur was a clear-headed thinker.

Sir Arthur Conan Doyle's most substantive book on Spiritualism is the two-volume set, **The History of Spiritualism**. This is an absolute must-read for all students of the subject. Within its pages, he discusses a wide range of subjects and personalities linked with the Modern Spiritualist Movement, both in America and the United Kingdom. Addressing the remarks of his critics, he writes in **The History of Spiritualism** the following:

"The sight of the world which was distraught with sorrow and which was eagerly asking for help and knowledge, did certainly affect my mind and cause me to understand that these psychic studies, which I had so long pursued, were of immense practical importance and could no longer be regarded as a mere intellectual hobby or fascinating pursuit of a novel research. It was this realization which, from early in 1916, caused me and my wife to devote ourselves largely to this subject, to lecture upon it in many countries, and to travel to Australia, New Zealand, America and Canada upon missions of instruction."

(Continued next month)

Loving relationships work because there is no work.

The lifting or movement of physical objects or bodies without visible means or contact, in defiance of gravitation. It is described by science as a "mechanical action that differs from all known mechanical action, being exerted at a distance and without contact on persons or objects under certain determinate conditions."

What is Materialisation ?

The appearance of a spirit in tangible bodily form differing from an apparition which is intangible. The entity clothes itself with matter for purposes of materialisation which is regarded as the greatest marvel of the séance room. A medium for this phenomenon is a rarity and is a sensitive with a veritable supply house of ectoplasm. The late Professor Charles Richet of the Academy of Paris, one of the large number of scientists who have investigated the phenomenon had this to say: "I shall not waste time in stating the absurdities, almost impossibilities, from a psycho-physiological point of view, of this phenomenon; a living being, or living matter formed under our eyes, which has its proper warmth, apparently a circulation of blood, and physiological respiration, which has also a kind of psychic personality having a will distinct from the will of the medium, in a word, a new human being! This is surely the climax of marvels! Nevertheless it is a fact."

What is a Poltergeist ?

A noisy and/or mischievous spirit whose activities are frequently due to some resentment or another. There is visible movement of matter – objects are thrown about, windows and crockery are broken together with other disturbances. Their activities can be far from amusing at times!

From "A Guide to Modern Spiritualism" by Harold S. Sell (c.1974)

SPIRITUAL LAWS PERTAINING TO JUSTICE

- Our inner desires and qualities attract spirits of similar inclinations, thus forming groups of like-minded people who tend to share ideas and influence each other by mental impression. (Often called the "Law of Attraction").
- At death, each individual continues to function in a state conditioned by his past attitudes and desires.
- Mistakes made on Earth must be realized and corrected before spiritual progress is possible; the terms "Heaven" and "Hell" are mental states indicating spiritual upliftment and happiness, or mental anguish.
- The option of unselfish service is always available and lessens mental suffering and hastens spiritual progress by allowing Love to enter and act
- As we have evidence of animals surviving, our obligations to them should be bound by those already stated (pertaining to Goodness)

Please send articles or contributions for the newsletter to lesley.haslip@hotmail.com or leave at the church.

Membership subs can be paid at the church, or by sending a cheque for \$20 with details attached to
The Treasurer, 7 Joyce Street, Pahurehure, Papakura 2113.

THE LAKE OF PEACE

Problems confuse you because you are bound down to the material level of thought and life. When you rise into the light of the Christ life, you are no longer confused; you are filled with knowledge, your way is certain, your body healed. It is the chaos of the lower planes which limits you, and yet every soul can rise above this limitation. Hold the picture in your heart, for all time, of the Christ presence.

When you are in difficulties, when the problems of life press upon you and you are unable to see your way, and still less to make any decisions, be still, be tranquil in spirit as though you are seated on a summer's day beside a quiet lake. There is no hurry, remember, no hurry in the spiritual sense. Always be guided and directed by spiritual principles and laws. The true mason makes use of the working tools of his craft, in other words he applies spiritual principles to his daily life. When you too can do this you will find inner peace and surety, because you will have set in motion forces which will work constructively in your life and in your world.

Meditation

Visualise the still waters of the lake of peace. There is no movement except a gentle lapping of the water on the margin of the lake. Meditate by the shore of the lake, and feel the cool, cleansing touch of the water upon your feet and hands and brow. All is so still . . .

There is a path of light across the surface of the water into the heart of the Sun . . . All that is of the earth in you, all that separates, is consumed in the light of the Sun.

Be still . . . in the Sun.

From The Still Voice, The White Eagle Publishing Trust

YOUR COMMITTEE IS . . .

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Other Committee Members : Sandy Wickman,
Doug Anderson, Matt Tod, Linda Gardner and
Joan Simpson

DON'T FORGET . . .

- ✓ Awareness Class Saturday 10th Oct 10am
- ✓ Beginner's Circle Sunday 18th Oct 11.45am
- ✓ Crystal Healing Evening Wednesday 28th Oct
- ✓ Membership subs are now due - \$20 per person.