

~ Spiritual Awareness Centre ~

47 East Tamaki Road, Papatoetoe (down Simon Lane)

INCLUDING *Spiritual Growth For You*

SEE OUR WEBSITE www.spiritualgrowth4u.com



Monthly Newsletter for July 2009

Hi everyone! We start July with our Reading Day on Saturday 4th July. Hopefully you all received my email the earlier this week with details – we're expecting another good day with readings, healing and good conversation, so do join us!

Awareness Class and Beginners' Circle will be held as usual together with our normal weekly healing and meditation classes. These classes are a good way to get in touch with your inner self and a great way to start your spiritual journey, as well as being of benefit to those of us who have been participating for a long time – we're always learning and looking for new ways of understanding.

Just one wednesday evening event this month – a Clairvoyance and Psychometry Night on Wednesday 22nd July. Our last one was well received and some of our newer mediums proved their accurate connections with spirit and delivered some well received messages from loved ones. Love, light & angel blessings to all, Lesley

Be a student.

Stay open and willing to learn from everyone and anyone.

Being a student means you have room for new input.

Creation and Creation Goddesses

The circle and ellipse, as shapes of the egg and moon, are major goddess creation symbols too. Moon, egg and womb are all round and contain the darkness of creative gestation within their fertile walls. A circle is an infinite form; it has no beginning and no end, but simply continues in perfection and completeness, as does the universe, earth and the life force. The endless cycles of the universe, moon, the year on earth and all of life begin with creation, proceed through growth into maturity, age into death, then begin again. The moon has her circle of phases and the year awakens with spring, waxes into fertile summer, matures at harvest, and wanes into winter. A woman is born, grows into childhood, adolescence, maturing, aging and death. She is Maiden, Mother and Crone in reflection of the moon and the year. In all of these is the infinite circle. The dark moon becomes new again, and winter is the gestation of spring; women who celebrate the goddess' circle believe in life's continuation after death. The moon becomes new, the earth goes on, the circle turns, and the soul is reborn. Time loses its terror where the wheel has no end, where birth and death are natural law and the dualities of creation's wholeness.

NEXT MONTH: More about Circle symbols.

From Diane Stein's "Guide to Goddess Craft"

Thought for the month. . .

“Every single condition in your life can be improved if you learn to be more effective in visualizing what you want, and having the intention to manifest it. “

From Staying on the Path by Dr Wayne Dyer

What's on in July ?

Reading Day Saturday 4th July 10.30am to 2.30pm

Cost is \$15 for a 20 minute personal reading with an experienced medium. Healing is freely available.

Awareness Class Saturday 11th July 10am to 3pm

Cost \$5 for members \$10 non-members.

Beginner's Circle Sunday 20th July 11.45am to 3pm

Clairvoyance Night Wednesday 22nd July 7pm to 9pm

Entry by donation, and please bring along an article for psychometry.

Regular Weekly Events

Healing Class - \$5 donation per class

Tuesdays 7pm-9pm : 7th 14th 21st and 28th July

Healing & Fellowship Group - \$5 donation

Fridays 11am-12.30pm : 3rd 10th 17th 24th and 31st July

Meditation Class - \$5 per class (door locked 7pm)

Fridays 6.45pm-9pm : 3rd 10th 17th 21st and 31st July

On platform in June (Service 7pm to 8.30pm)

Sunday 5th Ngairé Pook

Sunday 12th Laurel Sutherland

Sunday 19th Lesley Haslip

Sunday 26th Dianne Martin

Service commences at 7pm sharp and includes spirit healing and demonstrations of spirit communication.



Phases of the Moon during July

Full Moon : Tuesday 7th July 9:22 p.m.

Last Quarter : Wednesday 15th July 9:53 p.m.

New Moon : Wednesday 22nd July 2:35 p.m.

First Quarter : Wednesday 29th June 10:00 a.m.

SUN INTO LEO : Tuesday 23rd July

When to let go of Attachment and TRUST

by John Reid

In my current journey I have become very aware of my Attachment to the Way Things Should Be, of Outcomes I Want, of my Expectations of Relationships and How I Need to do Things. My Perfection belief is an extreme of this viewpoint that the world should be a certain way, that people should be and act some way and that actions should lead to a certain result. Note the use of the SHOULD. I have come to understand it is but one viewpoint and not one shared by everyone. And that is okay. It was driven by the beliefs I held, albeit I did not know I had them (unconscious belief).

A probable result of this fixed viewpoint is frustration, disappointment, even anger, upsets, indifference, resignation or giving up.

The Law of Detachment says "in order to acquire anything in the physical Universe, you have to relinquish your attachment to it."

It is all about trust. When we are in a state of detachment, we trust. To be detached from the outcome of a result means that you have learned to trust.

What is trust? **TRUST - To Rely Unto Spirit Totally.**

When you know that Spirit will give you what you NEED - not necessarily what you WANT (that's Ego's job) - then you will learn to do the work that is required to be done and move on. The results will take care of themselves. The timing of how things manifest will come at the perfect time. When we trust the Universe knows what that perfect timing is, it happens even faster, because we get out of the way. If you stand in the way of the energy creating the outcome, or result, through your lack of trust, insecurity and fearfulness, you put a barrier in the way blocking the efficiency of that flow of energy (resistance). By learning to trust, you live in the wisdom of insecurity and uncertainty where there are unlimited opportunities being created in the present moment of NOW.

Detachment is another way of saying allowing. It is when you combine your intentions and detach from the outcomes that your desires will manifest. You can be committed, just not attached.

So this is not to say that you should not make goals and take the action steps in achieving those goals. The Law of Deliberate Creation, the Power of Intention, and the Law of Detachment all work together to create your desires. Applying the Law of Detachment to your goals and desires allows you to be flexible and trust when the Universe delivers you something which you are a vibrational match to, but did not expect. Detachment allows you to stay open to allow the Universe to bring you something even better than you thought possible.

Consider what beliefs you may be holding onto and could release so you too could live the life you love with more freedom, power, full self expression and peace of mind.

Leo is the fifth Sign of the Zodiac. These folks are impossible to miss, since they love being centre stage. Making an impression is Job One for Leos, and when you consider their personal magnetism, you see the job is quite easy. Leos are an ambitious lot, and their strength of purpose allows them to accomplish a great deal. The fact that these folks are also creative makes their endeavours fun for them and everyone else. It's quite common to see a Leo on stage or in Hollywood, since these folks never shy away from the limelight. They are also supremely talented and have a flair for the dramatic. Warmth and enthusiasm seems to seep from every Leo pore, making these folks a pleasure to be around. They do love pleasure!

It's the Lion which symbolizes Leos, and the king (or queen) of the jungle is a most appropriate mascot, since these folks consider themselves the rules of their universe (and the Zodiac at that). Like Lions, Leos tend to be dignified and strong, and it is this sense of their power which allows them to get things done. A Leo on your team is a good thing too, since the Leo-born are natural leaders. They may ruffle a few feathers along the way, however, since they can also be overbearing and somewhat autocratic. That said, they are well organised, idealistic and have a knack for inspiring others.

Leo is ruled by the Sun, the centre of the universe and the fuel for our being. In much the same way, Leos consider themselves indispensable and the centre of the universe, and those who would tell them otherwise had better look out! Lions are outgoing, self-assured and have a tremendous zest for life. So what if the world revolves around them? There are worse role models for sure. The Lion's enthusiasm is boundless, and along with that comes generosity of spirit and the determination to succeed. That focus may be construed as vanity and even bossiness at times, but Lions would say "No way!" and continue along their regal path. Regardless of appearance, those born under this Sign can be counted on for their loyalty and sense of honour. They are also decisive, intensely proud and wonderfully romantic.

The Element associated with Leo is Fire. Everything about the Lion's personality is hot, hot, hot. Those born under this Sign are fearless and strong, which may be why lions plunge in head firsts and let the chips fall where they may. Thankfully, Leos are dignified enough not to commit too many pratfalls. It's the Lion's unswerving courage that wins so many folks over. If you need someone to lead the charge, call a Leo – and the bigger the project the better, since these folks love an expansive stage (and the audience that comes with it). While some would take to calling Lions status-conscious, these folks are truly warm-hearted and want everyone to be happy. Hey, it's their kingdom, and happy campers make for a perfect peace. Further, it's the great gift of the Leo-born to be dynamic, forward thinking and self-confident. These attributes certainly catch the attention of others, making Leos sought after by both friends and lovers. The Lion's charms extend to all, even to the children they dearly love. Yes, the pleasure principle is paramount to the Lion, and along those lines, Leos are great at spending money. Lion's can't fathom an uncomfortable home.

Next month : Virgo

YOUR COMMITTEE IS . . .

President : John Reid ph 263 8899
Vice President : Richard McAdams
Secretary : Reg Litherland ph 278 3715
Treasurer/Newsletter : Lesley Haslip ph 296 5489
Website : Linda Reid ph 263 8899
Other Committee Members : Sandy Wickman, Doug Anderson, Matt Tod, Linda Gardner and Joan Simpson

DON'T FORGET . . .

- ✓ Awareness Class Saturday 11th July
- ✓ Beginners Circle Sunday 19th July
- ✓ Clairvoyance Night Wednesday 22nd July 7pm

