

~ Spiritual Awareness Centre ~

47 East Tamaki Road, Papatoetoe (down Simon Lane)

INCLUDING *Spiritual Growth For You*

SEE OUR WEBSITE www.spiritualgrowth4u.com



Monthly Newsletter for August 2009

Hi everyone! Another shorter newsletter this month due to me being far too occupied with my family tree website! And also keeping busy practicing for "A Little Night Music" music show by Stephen Sondheim which is being held at Harrington Hall in Pukekohe from the 29th August through to 10th September (contact me for more details if interested)

Our normal weekly and monthly classes this month as well as two movie nights. For the first of these on Wednesday 12th we will be showing "Ambition to Meaning – Finding Your life's Purpose" starring Dr Wayne W Dyer. This entertaining and inspirational movie is a full two hours in length so please arrive by 6.45pm so we can start at 7pm sharp. The other movie night will be held on 26th August and more details will follow but it will be another inspirational type of movie. Sometimes we just don't get time to watch these types of movies at home, so come along and enjoy some time for yourselves!

Our next Reading Day will be held on Saturday 5th September and we will also be holding another of our popular Numerology Evenings on 9th September. That's about it for now, love and light to all. Lesley.

Creation and Creation Goddesses

As symbol of continuation, the circle is seen in all aspects of goddess and matriarchal religion. The centre of a circle is protected space, the inside of the moon, womb or egg, and casting a circle is the beginning of all wiccan rituals. Native American, African and Eastern desert peoples build circular houses or tents, and the Hopi's underground religious space, the womblike kiva, is always round. Goddess temples of India, Egypt, Crete, Greece and South America, temples worldwide including Stonehenge, are based on the shape of the circle of creation.

Circles with dotted centres are some of the oldest discovered Neolithic art, and goddesses and priestesses from Egypt to Europe, to the Near East and South America are pictured holding the egg-round moon in their hands or on their heads.

NEXT MONTH – Triange Symbols

From Diane Stein's "Guide to Goddess Craft"

SPIRITUAL LAWS PERTAINING TO GOODNESS

- ❖ We must practice kindness
- ❖ We should be tolerant
- ❖ We should endeavour to ease pain
- ❖ We should try to create happiness for others

Thought for the month. . .

"Your lifetime in form is to be honoured and celebrated. Go beyond your enslavement and live fully in the now, it is the only time you have. "

From Staying on the Path by Dr Wayne Dyer

What's on in August ?

Awareness Class Saturday 8th August 10am to 3pm
Cost \$5 for members \$10 non-members.

Movie Night Wednesday 12th August 6.45pm to 9pm
"Ambition to Meaning" Entry by gold coin donation.

Beginner's Circle Sunday 16th August 11.45am to 3pm

Movie Night Wednesday 26th August 7pm to 9pm
(details to be advised)

Regular Weekly Events

Healing Class - \$5 donation per class

Tuesdays 7pm-9pm : 4th 11th 18th and 25th August

Healing & Fellowship Group - \$5 donation

Fridays 11am-12.30pm : 7th 14th 21st and 28th August

Meditation Class - \$5 per class (door locked 7pm)

Fridays 6.45pm-9pm: 7th 14th 21st and 28th August

On platform in August (service 7pm to 8.30pm)

Sunday 9th Pat Worthington

Sunday 16th Janet Mullineux

Sunday 23rd Pam Deacon

Sunday 30th Melanie Ratu

Service commences at 7pm sharp and includes spirit healing and demonstrations of spirit communication.

Sneak Preview for September. . .

Reading Day Saturday 5th Sept 10am - 2.30pm

Numerology Evening Wed 9th Sept 7-9pm



Phases of the Moon during August !

Full Moon : Thursday 6th Aug 12:55 pm
Last Quarter : Saturday 14th Aug 6:55 am
Full Moon : Thursday 20th Aug 10:01 pm
First Quarter : Thursday 27th Aug 11:42 pm

SUN INTO VIRGO : Monday 24th August

Discipline is the centre of the Universe.

The earth spins at a rate predetermined by a discipline beyond our control.

The great spirit has deemed it necessary to exercise discipline to control heavenly bodies.

One's earthly life should have discipline, for chaos rules without.

Come to me the Father for your strength.

Don't go to others who cannot help you.

The light within is the most comforting .

All falls into place with rules we cannot doubt for they are from the great creator.

It's easy when you know how is true for those on the earth plane.

The discipline to learn is available to us all if we accept the true tenants of life and absorb its differences.

Do not spin out of control.

Learn to discipline the thoughts that unbalance you.

The dancer whirls to the music and so you must learn the disciplines of life.

(Thanks to Reg for this inspirational writing)

A MESSAGE FOR MANKIND:

"We have come to a time in humanity's journey when the gap between Heaven and Earth is closing. Truth has been available to all throughout the ages but only understood by a few. Our purpose, in this communication, is to remind mankind of the key principles that govern your whole experience here on Earth.

Life is not currently viewed in its true light; there is so much more going on than many are aware of. In the next few years, there is an unprecedented opportunity for the people of Earth to move out of struggle and into freedom, which is the birthright of Man. The time has come for mankind to wake up from a long sleep and see the whole truth; to shift the entire paradigm of human consciousness from limitation to freedom.

There are many who have come to assist you in this, a whole host of advanced spiritual beings who are offering their encouragement, support and inspiration. We wish to share with you the many wonders of your existence and to give you our heartfelt reassurance that all is well. It is a very exciting time in the evolution of the Earth.

Mankind is becoming Godkind.

(Jeddah Mali & the Great Brotherhood of Light)

YOUR COMMITTEE IS . . .

President : John Reid ph 263 8899

Vice President : Richard McAdams

Secretary : Reg Litherland ph 278 3715

Treasurer/Newsletter : Lesley Haslip ph 296 5489

Website : Linda Reid ph 263 8899

Other Committee Members : Sandy Wickman, Doug

Anderson, Matt Tod, Linda Gardner and Joan Simpson

DON'T FORGET. . .

- ✓ **Awareness Class Saturday 8th August**
- ✓ **"Ambition to Meaning" Wed 12th Aug 6.45pm**
- ✓ **Beginner's Circle Sunday 16th August**

Virgo is the sixth Sign of the Zodiac, to be exact, and that's the way Virgos like it: exacting. Those born under this Sign are forever the butt of jokes for being so picky and critical (and they can be) but their "attention to detail" is for a reason: to help others. Virgos, more than any other Sign, were born to serve, and it gives them great joy. They are also tailor-made for the job, since they are industrious, methodical and efficient. The sense of duty borne by these folks is considerable, and it ensures that they will always work for the greater good.

Virgo is represented in modern Astrology by the Virgin, although this association should not be taken literally. Rather, Virgos tend to take on some of the qualities of a Virgin, things like modesty and humanity. Some might consider them repressed, although Virgins would argue that it's a noble quality, as opposed to a negative one. Most of all, Virgos enjoy indulging their practical and logical side and poring over their projects to the nth degree. To say these folks are good at fact-finding almost understates the case, since Virgos revel in their exacting (some would argue pedantic) behaviour and are a whiz with minutiae. Virgins are an asset in the workplace as they can be counted on to get things right the first time, every time – and no detail will be overlooked. They are also balanced and fair in their assessments in keeping with the Mutable Quality assigned to this sign.

Virgo is ruled by the Planet Mercury, and as portrayed in ancient Roman mythology, Mercury wasn't one to sit still for long. This swift-footed god was a bundle of energy, both physically and mentally, and that pretty much sums up the Virgin's makeup. A Virgo's brain is in overdrive most of the time, which is why these folks get so much done. Those born under this Sign are also able communicators and use their mental acuity to maximum advantage. All of this brainpower can make Virgins prone to scepticism, and can even lead to the kind of over-think which surely leads to overkill. Thankfully though Virgos enjoy studying a situation in great detail, whether it's a work project or a friendship. Virgins are truly interested in understanding things. The bane of many Virgos is the perfectionism which can get in the way of their usual clear thinking. "I'm not a perfectionist; I'm discriminating!" a Virgo would say, happy in the knowledge that their taste is unparalleled. Along those lines, Virgos are also neat and clean, save for the occasional sloppy Virgin (they do exist). Virgins are also reliable and practical and oh-so-useful to have around.

The Element associated with Virgo is Earth, and in keeping with that, most Virgos are grounded, salt-of-the-earth types. The flash and dash can go to others, since Virgos would much rather be humble and easy-going. That said, Virgins do enjoy material possessions and are (dare we say?) picky about what they bring into their lives. Some might even go as far as calling them self-centred, but it's really more of a desire to surround themselves with what's right – for them. This knack for discernment also serves Virgins well in business, where their decisions are usually dead-on. Those born under this Sign are eminently sensible and use the critical eye well. While Virgins can be worrywarts, they do their best to temper these impulses. However, if this nervousness goes unchecked, it can lead to hypochondria, that ugly skeleton in the Virgo's closet. For that reason, Virgos are extremely health conscious, to the point of being storehouses of information on diet and hygiene. Many Virgos even choose a health or medical career so they won't miss a beat.

Next month : Libra

Self-esteem comes from the self, not from acquisitions and approval

~ SOME INTERESTING WEB-SITES ~

<http://chinese.astrology.com/>

Currently Year of the Earth Ox

Chinese personality profiles, Yearly overview for all signs, Compatibility calculator etc

<http://cosmiclog.msnbc.msn.com/>

Quantum fluctuations in space, science, exploration and other cosmic fields...

served up regularly by MSNBC.com science editor Alan Boyle since 2002

<http://www.chathamwebdesign.com/monty/montyintro.htm>

Beautiful spiritual web site (with music!)

http://www.adishakti.org/mayan_end_times_prophecy_12-21-2012.htm

Interesting reading on the 2012 theory ...

lets all keep an open mind as the scare mongering will probably start soon!

<http://www.gametrailers.com/user-movie/end-of-the-world-2012/153054>

Awesome video (also 2012) set to "Only Time" by Enya...

use the full screen option for maximum effect!

AND OF COURSE OUR OWN SITE

<http://www.spiritualgrowth4u.com>

check it out if you haven't already!

Send your favourites on a spiritual / awaress topic to me for inclusion in future newsletters
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